

CHLORAMINE TABLET/SYRUP

Chlorpheniramine Maleate (4mg, 4mg/5ml, 2.5mg/5ml)

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What Chloramine is used for

Chloramine is used for the prevention and treatment:

- perennial (throughout the year) and seasonal allergic rhinitis (inflammation of mucous membrane inside the nose)
- vasomotor (non-allergic) rhinitis
- allergic conjunctivitis (eye inflammation)
- sneezing and runny nose associated with common cold

It is also used for relief of:

- pruritus (itching)
- urticaria (a red, raised, itchy rash)
- angioedema (swelling of the deeper layers of the skin)
- dermatographism (pressure or friction on skin causes raised, reddish marks)

Ask your doctor if you have any questions about why this medicine has been prescribed for you. Your doctor may have prescribed this medicine for another reason.

How Chloramine works

The name of your medicine is Chloramine. It contains the active ingredient chlorpheniramine maleate which is an antihistamine. Histamine is a chemical released into the body during an allergic reaction. It causes itching and inflammation.

Chloramine works by blocking the effects of histamine, calming down the body's allergic reaction and starting to relieve the symptoms.

Before you use Chloramine

- When you must not use it

Do not take this medicine if:

- you are hypersensitive to, or have had an allergic reaction to chlorpheniramine or any of the ingredients listed at the end of this leaflet.
- you are taking a class of medicine known as monoamine oxidase inhibitors (MAOIs) (often taken for depression), or you have taken such a medicine within the last 14 days.
- the expiry date (EXP) printed on the pack has passed.
- the packaging is torn, shows signs of tampering or it does not look quite right.

Pregnancy and breastfeeding

- Chlorpheniramine may inhibit lactation.
- Small amount of antihistamines are distributed in breast milk. Use is not recommend in breastfeeding due to the risk of adverse effects

such as unusual excitement or irritability in infants.

- Before you start to use it

You must tell your doctor if:

- you are pregnant or intend to become pregnant.
- you are breast-feeding or plan to breast-feed.
- you have bladder neck obstruction (incomplete opening of bladder neck during urination)
- you have epilepsy, glaucoma (increased pressure in the eye), an enlarged prostate or heart disease

Antihistamines may affect the results of skin testing. It is recommended to discontinue chlorpheniramine at least 72 hours before testing.

If you have not told your doctor about any of the above, tell them before you use Chloramine.

When use for treatment of cough and cold:

- not to be used in children less than 2 years of age
- to be used with caution and doctor/pharmacist's advice in children 2 to 6 years of age

- Taking other medicines

Tell your doctor if you are taking any other medicines, including medicines that you buy without a prescription from your pharmacy, supermarket or health food shop. Some medicines may interfere with Chloramine.

These include:

- monoamine oxidase inhibitors (MAOIs)
- barbiturates
- hypnotics

- opioid analgesics
- atropine
- tricyclic antidepressants
- phenytoin, used to treat epilepsy
- aminoglycoside antibiotics

Other interactions not listed above may also occur.

Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Chloramine.

How to use Chloramine

- How much to use

Your doctor will tell you how much of this medicine you should take. This will depend on your condition and whether you are taking any other medicines.

The usual adult dose is 4mg taken every 4 to 6 hours as needed. Do not take more than 24mg per day.

Children

6 – 12 years: 2mg every 4 – 6 hours as needed, not exceed 12mg daily

2 – 5 years: 1mg every 4 – 6 hours as needed, not exceed 6mg daily

Elderly people

Usual adult dose

Elderly people may be more sensitive to the effects of the usual adult dose.

- When to use it

Take Chloramine as your doctor has prescribed.

It may be taken with food, water or milk.

- How long to use it

Depending on the medical condition for which you require Chloramine, your

doctor may tell you to take it for a certain period of time.

- If you forget to use it

If you forget to take a dose, you can take it as soon as you remember. The next dose should be taken after four or six hours, or as prescribed by your doctor.

Do not take a double dose to make up for the dose that you missed.

- If you use too much (overdose)

Telephone your doctor, or go to Accident and Emergency at your nearest hospital immediately if you think that you or anyone else may have taken too much Chloramine.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Some of the symptoms of overdose include:

- fast or irregular heartbeat
- hallucination
- seizure
- low blood pressure
- severe drowsiness
- severe dryness of mouth, nose or throat
- flushing or redness of face
- central nervous system stimulation such as hallucinations, seizures and trouble sleeping

This is not a complete list of overdose symptoms. Contact your doctor or pharmacist if you experience any other symptoms.

While you are using it

- Things you must do

If you become pregnant while you are taking Chloramine, tell your doctor immediately.

If you are about to be started on any new medicine, tell your doctor and pharmacist that you are taking Chloramine.

Tell your doctor if your symptoms get worse. Do not take extra doses without checking with your doctor.

- Things you must not do

Do not give Chloramine to anyone else, even if they have the same condition as you.

Do not use Chloramine to treat any other complaints unless your doctor tells you to.

Do not drink alcohol whilst taking this medicine.

- Things to be careful of

Be careful of driving or operating machinery until you know how Chloramine affects you.

Chloramine may cause drowsiness, dizziness and blurred vision in some people. Make sure you know how you react to Chloramine before you drive a car or do anything else that may be dangerous if you are affected.

Avoid alcohol drinking. Chloramine will add the effects of alcohol.

Elderly people

Dizziness, sedation, confusion, low blood pressure, dryness of mouth and urinary retention may be more likely to occur in elderly.

Dental

Long term use may decrease salivary flow, contributing to the development of caries, oral infection and discomfort.

Side effects

All medicines can have side effects.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking this medicine.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

The most common side effect is drowsiness.

Tell your doctor if you notice any of the following and they worry you.

- dizziness
- dry mouth, throat and nose
- thickening of mucus in nose or throat
- blurred vision
- confusion
- difficult or painful urination
- fast heart beat

Other side effects not listed above may also occur in some people. Tell your doctor if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and disposal of Chloramine

- Storage

Keep your medicine in the bottle or pack until it is time to take them.

If you take the medicine out of the bottle or pack they will not keep well.

Keep the medicine in a dry place where the temperature stays below 30 degrees C.

Do not store Chloramine or any other medicine in the bathroom or near a sink.

Do not leave it in the car or on window sills.

Heat and dampness can destroy some medicines.

Keep Chloramine where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

Ask your pharmacist what to do with any medicine you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment

Product description

- What it looks like

Chloramine Tablet

- A 6.5mm diameter, round, convex, scored, marked 'UP' yellow tablet.

Chloramine Syrup 4mg/5ml

- A yellow, orange flavoured syrup

Chloramine Syrup 2.5mg/5ml

- A reddish orange, orange flavoured syrup

- Ingredients

Active ingredient:

Chloramine Tablet

- Each tablet contains Chlorpheniramine maleate 4mg

Chloramine Syrup 4mg/5ml
- Each 5ml contains Chlorpheniramine maleate 4mg

Chloramine Syrup 2.5mg/5ml
- Each 5ml contains Chlorpheniramine maleate 2.5mg

Inactive ingredients:

Chloramine Tablet

- magnesium stearate
- quinoline yellow
- corn starch
- lactose monohydrate

Chloramine Syrup 4mg/5ml

- quinoline yellow
- refined sugar
- sweet orange essence
- preservative (methyl paraben, propylparaben)

Chloramine Syrup 2.5mg/5ml

- quinolone yellow
- refined sugar
- sweet orange essence
- preservative (methyl paraben, propylparaben)
- raspberry essence
- ponceau 4R

- MAL numbers

Chloramine Tablet
MAL19860095AZ

Chloramine Syrup 4mg/5ml
MAL198600101AZ

Chloramine Syrup 2.5mg/5ml
MAL19860098AZ

Manufacturer

UPHA PHARMACEUTICAL MFG (M) SDN BHD (53667-M)
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate
43650 Bandar Baru Bangi, Selangor Darul Ehsan

Product Registration Holder

UPHA PHARMACEUTICAL
MFG (M) SDN BHD (53667-
M)
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Darul Ehsan

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