## REXOM<sub>TM</sub> POTASSIUM CITRATE MIXTURE

Potassium Citrate (1.5g/5ml)

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# What REXOM Potassium Citrate is used for

For the relief of the symptoms of cystitis (inflammation of the bladder) and other mild urinary tract infections.

# $\begin{array}{ccc} How & REXOM_{TM} & Potassium & Citrate \\ works & & & \end{array}$

Potassium citrate has the action to make the urine alkaline thereby providing symptomatic relief of pain and discomfort during urination in the treatment of infections of the urinary tract.

## Before you use $REXOM_{TM}$ Potassium Citrate

## -When you must not use it

Do not take  $REXOM_{TM}$  Potassium Citrate if you have:

- allergic to potassium citrate or to other ingredients in it.
- high level of potassium in the blood
- abnormal heart rhythms
- Addison's Disease (insufficient steroid hormone production)
- · impaired kidney function

## -Before you start to use it Caution to the elderly.

## Pregnancy and lactation

Talk to you doctor before taking this medicine if you are pregnant, might become pregnant or are breastfeeding.

## -Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and REXOM $_{TM}$  Potassium Citrate may interfere with each other. They may be affected by REXOM $_{TM}$  Potassium Citrate or may affect how well it works.

#### It may interfere with:

- potassium sparing diuretics (increase urination without the loss of potassium)
- ACE inhibitors (to treat high blood pressure)
- Ciclosporin (to inhibit activity of immune system)
- Cardiac glycosides (to treat heart failure and certain irregular heartbeats)
- Salicylates (to reduce pain and fever)
- Tetracylines (to treat infection)
- Barbiturate (to treat seizures)
- Sympathomimetics and stimulants (to treat low blood pressure and heart failure)

## $\begin{array}{lll} \text{How to use } & \text{REXOM}_{\text{TM}} & \text{Potassium} \\ \text{Citrate} & & \end{array}$

#### -How much to use

- Always use REXOM<sub>TM</sub> Potassium Citrate exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.
- The mixture should be taken well diluted with water, after meals.
- · Shake well before use.

## The usual dose:

#### Cystitis:

Adults & children over 6 years: 10ml Children 1-6 years: 5ml

#### -When to use it

To be used 3 times daily. Use as directed by your doctor or pharmacist.

### -How long to use it

Continue taking REXOM<sub>TM</sub> Potassium Citrate as your doctor recommended. If symptoms persist, consult your doctor.

### -If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much REXOM $_{\text{TM}}$  Potassium Citrate may cause:

- Nausea
- Vomiting
- Abdominal pain
- Symptoms due to hyperkalemia and metabolic acidosis e.g abnormality heartbeat, muscle pain and muscle weakness
- rapid and shallow breathing and confusion.

# While you are using REXOM $_{\text{TM}}$ Potassium Citrate

#### -Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking REXOM<sub>TM</sub> Potassium Citrate.
- Tell your doctor immediately if you become pregnant while taking this medication.

## - Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give  $REXOM_{TM}$  Potassium Citrate to anyone else, even if they have the same symptoms or condition as you.

## REXOM<sub>TM</sub> POTASSIUM CITRATE MIXTURE

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### -Things to be careful of

Be careful driving or operating machinery until you know how REXOM Potassium Citrate affects you.

### **Side effects**

Like all medicines, REXOM<sub>TM</sub> Potassium Citrate can cause side effects, although not everybody gets them.

If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Mild nausea
- Vomiting due to gastric irritation.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website <a href="mailto:npra.moh.gov.my">npra.moh.gov.my</a> (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

# Storage and disposal of $REXOM_{TM}$ Potassium Citrate

## -Storage

Keep container tightly closed. Store below 30°C. Protect from light. Keep medicine out of reach of children.

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### **Product description**

-What it looks like

Colourless liquid with lemon flavor.

## -Ingredients

-Active ingredient Each 5ml contains 1.5g Potassium citrate.

-Inactive ingredients Chloroform, Lemon Flavour, Syrup Simplex, Citric Acid Anhydrous and Purified water.

## -MAL number

MAL19962488X

### Manufacturer and Product Registration Holder

KCK Pharmaceutical Industries Sdn. Bhd. Plot 61, Bayan Lepas Industrial Park Phase 4, 11900 Penang,

## Date of revision

30/10/2017

Malaysia.

#### **Serial Number**

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