

BIOCARBON TABLET

Activated Charcoal 0.250 g

What is in this leaflet

1. What BIOCARBON TABLET is used for
2. How BIOCARBON TABLET works
3. Before you use BIOCARBON TABLET
4. How to use BIOCARBON TABLET
5. While you are using it
6. Side effects
7. Storage and Disposal of BIOCARBON TABLET
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What Biocarbon Tablet is used for

Diarrhoea particularly when travelling in countries with increased hygiene risks (change of food, travel and summer diarrhoea), development of gases or air in the intestine, or flatulence.

How Biocarbon Tablet works

Biocarbon tablets contain high-quality activated charcoal which is produced by carbonization of vegetable materials. It is highly adsorbent due to its large surface. Biocarbon tablets are used in case of diarrhoea, especially when travelling in countries with high hygienic risk.

Medicinal charcoal is evacuated in a natural way together with the adsorbed toxic agents.

Before you use Biocarbon Tablet

When you must not use it

- If you are hypersensitive (allergic) to medicinal charcoal or any of the other ingredients of Biocarbon.

- In case of heavy constipation and suspected intestinal obstruction.

Before you start use it

Pregnancy and lactation - Biocarbon may be taken during pregnancy and breast-feeding.

Taking other medicines

Due to its highly adsorbent qualities, medicinal charcoal may reduce the effect of other pharmaceutical products.

Biocarbon should not be used together with drugs which induce vomiting, neither should the tablets be taken together with Preparations which contain tannins.

In case of the oral anti-diabetic drug chlorpropamide as well as heart active glycosides, resorption from the bowel is inhibited in the order of up to 90%. Therefore it is recommended to take these drugs 2 hours before taking Biocarbon tablets or with a time lag of several hours.

The use of medicinal charcoal may reduce the reliability of oral contraceptives/ovulation inhibitors so that it might be necessary to use an additional

form of contraception after taking medicinal charcoal. Any other kind of medicine should be taken at least 1 hour before Biocarbon tablets are taken.

Please tell you doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

How to use Biocarbon Tablet

How much to use

In case of diarrhoea, gases in the intestine and flatulence, adults and children above 6 years of age take 3 to 4 tablets 3 times a day with ample amount of liquid.

When to use it

The tablets can be taken chewed or swallowed with some liquid.

How long to use it

Biocarbon should be used until action of the bowel is normal again.

You must talk to a doctor if you do not feel better after 3 days. There is no cause for concern when stopping or discontinuing treatment.

If you have any further questions on the use of this medicinal product, ask your doctor or pharmacist.

If you forget to use it

Do not take a double dose to make up for a forgotten dose.

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If you use too much (overdose)

Constipation might occur. This can be prevented by using laxatives.

While you are using it

Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors and pharmacists that are treating you that you are taking Biocarbon Tablet.

Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Biocarbon Tablet to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

After using Biocarbon tablets, your stool may be black coloured, a harmless phenomenon. Stool should be observed for several days after having stopped taking Biocarbon. If dark colouring of the stool persists, you should consult a doctor to exclude the possibility of gastrointestinal bleeding.

If poisoning is suspected or if pain increases in the area of the stomach and the intestine as well as in case of feverish diarrhea the

doctor should be consulted immediately.

Biocarbon tablets have no influence on the ability to drive and use machines.

Side Effects

Like all medicines, Biocarbon Tablet can cause side effects, although not everybody gets them. If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Gastrointestinal diseases: In rare cases gastrointestinal troubles, such as constipation and vomiting, are observed. As activated charcoal is excreted unchanged, stool is Black- coloured after taking Biocarbon tablets.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Biocarbon Tablet

Storage

Store in the original package to protect the contents against light and humidity.

Keep out of the reach and sight of children.

Do not use the medicinal product after the expiry date "EXP" which is stated on the outer carton. The

expiry date refers to the last day of that month.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

What it looks like

Round black tablets.
Diameter: 13.0 -13.4mm;
thickness: 4.4-4.8 mm.

Ingredients

Active ingredient:
1 tablet contains 0.250 g activated charcoal (medicated charcoal).

Inactive ingredients:
Maltodextrin,
hydroxypropylcellulose,
povidone, iron oxide, magnesium stearate.

MAL number:
MAL20032273XR.

Manufacturer

PHARMAZEUTISCHE FABRIK
MONTAVIT GESMBH
SALZBERGSTRASSE 96 A-6060
Absam
AUSTRIA.

Product Registration Holder

Antah Pharma Sdn Bhd
No. 3, Jalan 19/1
46300, Petaling Jaya,

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Selangor.

Date of Revision

18 July 2013.