

# PANAMOL SYRUP

Paracetamol (120mg/5ml)

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## What Panamol Syrup 120mg/5ml is used for

Panamol Syrup 120mg/5ml is used for relieving mild to moderate pain and to reduce fever in many conditions including headache, toothache, teething, cold and flu and following vaccination.

## How Panamol Syrup 120mg/5ml works

Paracetamol is a simple painkilling medicine. It works by reducing the production of prostaglandins, the hormone-like substance responsible for pain and inflammation.

## Before using Panamol Syrup 120mg/5ml

### - When you must not use it:

- \* This preparation contains Paracetamol. Do not take any other paracetamol containing medicines at the same time.
- \* Do not take Panamol Syrup if you are allergic to Paracetamol or to any of the ingredients listed at the end of this leaflet.

### - Before you start to use it:

- \* Tell your doctor or pharmacist if you are pregnant or breast-feeding, or if you have liver or kidney problems.

### - Taking other medicines:

Tell your doctor or pharmacist if you are taking:

- \* Any other medicines, including any that you get without prescription from your pharmacy, supermarket or health food shop.
- \* Barbiturates and anticonvulsants: generally used to control seizures
- \* Anticoagulants: generally used to eliminate or reduce blood clot.
- \* Metoclopramide and Domperidone: commonly used to treat and prevent nausea and vomiting.
- \* Colestyramine: used to lower blood cholesterol level.
- \* Tricyclic antidepressant: generally used for treating depression.
- \* Oral steroid contraceptives: used in family planning

## How to use Panamol Syrup 120mg/5ml

### - How much to use :

### For the relief of fever after vaccinations at 2, 3 and 4 months

2.5 ml (1/2 teaspoon) may be given up to 4 times in a day starting from the time of vaccination. If your baby still needs this medicine two days after receiving the vaccine talk to your doctor or pharmacist.

### For the relief of pain and other causes of fever-if your baby weighs over 4kg and was born after 37 weeks at the age of 2 to 3 months

2.5ml (1/2 teaspoon). If necessary, after 4-6 hours, give a second 2.5 ml (1/2 teaspoon). Do not give more than 2 doses. This is to ensure that fever that may be due to a serious infection is quickly diagnosed. If your child is still feverish after two doses, talk to your doctor or pharmacist.

### For other conditions:

|             |                         |
|-------------|-------------------------|
| 3-6 months  | 2.5 ml (1/2 teaspoon)   |
| 6-24 months | 5 ml (1 teaspoon)       |
| 2-4 years   | 7.5 ml (1 1/2 teaspoon) |
| 4-8 years   | 10 ml (2 teaspoon)      |
| 8-10 years  | 15 ml (3 teaspoon)      |
| 10-12 years | 20ml (4 teaspoon)       |

Do not give more than 4 doses in any 24 hour period.

### - When to use it :

Take Panamol Syrup 120mg / 5mL exactly as it was prescribed for you by your doctor or your pharmacist.

### - How long to use it :

Use as long as directed by your doctor or your pharmacist.

### - If you forget to use it:

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the missed dose and take the medicine at the next regularly scheduled time. Do not take extra medicine to make up the missed dose.

### - If you use too much (overdose):

Please refer to your doctor or your pharmacist immediately if you think you used too much of the medicine. Symptoms of paracetamol overdosage in the first 24 hours are unusual paleness, nausea, vomiting, loss of appetite and abdominal pain. Liver damage may become apparent after 12 to 48 hours of ingestion. In severe poisoning, it may progress to brain disease, damage or malfunction, bleeding inside the body, drop in blood glucose level, brain swelling and death.

## While you are using Panamol Syrup 120mg/5ml

### -Things you must do:

\*Leave at least 4 hours between doses.

### - Things you must not do :

- \* Do not give to babies less than 2 months of age.
- \* Do not give this medicine to your child for more than 3 days without speaking to your doctor or pharmacist.
- \* Do not take more than the recommended dose unless your doctor or pharmacist tells you to.

### - Things to be careful of :

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**Allergy alert:** Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters or rash. These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

\* You should contact your health care provider if symptoms persist (if the pain lasts for more than 10 days, if there is redness or fever lasts more than 3 days).

\* Larger doses should be avoided in people with liver impairment. Paracetamol overdose may harm the liver.

\* It should be given with care to people with alcohol dependence.

\* Paracetamol provides symptomatic relief only, additional therapy to treat the cause of the pain or fever should be instituted when necessary.

## Side Effects

Adverse effects of paracetamol are rare and usually mild, although blood reactions have been reported. Skin hypersensitivity reactions including skin rashes, swelling under the skin or more serious life threatening reactions such as Stevens Johnson Syndrome/Toxic Epidermal Necrolysis have been reported. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel:03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI))

## Storage and Disposal of Panamol Syrup 120mg / 5mL

### - Storage

Store below 30°C, in a dry place, protected from direct light. Keep away from reach of children.

### - Disposal

Ask your doctor / pharmacist how to dispose of medicines no longer required or expired.

## Product Description

### - What it looks like

Orange coloured syrup.

### - Ingredients

- Active Ingredient(s)  
Paracetamol

### - Inactive Ingredients

Tutti Fruity  
Sunset Yellow  
Sorbitol  
Propylene Glycol  
Sugar  
Purified Water  
Sodium Saccharin  
Sodium Chloride

### - MAL Number

MAL19940190XCZ

## Manufacturer and Product Registration Holder

Terapeutics Sdn. Bhd. (590500-W)  
Lot 10 & 11, PERDA Industrial Park,  
Lorong IKS Simpang Ampat B,  
14100 Simpang Ampat S.P.S.,  
Pulau Pinang, Malaysia.

## Date of Revision

09/04/2018

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