

DELTACARBON TABLET[®]

Activated Charcoal (250mg)

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What Deltacarbon is used for

Deltacarbon is used for:

- Acute poisoning (exposure to a poison on one occasion or during a short period of time)
 - By preventing absorption of orally ingested poisonous substances and accelerating elimination of those substances.
- Acute diarrhea (sudden onset and lasts less than four weeks)

How Deltacarbon works

Medicinal charcoal is an effective adsorbent of a wide variety of drugs and chemicals and thus reduces their absorption from the gastrointestinal tract (GI). The very fine particle size of medicinal charcoal increases its overall surface area and adsorptive capacity.

Before you use Deltacarbon

- When you must not use it

- Patients with absence of bowel sounds
- Patients with GI perforation (a hole forms all the way through the stomach, large bowel, or small intestine)
- Patients with intestinal obstruction (blockage of the bowel that prevents the contents of the intestine from passing through)
- Patients with recent surgery
- Patients with risk of GI haemorrhage (bleeding)
- Patients with febrile diarrhea (having or showing the symptoms of fever)
- Hypersensitive to any other excipients of Deltacarbon

- Before you start to use it

Tell your doctor if you:

- If you have persistent diarrhea (diarrhea that lasts at least 4 weeks)
- If you are less than 6 years old
- If you have poisoning caused by corrosive products or petroleum
- If you are intoxicated with substances like lithium, thallium, cyanide, iron salts, methanol, ethanol, and ethylene glycol.

Appropriate fluid and electrolyte therapy should be given to protect against dehydration.

If you are not sure whether you should start taking this product, consult your doctor.

- Taking other medicines

Co-administration of medicinal charcoal with other drugs will reduce the effectiveness of these drugs.

Pregnancy and lactation

Although no problems have been reported on birth defects or breastfeeding, foetal and infant risk cannot be ruled out. Consult your doctor for more advice.

How to use Deltacarbon

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

The tablet(s) should be taken orally. It can be taken whole or can be crushed into powder and taken with liquid as a slurry.

- How much to use

Acute poisoning

Summary of the recommended dosage:

Age or body weight (kg)	Dosage
Adults and adolescents or >60kg body weight	120-240 Deltacarbon tablets
Children 10-12 years or >30kg body weight	90-120 Deltacarbon tablets
Children 6-9 years or >20kg body weight	60-80 Deltacarbon tablets

Children 3-5 years or >15kg body weight	45-60 Deltacarbon tablets
Children 1-2 years or >10kg body weight	30-40 Deltacarbon tablets

A high dose of 0.5-1g/kg body weight must be administered in acute intoxications.

- Adults: 2-4 Deltacarbon tablet/kg body weight
- Children: 3-4 Deltacarbon tablet/kg body weight

Diarrhoea

- 2-4 Deltacarbon tablets are administered 3-4 times daily
- Half of this dose is recommended for children

- When to use it

Acute poisoning

To achieve maximum benefits, Deltacarbon should be taken within one hour after ingestion of the poisoning substance. Take the crushed tablet with liquid as a slurry/suspension.

- How long to use it

Continue to take your medicine as long as your doctor tells you.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include constipation, pain or swelling of the stomach. However, there is a rare report of acute appendicitis in patient who was given multiple doses of medicinal charcoal.

While you are using it

- Things you must do

- Always take Deltacarbon exactly according to the instruction given to you by your doctor or pharmacists. Check with your doctor or pharmacist if you are unsure.
- Inform your doctor or pharmacist if you are taking or if you have recently taken any other medicines, including medicines obtained without a prescription such as supplements or traditional medicines.
- Tell your doctor or pharmacist immediately if you notice any side effects, or if the side effects get serious or anything else that make you feel unwell.
- If you become pregnant, or plan on becoming pregnant while taking Deltacarbon, tell your doctor immediately.
- If you are about to be started on a new medicine, remind your doctor and pharmacist that you are taking Deltacarbon.

- Things you must not do

- Do not use Deltacarbon after the expiry date which is stated on the carton and blister.

- Things to be careful of

- Driving and using machines:
Deltacarbon is not known to affect your driving ability or operation of machineries.

Side effects

Like all medicines, Deltacarbon can cause side effects, although not everybody gets them.

Tell your doctor if you have any of these symptoms:

- Constipation, pain or swelling of the stomach and stool turn to black.

If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public -> Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety)

Storage and Disposal of Deltacarbon

Storage

Store in a cool, dry place below 30°C. Keep in original package to protect from light.

Keep out of the reach and sight of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Deltacarbon is a black round tablet with a break line on one side.

- Ingredients

- Active ingredient
Each tablet contains 250mg of Activated Charcoal.
- Inactive ingredients
Microcrystalline cellulose, propylene glycol, pregelatinized starch, croscarmellose sodium, propyl paraben, purified water, povidone (K-90), methyl paraben, colloidal silicon dioxide, isopropyl alcohol, magnesium stearate, sucrose.

- MAL Number

MAL08082429XZ

Manufacturer

Sriprasit Pharma Co. Ltd.
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Product Registration Holder

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Date of revision

16/10/2017

Serial Number

NPRA(R4/1)080817/00195