## TRENTAL® TABLET

Pentoxifylline 400 mg

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#### What Trental is used for

Trental can be used to treat:

- Peripheral vascular disease (poor circulation to the arms and legs).
- Intermittent claudication (pain on walking or at rest caused by poor circulation to the legs).
- Cerebral circulatory disorders (poor circulation to brain which cause many conditions related to neurological function eg: vertigo & impairment of memory)

#### **How Trental works**

Trental contains a medicine called pentoxifylline.

This belongs to a group of medicines called peripheral vasodilators. It causes changes in your blood that help improve blood flow thus enhancing circulation in areas with impaired blood flow.

## Before you use Trental When you must not use it

Do not take Trental if:

- You are allergic (hypersensitive) to pentoxifylline, other similar medicines such as theophylline or aminophylline or to any of the other ingredients of Trental (see Section 8: Product description) Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue

- You have major bleeding
- You have had bleeding in the eye (retinal haemorrhage)

Do not take this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking Trental.

#### Before you start to use it

#### Take special care with Trental

- You feel dizzy, light-headed or faint when you stand or sit up too quickly (hypotension)
- You have problems with the blood supply to your heart caused by hardening or narrowing of the arteries
- You have liver or kidney problems If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before taking Trental.

#### Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes medicines you buy without a prescription, including herbal medicines. This is because Trental can affect the way some other medicines work. Also some medicines can affect the way Trental works.

In particular, tell your doctor if you are taking any of the following:

Trental may increase the effect of the

following medicines:

- Medicines for diabetes including tablets or insulin
- Medicines for high blood pressure
- Anticoagulants such as warfarin

When taken with Trental, the following medicines increase the chance of you getting side effects:

• Theophylline used to treat wheezing or difficulty in breathing

#### Pregnancy and breast-feeding

You should not take Trental if you are pregnant. Ask your doctor or pharmacist for advice before taking any medicine.

If you are breast-feeding or planning to breast- feed, talk to your doctor or pharmacist before taking Trental. This is because very small amounts may pass into the mothers' milk.

#### **Driving and using machines**

You may feel dizzy while taking this medicine. If this happens, do not drive or use any tools or machines.

#### How to use Trental

Always take Trental exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

#### How much to use

#### Adults including the elderly

The usual starting dose is 1 tablet (400mg) two or three times a day.

#### Patients with kidney problems

Your doctor may give you a lower dose if necessary.

#### When to use it

Take with or just after a meal **Taking this medicine** 

- Take this medicine by mouth
- Swallow the tablets whole with a drink of water

#### How long to use it

Continue taking your medicine for as long as your doctor continues to prescribe it.

Please talk to your doctor before you consider stopping treatment.

#### If you forget to use it

- If you forget a dose, take it as soon as you remember it
- However, if it is time for the next dose, skip the missed dose
- Do not take a double dose to make up for a forgotten dose

#### If you use too much (overdose)

If you take more tablets than you should, talk to a doctor or go to a hospital straight away. The following effects may happen:

- nausea
- vomiting
- rapid heart rate
- drop in blood pressure
- fever
- agitation
- skin reaction
- loss of consciousness
- seizure

#### While you are using it

#### Things you must do

- Take this medicine by mouth
- If you feel the effect of your medicine is too weak or too strong, do not change the dose yourself, but ask your doctor

#### Things you must not do

Do not give this medicine to anyone else, even if they have the same condition as yours.

Do not give this to children.

Do not use this medicine to treat any other complaints unless your doctor tells you to.

Do not stop taking Trental, or change the dosage, without checking with your doctor.

Do not stop taking Trental just because you feel better. If you stop, your illness may get worse.

## **Things to be careful of Driving and using machines**

You may feel dizzy while taking this medicine. If this happens, do not drive or use any tools or machines.

#### Side Effect

Like all medicines, Trental can cause side effects, although not everybody gets them.

Stop taking Trental and see your doctor or go to a hospital straight away if;

- If you have an allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue
- If you develop a condition called aseptic meningitis. Signs include headache, neck stiffness, eye pain or discomfort in bright light

# Tell your doctor as soon as possible if you have any of the following side effects or side effects not listed:

- You bruise more easily than usual. This could be because of a blood disorder (thrombocytopenia).
- Increased or fast heart beat (tachycardia)
- Chest pain (angina)
- Irregular heart beat (cardiac arrhythmia)
- Feeling sick (nausea) or being sick (vomiting), diarrhoea
- Headache, feeling dizzy, lightheaded or faint
- Flushing
- Feeling agitated, sleep problems
- An illness where the removal of bile from the liver is blocked (intrahepatic cholestasis). Signs include jaundice, rash or fever, and the colour of your water (urine) becomes darker
- Discomfort or bloating in the abdomen

#### **Blood tests**

Trental can change the levels of liver enzymes shown up in blood tests. This can mean that your liver is not working properly.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

#### Storage and Disposal of Trental

If you have any queries about any aspect of your medicine, or any questions regarding the information in this leaflet, discuss them with your doctor or pharmacist.

#### **Storage**

- Store below 25°C.
- Keep out of the reach and sight of children.
- Do not use Trental after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.
- Do not use Trental if you notice your tablets are crumbling, broken or discoloured.

#### **Disposal**

- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### **Product Description**

#### What it looks like

Trental are oblong pink coated tablets. They are supplied in cartons of 30 film-coated tablets.

#### Ingredients:

Active ingredient
Each film-coated tablet with
sustained release contains 400mg
pentoxifylline.

#### **Inactive Ingredients**

- Hydroxyethyl cellulose
- Polyvynilpirrolidone K-25
- Talcum
- Magnesium stearate
- Opadry II Pink
- Purified water
- Colouring agent · D&C Red No. 27.

#### **MAL Numbers:**

Trental Tablet 400mg: MAL19990996A

#### Manufacturer and Product Registration Holder

#### **Manufacturer**

sanofl-aventis de Mexico, S.A. de C.V. Acueducto del Alto Lerma No. 2 Zona Industrial Ocoyoacac, 52740 Ocoyoacac, Edo. de Mexico.

<u>Product Registration Holder</u> Sanofi-aventis (Malaysia) Sdn. Bhd. Unit TB-18-1, Level 18, Tower B, Plaza 33 No.1 Jalan Kemajuan, Seksyen 13, 46200 Petaling Jaya, Selangor Darul Ehsan, Malaysia.

### Date of revision

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