

# HYDROSIL TABLET

Magnesium Hydroxide/ Aluminium Hydroxide/ Simethicone (200mg,200mg, 20mg).

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## What Hydrosil is used for

To relieve stomach pain due to gastric ulcer, gastric pain, too much secretion of stomach acid, and in heartburn.

## How Hydrosil works

Magnesium Hydroxide and Aluminium Hydroxide are antacids which neutralize the acid secretion in the stomach.

Simethicone breaks the gas bubbles produced due to indigestion and alleviates the symptoms of stomach bloating and discomfort.

## Before you use Hydrosil

### -When you must not use it

Do not use Hydrosil if you

- are allergic to magnesium hydroxide, aluminium hydroxide, simethicone, or any other ingredients in this medicine.
- have kidney problems.
- have low phosphate in blood.
- Have blockage of the bowels (gastrointestinal obstruction).

### -Before you start to use it

Tell your doctor or pharmacist before using Hydrosil if you:

- are on dialysis
- are on a low-phosphate diet.
- are pregnant or plan to become pregnant.
- are breast-feeding or plan to start breast-feeding.

### -Using other medicines

Hydrosil should not be taken together with other medicines such as tetracycline or rifampicin (antibiotics), iron, digoxin (heart medication), cimetidine (heartburn medication), chlorpromazine (antipsychotic), or penicillamine (antirheumatic). If your doctor prescribes these medicines, they may be taken 1 to 2 hours after Hydrosil.

Tell your doctor if you are taking any other medicines, including any that you buy

without a prescription from a pharmacy, supermarket or health food shop.

## How to use Hydrosil

### -How much to use

2 to 4 tablets to be sucked or chewed when pain occurs or expected to have pain.

### -When to use it

Usually between meals and before bed. Follow the advice from your doctor or pharmacist.

### -How long to use it

Avoid prolonged use. Follow the advice of your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine.

### -If you forget to use it

Use it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

### -If you use too much (overdose)

Symptoms of overdose are too much magnesium in blood, flushing of the skin, thirst, low blood pressure, drowsiness, difficulty in breathing, irregular heartbeat, coma and heart failure.

Seek immediate medical attention if you have used too much or are worried with your condition.

## While you are using Hydrosil

### -Things you must do

- Always wash your hands before handle the medicine.
- Chew or suck the tablets before swallowing.

### -Things you must not do

Do not use this medicine by yourself without the advice of your doctor or pharmacist.

### -Things to be careful of

This medicine may affect your ability to drive or use machines. If the medicine makes you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

## Side Effects

At the recommended dosage, Hydrosil is usually well tolerated.

Seek immediate medical attention if you experience any side effects or allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) [Public→Reporting Side Effects to Medicinal (ConSERF) or Vaccine (AEFI)].

## Storage and Disposal of Hydrosil

### -Storage

Store below 30°C.

Keep out of the reach of children.

Do not use this medicine after expiry date.

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

## Product Description

### -What it looks like

White colour, round, flat bevelled edge tablet with single breakline on one side and crown logo on reverse.

### -Ingredients

-Active Ingredient(s)

Magnesium Hydroxide, Aluminum Hydroxide, Simethicone.

-Inactive ingredients

Colloidal Silicon Dioxide, Magnesium Stearate, Dry Orange Flavour, Dry Peppermint Flavour, Saccharin Sodium, Purified Water, Isopropyl Alcohol, Sugar, Starch, Polyvinylpyrrolidone.

### -MAL Number

MAL19912874X

## Manufacturer and Product Registration Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd  
1-5 Cheng Industrial Estate,  
75250 Melaka, Malaysia.

## Date of Revision

22/06/2018

## Serial Number

NPRA(R4/1)140618/00177