



NATIONAL PHARMACEUTICAL  
REGULATORY AGENCY  
(NPRA)

# SAFE USE OF COSMETICS

## MYTH



Homemade cosmetics can be made/produced at home and do not need to be notified

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Cosmetics can be purchased online from overseas

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Whitening cream can produce fast and immediate whitening results

## FACTS



All cosmetic products have to be manufactured in facilities that comply with Good Manufacturing Practice (GMP) and need to be notified

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Cosmetic products need to be notified with KKM prior to manufacture, import, sale, and marketed in Malaysia

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Cosmetic products do not produce fast and immediate whitening results

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# HARMFUL MATERIALS THAT ARE PROHIBITED IN COSMETICS

## Hydroquinone

- Skin redness, discomfort
- Hypersensitivity towards skin
- Inhibits skin pigmentation process
- Reduces skin protection from UV rays
- Risk of skin cancer

## Tretinoin

- Stinging, peeling
- Increase skin sensitivity to sunlight
- Skin discomfort

## Mercury

- Damage to the kidneys and nervous system
- Skin rashes and inflammation
- Interfere with the brain development of unborn babies and very young children

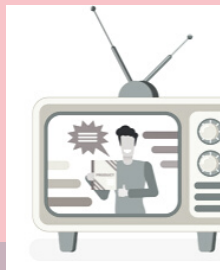
# TIPS IN SELECTING COSMETIC PRODUCTS



## READ THE PRODUCT LABEL

Consumers have to read the product labels or package inserts before purchasing or using cosmetic products

## BEWARE OF COSMETIC PRODUCT ADVERTISEMENTS



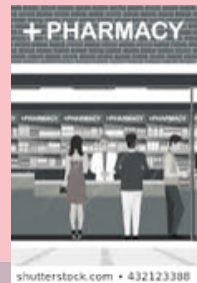
Do not be easily influenced by advertisements that promise fast and immediate results



## ENSURE COSMETIC PRODUCTS ARE NOTIFIED (NOTXXXXXXXXXXK)

Check and verify notification status of a cosmetic product via NPRA's website at [www.npra.gov.my](http://www.npra.gov.my) or the 'NPRA Product Status' apps on your smartphone

## PURCHASE FROM TRUSTED PREMISES / SOURCES



Avoid buying cosmetic products from suspicious sellers / premises or unreliable sources. Beware of buying products online

