

CORTISONE CREAM

Hydrocortisone Acetate (1 % w/w)

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What CORTISONE CREAM is used for

For the relief of the skin inflammation and itching that is responsive to corticosteroid.

How CORTISONE CREAM works

Hydrocortisone will produce anti-inflammatory and anti-allergic actions in the skin.

Before you use CORTISONE CREAM

- When you must not use it

Do not use CORTISONE CREAM if:

- You have history of sensitivity reaction to Hydrocortisone or other topical corticosteroids.
- Bacterial or fungal infections and viral diseases, such as herpes simplex.

Pregnancy and lactation

Do not use CORTISONE CREAM if you are pregnant, trying to get pregnant or think you may be pregnant. It should not be used in pregnant women in large amounts or for prolonged period of time.

Do not use CORTISONE CREAM if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start use it

Tell your doctor if you are having any other medical conditions.

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Urea may enhance the absorption of the corticosteroid and this should be borne in mind, especially when long term treatment is contemplated.

How to use CORTISONE CREAM

- How much to use

Apply a thin film of the cream to the affected area.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

Use 1 - 3 times daily. Application once or twice a day is often feasible and effective. However, frequency of application should be determined according to severity of the condition while mild cases may respond to once a day application, more severe cases may require more frequent application.

- How long to use it

Continue taking CORTISONE CREAM for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to apply the cream and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Excessive prolonged use of topical corticosteroids can suppress pituitary-adrenal function resulting in secondary adrenal insufficiency.

While you are using it

- Things you must do

Tell all the doctors, dentists and pharmacists treating you that you are taking CORTISONE CREAM.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop using this cream unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give CORTISONE CREAM to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Treatment should be discontinued if irritation or sensitization develops with the use of the cream. Absorption of topical corticosteroids will be increased if extensive body surface areas are treated or if the occlusive technique is used. Suitable precautions should be taken under these conditions or when long-term use is anticipated, particularly in infants and children.

Side effects

Like all medicines, CORTISONE CREAM can cause side effects, although not everybody gets them.

Local adverse reactions reported with the use of topical corticosteroids, especially under occlusive dressings, include burning, itching, irritation, dryness, hair follicle inflammation, abnormal hair growth, acne eruptions, lighting of the skin, softening and breaking down of the skin, small bumps around the mouth, allergic skin inflammation, secondary infection, skin thinning, stretch mark and heat rashes.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website npra.moh.gov.my (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)).

Storage and Disposal of CORTISONE CREAM

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- *Storage*

Keep out of reach of children
Keep container tightly closed.
Store in dry place below 25°C.
Protect from light.

- *Disposal*

Medicines should not be disposed of via
wastewater or household waste. Ask
your pharmacist how to dispose of
medicines no longer required. These
measures will help to protect the
environment.

Product Description

- *What it looks like*

White in colour cream with natural
fragrance.

- *Ingredients*

- Active ingredient

Hydrocortisone Acetate

- Inactive ingredients

White Soft Paraffin, Liquid Paraffin,
Cetomacrogol 1000, Cetostearyl
Alcohol, Chlorocresol, Deionized Water.

- *MAL number:*

MAL19910181AZ

Manufacturer & Product Registration Holder

Dynapharm (M) Sdn. Bhd.
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