

TENOL TABLET

Atenolol 50mg

Consumer Medication Information Leaflet (RiMUP)

What is in this leaflet:

1. What Tenol Tablet is used for
2. How Tenol Tablet works
3. Before you use Tenol Tablet
4. How to take Tenol Tablet
5. While you are using it
6. Side effects
7. Storage and Disposal of Tenol Tablet
8. Product Description
9. Manufacturer and Product Registration Holder.
10. Date of Revision

What Tenol Tablet is used for

Tenol Tablet is used for the treatment of high blood pressure, angina pectoris (chest pain), myocardial infarction (heart attack) and irregular heartbeat.

How Tenol Tablet Works

The active ingredient in the medicine is 'Atenolol'. This belongs to a group of medicines called 'beta blocker'. It primarily acts on the beta-1 receptor found in the heart, resulting in slower heart rate and lower force of heart muscle contraction, thereby lowering blood pressure.

Before you use Tenol Tablet

When you must not use it

- If you are allergic to Atenolol or any other ingredients in the product
- If you have heart block
- If you have markedly slow heart rate
- If you have uncompensated heart failure
- If you have experienced shock with cardiogenic cause

Before you start to use it

You should check with your doctor:-

- If you are or think you may be pregnant
- If you are planning to become pregnant
- If you have kidney disease
- If you have liver disease
- If you have diabetes mellitus
- If you have asthma
- If you have history of heart failure and other cardiovascular diseases
- If you plan or are undergoing surgery
- If you have thyroid disease.

Taking Other Medicines

There are a few medicines which may not mix with Tenol Tablet. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription. You should talk to your doctor or pharmacist if you are on the following:-

- Other beta blockers
- Other blood pressure lowering agents
- Other medications for heart disease treatment
- Digoxin

How to use Tenol Tablet

How much to use

You should take Tenol Tablet exactly as advised by your doctor or pharmacist. The amount you take each day will depend on your condition. Do not take more or less than what your doctor prescribes. The usual dose for adults is 50 to 100mg daily.

When to use it

Tenol Tablet is to be taken in the morning after breakfast. Swallow the tablets with some water.

How long to use it

It is important to take Tenol Tablet as long as your doctor prescribes.

If you forget to use it

Do not take extra tablets to make up for a missed dose. Just take your next dose at the usual time.

If you use too much (overdose)

If you take too many tablets by mistake, contact your doctor immediately or seek medical attention.

While you are using it

Things you must do

Take Tenol Tablet exactly the way as prescribed.

Things you must not do

Do not share your medicines with others even if they have the same diagnosis as you.

Things to be careful of

If you experience any side effects, consult your doctor or pharmacist for advice.

Side effect

The most common side effects are nausea, vomiting, diarrhoea, fatigue and dizziness.

Cardiovascular effects include

- Bradycardia (heart beats very slowly)
- Congestive heart failure (abnormality of cardiac function)
- Heart block (abnormal heart rhythm where the heart beats too slowly)
- Hypotension (low blood pressure)
- Cold extremities
- Raynaud's phenomenon (vessel abnormality)
- Paraesthesia (abnormal sensation)

CNS system effects include:

- Depression
- hallucination (sensations that appear real)
- disturbances of sleep and vision
- Blood disorders and skin rashes may also occur.

Other adverse effects reported include constipation, fluid retention and weight gain, muscle cramps and dry mouth.

Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers Reporting).

Storage and Disposal of Tenol Tablet

Storage

Store at temperature 25°C. Protect from light.

Disposal

If you have any unwanted tablets, do not put them in waste water or household rubbish. Ask your pharmacist how to dispose of the rubbish.

Product Description

What it looks like

Round, white, flat, plain tablet with score on one side only.

Ingredients

Active Ingredients
Atenolol 50mg

Inactive Ingredients
Magnesium Stearate, Starch, Sodium Starch Glycolate, Lactose, Microcrystalline Cellulose

MAL Number:

MAL19921007A

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Manufacturer

Sunward Pharmaceutical Sdn. Bhd.
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Taman Perindustrian Tampoi Indah,
81200 Johor Bahru, Johor,
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Product Registration Holder

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Date of revision

19/7/2014