

# PREDNISOLONE TABLET

Prednisolone (5mg)

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## What PREDNISOLONE TABLET is used for

PREDNISOLONE TABLET is used for the treatment of asthma, allergic disease, inflammatory-related disease such as rheumatoid arthritis, rheumatosis, Still's disease and rheumatoid myocarditis, rheumatic myelitis, gouty arthritis, (inflammation of joints), psoriasis (skin diseases marked by red, itchy and scaly patches), osteoarthritis (degeneration of joint), acute and chronic gout and other inflammatory skin disease.

## How PREDNISOLONE TABLET works

Prednisolone can decrease or prevent tissue responses to inflammatory processes inhibits accumulation of inflammatory cells at sites of inflammation. It also prevent synthesis and/or release of several chemical mediators of inflammatory.

## Before you use PREDNISOLONE TABLET

### -When you must not use it

Prednisolone is not recommended in people with systemic fungal infections and those who have shown hypersensitivity to any component of this product.

### -Before you start to use it

Tell your doctor if you are allergic to any other medicines or you have any other health related problems.

### -Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines when taken with PREDNISOLONE TABLET may interfere with each other. These include:

-Anticonvulsant medicines, such as Barbiturates and Phenytoin, medicine for fits.

-Rifampicin, medicine for treat bacterial infection.

-Cyclosporine, medicine to prevent rejection of organ transplant.

-Corticosteroids, medicine for treat inflammatory diseases.

-Non-steroidal anti-inflammatory drugs (NSAIDs)

-Antacids, medicine for neutralize the stomach acidity.

-Insulin, medicine for diabetes.

## How to use PREDNISOLONE TABLET

### -How much to use

Diseases of connective tissue:

*Rheumatoid arthritis:* Initially 5mg of Prednisolone daily, given as a single dose in the morning or on alternate days; the dosage regimen is adjusted to individual response. In the absence of adequate improvement, steroid dose may be raised by 1mg increments, at intervals of a few weeks, up to a maximum of 10 mg daily.

*Rheumatic carditis:* The dose is 1mg/kg body weight per day given in a single or divided doses for 7 – 10 days, thereafter reduced by 2.5mg daily every 5 – 7 days.

Asthma and other respiratory diseases: Prednisolone 5 -10mg orally as a single daily dose or in divided doses.

For other cases, the initial adult dosage of Prednisolone may range from 5 – 60 mg daily, depending on the disease being treated, and is usually administered in 2 – 4 divided doses. The dose may be decreased by a half to 1 tablet every 2 to 3 days interval for maintenance after an improvement is seen. The dosage may be adjusted according to symptoms and age.

### -When to use it

PREDNISOLONE TABLET should be taken according to the time advised by your doctor or pharmacist. It can be taken with or without food.

### -How long to use it

PREDNISOLONE TABLET should be taken as your doctor advised you to do so.

### -If you forget to use it

If you miss a dose of PREDNISOLONE TABLET and you are taking it regularly, take it as soon as possible. If it is approaching time for the next dose, do not double the dose to make up for the forgotten dose, unless advised by your health care provider. Do not take 2 doses at once.

### -If you use too much (overdose)

Seek for medical attention.

## While you are using PREDNISOLONE TABLET

### -Things you must do

Follow your doctor's instruction when you are taking PREDNISOLONE TABLET.

### -Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction from your doctor. Do not give PREDNISOLONE TABLET to anyone else, even if they have the same condition as you.

### -Things to be careful of

The use of Prednisolone in pregnancy, nursing mothers, or women of childbearing potential requires that the possible benefits of the medicine be weighed against the potential hazards, to the mother and embryo or fetus. Care must be taken when administered to people with congestive heart failure due to fluid retention. Corticosteroids may worsen diabetes mellitus, osteoporosis, high blood pressure, glaucoma (increased pressure in eyes) and fits.

Prednisolone may mask some signs of infections and new infections may appear during its use.

Care should be taken when there are history of severe mood disorders (especially severe history of steroid psychosis), previous steroid related muscle disease or stomach ulceration.

**Side effects**

The prolonged therapy may result in suppression of pituitary adrenal function and the principal complications resulting from prolonged therapy with Prednisolone are fluid and electrolyte disturbances, high blood sugar level, presence of sugar in the urine, increased susceptibility to infections including tuberculosis (bacterial infection disease), peptic or perforation of ulcer, osteoporosis (brittle of bones), behavior disturbance, cataracts (clouding of eye lens), striae (stretch mark), ecchymosis (discoloration of skin), acne and hirsutism (abnormal growth of hair).

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers → Reporting)

**Manufacturer**

Y.S.P. Industries (M) Sdn. Bhd.  
Lot 3,5 & 7, Jalan P/7, Section 13,  
Kawasan Perindustrian Bandar Baru  
Bangi, 43000 Kajang, Selangor Darul  
Ehsan, Malaysia.

**Product Registration Holder**

Y.S.P Industries (M) Sdn. Bhd.  
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Bangi,  
43000 Kajang, Selangor Darul  
Ehsan,  
Malaysia.

**Date of revision**

20/4/2016

**Serial Number**

BPFK(R4/1)190416/00114

**Storage and Disposal of PREDNISOLONE  
TABLET**

-Storage


Keep in a tight container. Store at temperature below 30°C. Protect from light and moisture.

-Disposal

PREDNISOLONE TABLET should be disposed when your doctor or pharmacist tells you to stop taking this tablet or it has passed the expiry date. Ask your pharmacist how to dispose medicines that are no longer required.

**Product description**

-What it looks like

A white color round tablet slightly curved at both sides, one side impressed with a score and the other side with a “” mark.

-Ingredients

Active ingredient-  
Prednisolone  
Inactive ingredient-  
Lactose  
Starch  
Cellulose Calcium  
Magnesium Stearate  
Magnesium Aluminometasilicate  
Sodium Starch Glycolate  
Sodium Lauryl Sulfate

-MAL number

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