

# REXOM<sup>TM</sup> WINACOL SYRUP FOR CHILDREN

Guaiphenesin (50mg/5ml)

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## What REXOM<sup>TM</sup> Winacol is used for

For the symptomatic relief of cough due to colds and minor upper respiratory tract infections.

## How REXOM<sup>TM</sup> Winacol works

REXOM<sup>TM</sup> Winacol contains guaifenesin which has expectorant action which facilitates the removal of mucus.

## Before you use REXOM<sup>TM</sup> Winacol

### -When you must not use it

- It should not be used if you had known to be hypersensitive to guaiphenesin or other components of the formulation.
- Not for persistent cough such as occurs with smoking, asthma or shortness of breath, or where cough is accompanied by excessive secretions.

### -Before you start to use it

Talk to your doctor before taking this medicine.

### -Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

## How to use REXOM<sup>TM</sup> Winacol

### -How much to use

Always use REXOM<sup>TM</sup> Winacol exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

### The usual dose:

#### **Children**

6-12 years: 100 to 200mg  
2-6 years: 50 to 100 mg

### -When to use it

To be used 3-4 times daily. Use as directed by your doctor or pharmacist.

### -How long to use it

Continue taking REXOM<sup>TM</sup> Winacol as your doctor recommended. If symptoms persist, consult your doctor.

### -If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much REXOM<sup>TM</sup> Winacol may cause:

- Gastro-intestinal discomfort.
- Nausea
- Vomiting

## While you are using REXOM<sup>TM</sup> Winacol

### -Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking REXOM<sup>TM</sup> Winacol.

### -Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give REXOM<sup>TM</sup> Winacol to anyone else, even if they have the same symptoms or condition as you.

### -Things to be careful of

Consult doctor if cough persists for more than 1 week, tends to recur, or is accompanied by high fever, rash or persistent headache.

## Side effects

Like all medicines, REXOM<sup>TM</sup> Winacol can cause side effects, although not everybody gets them.

If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Gastro-intestinal discomfort.
- Nausea
- Vomiting

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## Storage and disposal of REXOM<sup>TM</sup> Winacol

### -Storage

Keep container tightly closed. Store between 15 - 30°C. Protect from light. Keep medicine out of reach of children.

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### -What it looks like

Pink syrup solution.

### -Ingredients

-Active ingredient  
Each 5ml contains  
50mg Guaiphenesin

-Inactive ingredients  
Menthol crystal, Glycerin,  
Sodium benzoate, Carmoisine supra and  
Strawberry flavour.

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*-MAL number*

MAL19990611X

**Manufacturer and Product**

**Registration Holder**

KCK Pharmaceutical Industries Sdn.  
Bhd.  
Plot 61, Bayan Lepas Industrial Park  
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