APO-AMILZIDE TABLET

Hydrochlorothiazide/ Amiloride Hydrochloride (50/5mg)

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What Apo-Amilzide is used for

The combination of hydrochlorothiazide and amiloride is used to treat fluid retention (edema) and high blood pressure (hypertension).

How Apo-Amilzide works

Hydrochlorothiazide is a thiazide diuretic (water pill) that helps prevent your kidney from reabsorbing too much salt, which can cause fluid retention.

Amiloride is a potassium sparing-diuretic that also prevents your kidney from reabsorbing too much salt and keeps your potassium levels from getting too low.

Before you use Apo-Amilzide

- When you must not use it

You should not use this medication if you are allergic to hydrochlorothiazide or amiloride

You should not use this medication if you have hyperkalemia (High serum potassium level), have impaired kidney function, or have diabetes.

Pregnancy and lactation

Do not take Apo-Amilzide if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Apo-Amilzide if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine. Before you start to use it
Before you start to take this
medication, let your doctor know if
you have any other medical condition.

- Taking other medicines

Some medications, when taken together with Apo-Amilzide will cause complications if no proper precaution is taken. These medications include hypertensive drugs (potentiation), Litium (litium toxicity), as well as supplements such as potassium supplements.

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Apo-Amilzide

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. The doctor will titrate the optimal dose for you based on your condition and the treatment outcome. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Apo-Amilzide for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Amilzide.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Amilzide to anyone else, even if they have the same symptoms or condition as you.

- <u>Things to be careful of</u> Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Apo-Amilzide can cause side effects, although not everybody gets them.

Less serious side effects may include:

- mild nausea or vomiting;
- gas, stomach pain; or

• skin rash.

While rare, the most serious adverse effect of this medication is symptomatic hyperkalemia (high levels of potassium in your body, with sign or symptoms that is noticeable).

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Apo-Amilzide

- Storage

Keep out of the reach and sight of children.

Store APO-AMILZIDE at room temperature (below 25°C).

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Peach coloured, diamond shaped tablet, scored and identified "APO" above the score, "5/50" below the score.

- <u>Ingredients</u>
 - Active ingredient 50mg hydrochlorothiazide and 5mg amiloride hydrochloride
 - Inactive ingredients

Lactose monohydrate, sodium bicarbonate, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, colloidal silicon dioxide and sunset yellow lake 40%.

- <u>MAL number:</u> MAL 19984702AR

Manufacturer

Apotex Inc. 150 Signet Drive Weston Toronto Ontario M9L 1T9 Canada

Product Registration Holder

Pharmaforte (M) Sdn Bhd 2, Jalan PJU 3/49 Sunway Damansara 47810 Petaling Jaya

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