PEPPERMINT SYRUP

Peppermint oil/Anise oil (0.01ml / 0.05ml per 5ml)

What is in this leaflet

- 1. What Peppermint Syrup is used for
- 2. How Peppermint Syrup works
- 3. Before you use Peppermint Syrup
- 4. How to use Peppermint Syrup
- 5. While you are using it
- 6. Side effects
- 7. Storage and Disposal of Peppermint Syrup
- 8. Product description
- 9. Manufacturer and Product Registration holder

10.Date of revision

What Peppermint Syrup is used for

It is used to ease removal of phlegm.

How Peppermint Syrup works

Peppermint oil has mild effect in removing phlegm, suitable for cough with thick phlegm.

Before you use Peppermint Syrup

- When you must not use it

Do not take Peppermint Syrup if allergic to peppermint oil, anise oil or other ingredients in it.

- Before you start to use it

Check with the doctor if you are pregnant, or breast-feeding.

- Taking other medicines

Tell the doctor if you are taking any other medicines including any medicine that you buy without prescription from a pharmacy, supermarket or health food shop.

How to use Peppermint Syrup

- How much to use

Adults: 2 - 4 teaspoonfuls..

Children: 1 - 2 teaspoonfuls.

Follow all directions given by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

To be used 3 times daily or as directed by your doctor or pharmacist.

- How long to use it

Continue taking Peppermint Syrup for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using Peppermint Syrup

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell the doctors, dentists and pharmacists treating you that you are taking Peppermint Syrup.

Tell your doctor immediately if you are pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Peppermint Syrup to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Tell your doctor if you experience any side effects after taking this medicine.

Side effects

Excessive doses may cause nausea, vomiting and diarrhoea. Peppermint oil may cause allergic reactions due to its contents of menthol.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Peppermint Syrup

- Storage

Store in cool, dry place below 25°C. Protect from light. Keep out of reach of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

Product description

- What it looks like

Dark brown, peppermint flavoured syrup.

- Ingredients

- Active ingredient: peppermint oil and anise oil.
- Inactive ingredients: methyl parabens, propyl parabens, sodium citrate, liquid glucose, alcohol 95%, cremophor RH40, glycerin, liquid caramel, deionized water and syrup.
- <u>MAL number:</u> MAL19930227X

Manufacturer and Product Registration Holder

Prime Pharmaceutical Sdn. Bhd. 1505, Lorong Perusahaan Utama 1 Taman Perindustrian Bukit Tengah 14000 Bukit Mertajam, Penang, Malaysia.

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