

DHASEDYL DM SYRUP

Dextromethorphan HBr 10mg/5ml, Promethazine HCl 3.6mg/5ml, Ephedrine HCl 6mg/5ml

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What Dhasedyl DM is used for

Dhasedyl DM is used in the relief of symptoms of cough, cold and nose congestion.

How Dhasedyl DM work

Dhasedyl DM contains 3 active ingredients:

- dextromethorphan hydrobromide, a cough suppressant that helps to relieve dry or tickly cough
- promethazine hydrochloride, an antihistamine which dries up a runny nose
- ephedrine hydrochloride, which helps to relief nose congestion or swelling caused by cold.

Before you use Dhasedyl DM

• When you must not use it

Do not take Dhasedyl if:

- You are allergic (hypersensitive) to dextromethorphan hydrobromide, promethazine hydrochloride, ephedrine hydrochloride, and any of the other ingredients in the syrup.
- you have chronic, persistent cough or cough with excessive phlegm
- you have asthma
- you have thyrotoxicosis, which is an overactive thyroid gland
- you have experience a state of deep, often prolonged unconsciousness
- you have bone marrow depression, a condition in which a person's bone marrow

produces fewer than normal blood cells.

- you have a history of sleep apnea (interrupted breathing during sleep)
- your child taking the medicine is below 2 years old
- you have high blood pressure
- Avoid use in children with sign and symptoms that suggest Reye's syndrome (a life-threatening metabolic disorder in young children) or other liver disease

• Before you start to take it

You should check with your doctor or pharmacist before taking Dhasedyl DM if:

- you are pregnant or breast-feeding
- you have liver problems
- you have heart problems
- you have prostatic hypertrophy (enlarged prostate).
- you have narrow angle glaucoma (increased eye pressure inside the eyeball).

If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before taking Dhasedyl DM.

• Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. This includes:

- Medicines for depression known as monoamine oxidase inhibitors (MAOIs)
- Medicines to treat anxiety and tension called central nervous system (CNS) depressants such as tranquilizers and sedatives

How to take Dhasedyl DM

• How much to take

Adults:

5 to 10ml 3 to 4 times a day.

Children:

6 - 12 years: 2.5 to 5ml 3 times a day.

2 - 6 years: 2.5ml 3 times a day.

• When to take it

Take Dhasedyl at the same time every day. If you are not sure, check with your doctor or pharmacist.

• How long to take it

Always take Dhasedyl DM exactly as your doctor has told you. If you are not sure, check with your doctor or pharmacist.

• If you forget to take it

If you forget to take a dose, take it as soon as you remember it and then take the next dose at the right time.

Do not take a double dose to make up for a forgotten dose.

• If you take too much (overdose)

If you (or someone else) took a lot of syrup at the same time, or you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately.

Symptoms of overdose are:

Nausea, drowsiness, dizziness, vomiting, muscular twitching, convulsions, coma, restlessness and irritability, mental confusion and possible hallucinations

While you are taking Dhasedyl DM

• Things you must do

Tell your doctors who are treating you that you are taking Dhasedyl DM.

If you are about to be started on any new medicine, tell your pharmacist or doctor that you are taking Dhasedyl DM.

Talk to your pharmacist or doctor if your symptoms do not improve.

• Things you must not do

Do not use in children less than 2 years of age.

Do not take any new medicines without consulting your doctor.

Do not give Dhasedyl DM to anyone else, even if they have the same symptoms or condition as you.

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• ***Things to be careful of***

Dhasedyl DM has to be used with caution and on doctor's or pharmacist's advice in children 2 to 6 years of age.

Driving and operating machine

This medicine may cause drowsiness. If affected, do not drive or operate machinery. Avoid alcoholic drink

Side Effects

Like all medicines, Dhasedyl DM may cause side effects, although not everybody gets them.

Consult doctor or pharmacist for further information if you notice any of the following and they worry you.

These includes:

- stomach problems such as constipation
- drowsiness
- dizziness
- dryness of mouth
- excitation
- mental confusion
- palpitation (abnormal heart beat)
- difficulty in micturition (pass urine)
- muscular weakness
- tremors
- feeling restlessness.
- breathing problems
- tachycardia (fast heart rate)
- anxiety
- insomnia (cannot sleep).

If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Dhasedyl DM

• ***Storage***

Keep all medicines out of the reach of children.

Keep in a dry place below 30°C, protect from light.

• ***Disposal***

Do not take this medicine after the expiry date stamped on the pack.

Return any unused syrup to your pharmacist to be disposed of. Only keep the syrup if your doctor tells you to. Do not throw them away in your normal household drainage or waste. This will help to protect the environment.

Product Description

• ***What it looks like***

Brown viscous mixture, with prune flavour.

Ingredients

• ***Active Ingredient***

Each 5ml contains:

- 10mg Dextromethorphan Hydrobromide BP
- 3.6mg Promethazine Hydrochloride BP
- 6mg Ephedrine Hydrochloride BP

• ***Inactive ingredients***

Sodium citrate dihydrate, granulated sugar, glycerin, sodium benzoate, citric acid monohydrate, disodium edetate, liquid caramel, sodium metabisulphite, prune HC3995, propylene glycol, sodium saccharin, purified water

• ***MAL Number***

MAL20051379A

Manufacturer

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Product Registration Holder

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