

# PHARMANIAGA HIDERM OINTMENT

Hydrocortisone (1% w/w)

## What is in this leaflet

1. What PHARMANIAGA HIDERM OINTMENT is used for
2. How PHARMANIAGA HIDERM OINTMENT works
3. Before you use PHARMANIAGA HIDERM OINTMENT
4. How to use PHARMANIAGA HIDERM OINTMENT
5. While you are using it
6. Side effects
7. Storage and disposal of PHARMANIAGA HIDERM OINTMENT
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What PHARMANIAGA HIDERM OINTMENT is used for

It is used for the relief of inflammatory manifestations of corticosteroid responsive skin condition, including the anus and genital area.

**How PHARMANIAGA HIDERM OINTMENT works**  
PHARMANIAGA HIDERM OINTMENT contains hydrocortisone which belongs to a group of medicines called topical corticosteroids. PHARMANIAGA HIDERM OINTMENT works by reducing inflammation of the skin thus relieving the symptoms of redness, swelling and itchiness in certain skin conditions.

## Before you use PHARMANIAGA HIDERM OINTMENT

### -When you must not use it

Do not use PHARMANIAGA HIDERM OINTMENT if you have

- Known allergy to hydrocortisone or any other ingredients contained in this medicine as listed at the end of this leaflet.

- Skin lesions caused by infection with viruses (e.g. herpes simplex, chickenpox).
- Skin conditions caused by fungal infection (e.g. candidiasis, tinea) or bacteria (e.g. impetigo).

If you are not sure whether you should start using this medicine, talk to your doctor or pharmacist.

### -Before you start to use it

In infants and children, long-term continuous topical therapy should be avoided where possible, as adrenal suppression can occur

Appropriate antimicrobial therapy should be used whenever treating inflammatory lesions which have become infected. Any spread of infection requires withdrawal of topical corticosteroid therapy, and systemic use of antimicrobial agents.

As with all corticosteroids, prolonged application to the face is undesirable.

### Pregnancy and Lactation

You must tell your doctor if you are pregnant or breast-feeding. Your doctor or pharmacist will advise you if you can use PHARMANIAGA HIDERM OINTMENT during pregnancy or while you are breast-feeding.

### -Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you buy without a prescription from pharmacy, supermarket or health food shop

## How to use PHARMANIAGA HIDERM OINTMENT

Always use the medicine exactly as your doctor or pharmacist has told you. Read the directions on the labels carefully. If you have any concerns about how to use this medicine, talk to your doctor or pharmacist.

### -How much to use

Your doctor or pharmacist will advise you how much to use each day and for how long you will need to use.

Apply a thin layer to the affected area.

### -When to use it

Apply 2 – 3 times daily. Follow the directions on the label carefully and as instructed by your doctor or pharmacist.

### -How long to use it

Follow the instructions given by your doctor or pharmacist.

### -If you forget to use it

If you forget to apply the ointment, use it as soon as you remember. If it is almost time for your next application, wait until then to use the ointment and skip the missed dose. Do not apply extra to make up for the missed application.

### -If you use too much (overdose)

If you have accidentally applied too much PHARMANIAGA HIDERM OINTMENT, wipe off any excess.

In the case of long term overdose or misuse, the features of hypercorticism (increased hormone levels) may appear.

## While you are using it

### -Things you must do

Use the medication exactly as your doctor prescribed.

- This medicine is for external use only.
- Tell your doctor or pharmacist what other prescription and non-prescription medicines that you are taking.
- Wash your hands before and after using this ointment.

### -Things you must not do

Do not give PHARMANIAGA HIDERM OINTMENT to anyone else, even if they have the same

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symptoms or condition as you. Do not use your medicine to treat any other complaints unless your doctor or pharmacist tells you to. Avoid this medicine from getting into your eyes.

Do not use under a nappy or airtight dressing for more than seven days unless instructed by your doctor or pharmacist.

### -Things to be careful of

If irritation occurs, stop using it and inform your doctor or pharmacist.

### **Side effects**

Like all medicines, PHARMANIAGA HIDERM OINTMENT can cause side effects, although not everybody gets them. Inform your doctor or pharmacist immediately if you experience any side effects after using this medicine.

Side effects reported include itching, burning, dryness and acne-form eruptions. Local skin changes may occur where skin folds are involved or in areas such as the nappy area in small children where constant moist conditions increase the absorption of PHARMANIAGA HIDERM OINTMENT.

This effect is more likely to occur in infants and children

Systemic absorption has produced reversible manifestations of Cushing's Syndrome, high blood sugar and presence of sugar in the urine.

Other side effects not listed above may occur in some people. Ask your doctor or pharmacist to answer any questions you may have.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems /

*Side Effects / AEFI / Vaccine Safety).*

### **Storage and Disposal of PHARMANIAGA HIDERM OINTMENT**

#### -Storage

Keep all medicines out of the sight and reach of children.

Do not use this medicine after the expiry date stamped on the pack.

Store below 30°C. Keep tube tightly closed. Protect from light.

#### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product Description**

#### -What it looks like

A white, translucent ointment free from foreign matter.

#### -Ingredients

-Active ingredient(s):-

Each gram contains Hydrocortisone base micronised 1% w/w.

-Inactive ingredients:-

White Soft Paraffin, Light Mineral Oil.

#### -MAL number(s):-

MAL06030818AZ

### **Manufacturer**

Pharmaniaga Manufacturing Berhad (60016-D),  
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650, Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

### **Product Registration Holder**

Pharmaniaga Manufacturing Berhad (60016-D),  
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650, Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

### **Date of revision**

21/08/2017

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