

APO-HYDRO TABLET

Consumer Medication Information Leaflet (RiMUP)

Hydrochlorothiazide (25mg, 50mg)

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What Apo-Hydro is used for

Hydrochlorothiazide treats fluid retention (edema) in people with congestive heart failure, cirrhosis of the liver, or kidney disorders, or edema caused by taking steroids or estrogen.

This medication is also used to treat high blood pressure (hypertension).

How Apo-Hydro works

Hydrochlorothiazide is a thiazide diuretic (water pill) that helps prevent your body from reabsorbing too much salt in the kidney, which can cause fluid retention.

Before you use Apo-Hydro

- When you must not use it

Do not use this product if you are allergic to hydrochlorothiazide, or any ingredients in this medication.

Pregnancy and lactation

Do not take Apo-Hydro if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Apo-Hydro if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Before you start to use Apo-Hydro, your doctor should know if you have any other medical conditions, for example impaired liver function, electrolyte imbalance and gout.

You should also let your doctor know if you have any history of allergy or bronchial asthma.

- Taking other medicines

Some medications might cause complications when taken together with Apo-Hydro. These medications include steroid or adrenocorticotropic hormone [ACTH] (hypokalaemia/ low potassium levels), thiazides, insulins (requiring a change of dose), diuretics (increased cardiotoxic and neurotoxic effect of lithium).

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Apo-Hydro

- How much to use

The usual maintenance adult dose for fluid retention treatment (diuresis) is 25-100mg per day depending on patient response. The usual adult dose for high blood pressure is 25-50mg once or twice daily.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Apo-Hydro for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much of this medication might cause higher production of urine (diuresis), or dehydration.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Hydro.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Hydro to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Apo-Hydro can cause side effects, although not everybody gets them.

Side effects might include gastric irritation, nausea, vomiting, diarrhea, rash, fever, weakness, restlessness.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Apo-Hydro

- Storage

Keep out of the reach and sight of children.

Bottle: Store between 15-30°C. Store in a well closed container.

Blister: Store between 15-25°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Apo-Hydro 25 mg: Round, flat-faced, pale pink tablets, one side scored and engraved "APO" over "25".

Apo-Hydro 50mg: Round, cylindrical, flat, pale pink tablets, one side scored and engraved "APO" over "50".

- Ingredients

- Active ingredient:
Hydrochlorothiazide

- Inactive ingredients
Lactose monohydrate,
microcrystalline cellulose, starch,
magnesium stearate, colloidal silicon dioxide and sunset yellow aluminum lake 40%.

- MAL numbers:

Apo-Hydro 25mg
MAL19984694AR

Apo-Hydro 50mg
MAL19984688AR

Manufacturer

Apotex Inc.
150 Signet Drive
Weston Toronto Ontario
M9L 1T9 Canada

Product Registration Holder

Pharmaforte (M) Sdn Bhd
2, Jalan PJU 3/49
Sunway Damansara
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Date of revision

15/8/2014