

# MENZZA CREAM

Methyl Salicylate / Menthol (25% w/w / 5% w/w)

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This leaflet answers some common questions about Menzza Cream. It does not contain all the available information. It does not take the place of talking to your pharmacist or doctor.

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you taking Menzza Cream against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your pharmacist or doctor.**

**Keep this leaflet with the medicine.** You may need to read it again.

## What Menzza Cream is used for

Menzza Cream is used for relief of joint and muscular pains, sprains and strains as well as pains associated with rheumatism and arthritis. Menzza Cream is also suitable for the temporary relief of pain associated with musculoskeletal soreness and discomfort.

## How Menzza Cream works

Menzza Cream contains the active ingredients Methyl Salicylate and Menthol. Each gram contains

250mg Methyl Salicylate and 50mg Menthol.

Methyl Salicylate is used to relieve pain and reduces inflammation.

Menthol when applied to skin, dilates the blood vessels causing a sensation of coldness followed by an analgesic effect. It also acts as penetration enhancer, increasing the penetration of drugs when applied on the skin, to give a faster onset of action.

Ask your pharmacist or doctor if you have any questions about this medicine.

## Before you use Menzza Cream

### - When you must not use it

Do not use Menzza Cream if:

- You are allergic (hypersensitive) to Methyl Salicylate, Menthol or any of the other ingredients in this medicine.
- You have skin sensitization or contact dermatitis.
- You are taking warfarin, excessive application on to the skin for muscle or joint pains may increase chances of bleeding.

### - Before you start to use it

Tell your pharmacist or doctor if:

- If you have skin sensitization, including contact dermatitis and is allergic to Methyl Salicylate, Menthol or to any of the other ingredients in this medicine.
- If you are taking warfarin.

Pregnancy and breast feeding:

- Safe use during pregnancy and lactation has not been established.
- Ask your doctor or pharmacist for advice before using / taking this medicine if you are pregnant or breast-feeding.

### - Taking other medicines

Tell your doctor about all the other medicines and skin products you use, including prescription and non-prescription medicines, vitamins, herbal supplements, and cosmetics. There is no known drug interactions with Menzza Cream that have been reported.

## How to use Menzza Cream

### - How much to use

Apply a small quantity of Menzza Cream onto the affected areas and massage until absorbed into the skin. Repeat 2-3 times a day. Vigorous rubbing is not required.

### - When to use it

Use for relief of joint and muscular pains, sprains and strains as well as pains associated with rheumatism and arthritis.

### - How long to use it

This treatment should be continued when there are signs of joint and muscular pains, sprains and strains as well as pains associated with rheumatism and arthritis. Consult your doctor or pharmacist if your symptoms do not improve after a period of treatment, or if you have developed skin allergic to the product.

### - If you forget to use it

Apply the cream as soon as possible and then continue the rest of your treatment as usual.

If you use too much (overdose)

For patients taking warfarin, excessive application on the skin for muscle or joint pains may increase chances of bleeding. If you use too much of this cream, consult your doctor or pharmacist. Bring any remaining cream with you.

**While you are using Menzza Cream**

- Things you must do

If you are about to start taking on any other new medicine, tell your pharmacist or doctor that you are taking Menzza Cream.

- Things you must not do

This preparation should not be used on infants and is contraindicated in those with known hypersensitivity to any component in the formulation.

Do not take more than the recommended dose unless your doctor tells you to.

- Things to be careful of

For external use only. Do not apply on wounds or near eyes. Keep out of reach of children.

**Side effects**

All medicines have risks and benefits. Your pharmacist or doctor has weighed the risks of you using Menzza Cream against the benefits they expect it will have for you.

Menzza Cream may have unwanted side effects in some people. All medicines can have side effects. Sometimes they are serious, most of the time they are not.

The side effects possibly related to treatment have been infrequently reported: skin hypersensitivity reactions.

Stop taking the medicine if you have experience: skin sensitization or discomfort.

If you get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety.)

**Storage and Disposal of Menzza Cream**

- Storage

**Store below 30°C. Keep in a cool dry place, protected from light. Keep out of reach of children. Keep container well closed.**

- Disposal

Dispose the medicine after the expiry date. Consult your pharmacist on how to safely dispose of any medicines no longer required.

**Product description**

- What it looks like

Menzza Cream is a white cream with a menthol odour that will not leave any stains or greasy marks on clothes.

Menzza Cream is available in 15g, 25g, and 50g aluminium tubes.

- Ingredients

Active ingredient(s):  
Methyl Salicylate 25.0% w/w and  
Menthol 5.0% w/w

Inactive ingredients:  
Purified Water, PEG-20 Stearate (and) Cetearyl Alcohol, Liquid Paraffin, Wool Fat, Methyl Paraben, Propyl Paraben.

- MAL number: MAL19911472X

**Manufacturer**

HOE Pharmaceuticals Sdn. Bhd.  
Lot 10, Jalan Sultan Mohamed 6,  
Bandar Sultan Suleiman,  
42000 Port Klang, Selangor,  
Malaysia.

**Product Registration Holder**

HOE Pharmaceuticals Sdn. Bhd.  
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**Date of revision**

21/06/2017

**Serial Number**

BPFK(R4/1)21062017/00141