

APPENDIX 8: LIST OF PERMITTED, PROHIBITED AND RESTRICTED SUBSTANCES

IMPORTANT NOTES:

The following lists are by no means exhaustive.

Outline:

8.1 List of Prohibited and Restricted Active Ingredients and Combination

8.1.1 List of Prohibited Active Ingredients and Combinations

- a) Specific Active Ingredients
- b) Combinations

8.1.2 List of Restricted Active Ingredients and Combinations

- a) Specific Active Ingredients
- b) Combinations

8.2 List of Prohibited and Restricted Excipients

8.2.1 List of Prohibited Excipients

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8.3.1 List of Permitted Colouring Agents

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8.1 LIST OF PROHIBITED AND RESTRICTED ACTIVE INGREDIENTS AND COMBINATION

8.1.1 LIST OF PROHIBITED ACTIVE INGREDIENTS AND COMBINATIONS

a) Prohibited Active Ingredients

NO.	PROHIBITED ACTIVE INGREDIENTS
1.	1,3-dimethylamylamine (DMAA)
2.	Aristolochic Acid
3.	Aminopyrine/ Amidopyrine
4.	Astemizole
5.	Bacillus Coagulans
6.	Berberine
7.	Butobarbitone
8.	Chlormezanone
9.	Cisapride
10.	Conjugated Linoleic Acid
11.	Crinis Carbonisatus
12.	Danthron
13.	Dipyrone
14.	Enterococcus Faecalis
15.	Enterococcus Faecium
16.	Ethenzamide
17.	Euflavine
18.	Furazolidone
19.	Fenfluramine/ Dexfenfluramine
20.	Gadodiamide
21.	Gentian Violet

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22. Gamma-Butyrolactone (GBL)
 23. Gamma-Aminobutyric Acid (GABA)
 24. Gamma-Hydroxybutyric Acid (GHB)
 25. Haloquinol
 26. Hexachlorophene
 27. Mercurochrome
 28. Nimesulide
 29. Novobiocin
 30. Oxyphenisatin Acetate/ Acetophenolisatin
 31. Oxyphenbutazone
 32. Pergolide
 33. Phenacetin
 34. Phenazone/ Antipyrine
 - Propylphenazone
 - Isopropylphenazone
 35. Phenylbutazone
 36. Phenylpropanolamine
 37. Piperazine
 38. Prenylamine
 39. Quinalbarbitone
 40. Salicylamide
 41. Sibutramine
 42. Stanazolol
 43. Sulphaguanide
 44. Thioridazine
 45. Tegaserod
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46. Terfenadine

b) Prohibited Combinations

NO.	PROHIBITED COMBINATIONS
1.	Ampicillin + Cloxacillin
2.	Antibiotics + Papain/ Prolase
3.	Antacid + Charcoal
4.	Combinations With Any Barbiturates
5.	Combinations of Two or More Analgesic with the Same Mode of Action
6.	Combinations Of Vitamin (S) With Other Drugs: <ol style="list-style-type: none"> Vitamin (S) + Appetite Suppressant Vitamin (S) + Corticosteroid Vitamin (S) + Analgesic Vitamin (S) + Laxative Vitamin (S) + Slimming Agents
7.	Cough, Cold and Allergy Products Containing: <ol style="list-style-type: none"> Four or More Pharmacological Groups in One Product. Two or More Drugs from the Same Pharmacological Group Antipyretic - Analgesic + Expectorant Anticholinergic + Bronchodilator Codeine + Ephedrine/ Pseudoephedrine Methapyrilene Paracetamol + Mucolytic/ Expectorant
8.	Combinations Containing Antacid and Surface Local Anaesthetic Agent
9.	Combinations Containing Dextropropoxyphene
10.	Combinations Containing Spironolactone
11.	Corticosteroids + Antihistamines

NO.	PROHIBITED COMBINATIONS
12.	Eye Drops Containing Vitamin
13.	Gripe Water Containing Alcohol
14.	Propranolol + Hydralazine
15.	Propranolol + Spironolactone
16.	Topical Preparation Containing Combination of Antibiotic, Antifungal and Steroid

8.1.2 LIST OF RESTRICTED ACTIVE INGREDIENTS AND COMBINATIONS

Specific Active Ingredients	Not Allowed in the Specified Preparation(s) or Condition
1. Acetic Acid	Expectorant
2. Allantoin	Eye Drop
3. Allergen Extracts	Vaccines, Diagnostics
4. Amphetamine	Cough Mixtures, Appetite Suppressants
5. Animal Organ	All Preparations Except Natural Products
6. Antihistamine	Topical Use
7. Bismuth Salts Except Bismuth Subcitrate	Oral Preparations
8. Boric Acid/ Borax and Related Salts	Oral, Topical (Skin), Vaginal, Nasal Dosage Form
9. Buprenorphine	Single Active Ingredient Sublingual Tablet Formulation
10. Caffeine	All Preparations Except for an Oral Preparation in Combination with Paracetamol/ Acetaminophen or Combination with Ergotamine
11. Camphor	- Oral - External (>11%)
12. Chloroform	Expectorant
13. Codeine	Cough Syrup
14. Cocillana Liq. Extract	Expectorant
15. Cyproheptadine	Appetite Stimulant
16. Dextromethorphan	Single Active Ingredient in Tablet Form, including lozenges
17. Dihydrostreptomycin	Oral Antidiarrhoeals
18. Diphenoxylate	Liquid Oral Dosage For Anti-Diarrhoeal
19. Quinestrol, Oestrogen	Lactation Suppressant
20. Ethynodiol Diacetate	Oral Contraceptives
21. Euphorbia Liquid Extract	Expectorant

22. Gadopentetic acid	All except Intra-articular Formulation
23. Gatifloxacin	All Preparations Except for Eye Drop
24. Germanium	Non-Naturally Occurring
25. Hydroquinone	Oral
26. Lactobacillus Acidophilus	Antidiarrhoeal
27. Loperamide	Liquid Oral Dosage For Anti-Diarrhoeal
28. Lovastatin	In Red Yeast Rice: > 1 % w/w and > 10mg/Day
29. Lynoestrenol	Oral Contraceptives
30. L-Tryptophan	All Preparations Except Parenteral Nutrition Products And Enteral Feeding Products
31. Magnesium Ascorbryl Phosphate	Antipigmentation
32. Menthol	External Preparations >16%
33. Mestranol	Oral Contraceptives
34. Methylene Blue	Oral Preparations
35. Midazolam	All oral preparations, except 7.5mg coated tablet
36. Morphine	Cough Mixtures
37. Neomycin	Oral Antidiarrhoeal, Vaginal Tablets, Topical Powders, Aerosols, Nasal Preparations
38. Noradrenaline	Dental Preparations
39. Norgestrel	Oral Contraceptives
40. Paracetamol	Liquid Oral 500mg/5ml
41. Penicillin	Topical Use
42. Phenazopyridine	Urinary Analgesics
43. Phenolphthalein	Stimulant Purgative
44. Pizotifen	Appetite Suppressant
45. Podophyllum Resin	Oral Preparations
46. Pseudoephedrine	All Single Active Ingredient Formulations
47. Sulphonamides	Topical Use

48. Sulphur	All preparations Except External Preparation
49. Squill	Expectorant
50. Terpene Hydrate	Expectorant

Combinations	Not Allowed in the Specified Preparation(s)
1. Cough, Cold And Allergy Products Containing:	
i) Antimony Potassium Tartrate	Expectorant
ii) Allylisoithiocyanate/ Mustard Oil	Nasal Decongestant
iii) Turpentine Oil	Expectorant/ Antitussive
2. Vitamin(s)	Eye Drops

8.2 LIST OF PROHIBITED AND RESTRICTED EXCIPIENTS

8.2.1 LIST OF PROHIBITED EXCIPIENTS

1. Colouring Agents

(Including in Capsule Shells)

a) Amaranth (CI= 16185, FD & C Red No. 2, E123)

2. Others

a) Chlorofluorocarbons (CFC)

8.2.2 LIST OF RESTRICTED EXCIPIENTS

Excipients	Restrictions
1. Colouring Agents (Including in Capsule Shells)	
a) Tartrazine (CI= 19140, FD & C Yellow No.5, E102)	Not allowed in the following preparations: – Oral; – Rectal; – Vaginal or – Nasal Preparations
b) Red 2G	Not allowed in the following preparations: – Oral Preparations; and – Preparations Used for Mucosa Membrane
2. Sweeteners/ Flavouring Agent	
a) Menthol	0.4mg/kg body weight/day (dosage and use in children should be clearly stated).
b) Saccharin and Salts	Limited to not more than 5mg/kg/day
c) Cyclamates	Limited to not more than 1.5mg/kg body weight/day

3. Preservatives		
a) Chloroform	Limited to not more than 0.5% in Pharmaceuticals for Internal Use	
b) Thiomersal *	Not allowed in ophthalmic Preparations	
4. Others		
a) Phthalates	Variant	Maximum Limit of Daily Exposures (mg/kg body weight/day)
	Dibutyl Phthalate (DBP)	0.01mg/ kg/ day
	Diethyl Phthalate (DEP)	4mg/ kg/ day
	Polyvinyl Acetate Phthalate (PVAP)	2mg/ kg/ day

* For other preparations, warning as specified in [Appendix 9: Labelling Requirements](#), shall be included in the package insert and product literature of products containing thiomersal.

Additional Information

1. **Methylene Chloride/ Dichloromethane** are not allowed as solvent in film-coating for locally manufactured products.
For detail on implementation, please refer circular [\(2\)d/m.BPFK/30/06/2 Bhgn 2](#).
2. **Alcohol** is not allowed unless it is essential to the formulation and no suitable alternatives to alcohol are available. Content of alcohol shall be at the minimum level as possible.

8.3 LIST OF PERMITTED AND RESTRICTED COLOURING AGENTS

8.3.1 List of Permitted Colouring Agents

NO.	COLOURING AGENTS	COLOUR INDEX NUMBER (CI)
1.	Allura Red AC/ FD & C Red No.40	16035
2.	Anthocyanins a. Those glycosides of 2-phenylbenzopyrylium salts which are anthocyanins b. The following anthocyanidin aglycones : i. Pelargonidin ii. Cyanidin iii. Peonidin iv. Delphinidin v. Petunidin vi. Malvidin	
3.	Black PN (Brilliant Black BN)	28440
4.	Brilliant Blue FCF	42090
5.	Calcium Carbonate	
6.	Carbo Medicinals/ Vegetalis; (Charcoal)	
7.	Caramel	
8.	Carmoisine (or Azorubine)	14720
9.	Carotenoids a. Alpha, Beta, Gamma-Carotene b. Bixin, Noribixin, Roucou c. Annatto d. Capsanthin, Capsorubin, (paprika extract) e. Lycopene f. Beta-Apo-8' carotenal (C 30) g. Ethyl ester of Beta-Apo-8 Carotenoic Acid (C30) i. Chlorophyll ii. Copper complexes of Chlorophyll and Chlorophyllins	75120 40820 75810
10.	Chocolate Brown HT	20285
11.	Cochineal or Carminic Acid, Carmine from Cochineal	75470
12.	Curcumin	75300

NO.	COLOURING AGENTS	COLOUR INDEX NUMBER (CI)
13.	Fast Green FCF (FD & C Green No.3)	42053
14.	Green S (Acid Brilliant Green BS, Lissamine Green)	
15.	Indigo Carmine (Indigotine)	73015
16.	Lactoflavin, Riboflavin	
17.	Patent Blue V	42051
18.	Ponceau 4R (Cochineal Red A)	16255
19.	Quinoline Yellow	47005
20.	Xanthophylls a. Flavoxanthin b. Lutein c. Cryptoxanthin (Kryptoxanthin) d. Violoxanthin e. Rhodoxanthin f. Canthaxanthin	40850
21.	The Following Colouring Matters Natural to Edible Fruits or Vegetables: a. Alkannin b. Annatto (including eye) c. Carotene (including eye) d. Chlorophyll e. Flavine f. Indigo g. Osage h. Orange i. Persian Berry j. Safflower k. Saffron l. Sandalwood m. Turmeric n. or their pure coloring principles whether isolated from such natural colors or produced synthetically	75530
22.	Bole or Iron Oxide, Carbon Black (or Vegetable Origin), Titanium Dioxide	77891

NO.	COLOURING AGENTS	COLOUR INDEX NUMBER (CI)
23.	The Aluminium Salts (Lakes) of Any of the Scheduled Synthetic Dyes Approved for Use, (a) Alumina (Dried Aluminium Hydroxide)	
24.	Talc	
25.	Indigo Carmine/ FD & C Blue No. 2	73015
26.	Brilliant Blue FCF Ammonium Salt/ D & C Blue No. 4	42090
27.	Alizarin Cyanine Green F/ D & C Green No. 5	61570
28.	Toney Red/ D & C Red No. 17	26100
29.	Eosin YS Acid Form/ D & C Red No. 21	45380:2
30.	Eosins Sodium Salt/ D & C Red No. 22	45380
31.	Phloxine B Acid Form/ D & C Red No. 27	45410:1
32.	Phloxine B Sodium Salt/ D & C Red No. 28	45410
33.	Helindone Pink CN/ D & C Red No. 30	73360
34.	Erythrosine/FD & C Red No. 3	45430
35.	Yellow 2G (Food Yellow)	
37.	Orange Yellow S Sunset Yellow FCF (FD & C Yellow No. 6, E110)	15985

8.3.2 List of Restricted Colouring Agents

The following colouring agents are **ALLOWED** in preparations as stated in the parentheses:

NO.	COLOURING AGENTS	COLOUR INDEX NUMBER (CI)
1.	Dihydroxyacetone (external use with specific drugs only)	
2.	Bismuth Oxychloride (external use only, including eye)	77163
3.	Ferric Ammonium Ferrocyanide (external use only, including eye)	
4.	Ferric Ferrocyanide (external eye only)	
5.	Chromium Hydroxide Green (external use only)	77289
6.	Chromium Oxide Green (external use only, including eye)	
7.	Guanine (external use only)	75170
8.	Prophyllite (external use only)	
9.	Mica (external use only, including eye)	77019
10.	Bronze (external use only, including eye)	
11.	Copper (external use only, including eye)	
12.	Zinc Oxide (external use only, including eye)	77947
13.	Quinizarine Green SS/ D & C Green No. 6 (external use only)	61565
14.	Pyranine Concentrated/ D & C Green No. 8 (external use only)	59040
15.	Orange II/ D & C Orange No. 4 (external use only)	15510

NO.	COLOURING AGENTS	COLOUR INDEX NUMBER (CI)
16.	Dibromofluorescein/ D & C Orange No. 5 (mouth wash, dentifrices, external use only)	45370
17.	Diiodofluorescein/ D & C Orange No. 10 (external use only)	45425
18.	D & C Orange No. 11 (external use only)	
19.	Ponceau SX/ FD & C Red No. 4 (external use only)	14700
20.	Lithol Rubin B/ D & C Red No. 6 (may be use in combination; total not more than 5mg/day)	15850
21.	Lithol Rubin B CA/ D & C Red No. 7 (may be used in combination; total not more than 5mg/day)	15850:1
22.	D & C Red No. 31 (external use only)	
23.	Deep Maroon/ D & C Red No. 34 (external use only)	15880:1
24.	D & C Red No. 39 (external use only, not more than 0.1%)	
25.	Uranine Acid Form/ D & C Yellow No. 7 (external use only)	45350:1
26.	EXT. D & C Yellow No. 7 (external use only)	
27.	Uranine Sodium Salt/ D & C Yellow No. 8 (external use only)	45350
28.	Tartrazine/ FD & C Yellow No. 5/MA Yellow A-2/ Aluminic Lake (external use only)	19140