

# HORAMINE TABLET

Chlorpheniramine Maleate (4 mg)

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## What Horamine is used for

Horamine is used to treat the symptoms of allergic or vasomotor rhinitis (inflammation of the mucous membrane in the nose not caused by allergy), hay fever, urticarial (a red, raised, itchy rash), angioneurotic edema (swelling under the skin) and other itching skin conditions including itch of the anus, vulva, rashes, contact dermatitis (irritation caused by touching something) and insect bites.

## How Horamine works

This medicine belongs to a group known as antihistamines, which act to relieve the symptoms of allergies. It works by competing with histamine for H1-receptor sites, thereby preventing the action of histamine on the cell. Its antimuscarinic actions provide a drying effect that helps to relieve runny nose.

## Before you use Horamine

### - When you must not use it

Do not take this medicine if:

- you are allergic to antihistamines or any of the ingredients listed at the end of this leaflet.
- you are taking monoamine oxidase inhibitors
- you are taking other medicines containing antihistamines, including products for the relief of colds and coughs.

Not recommended in children below 6 years of age.

If you are not sure whether you should start taking this medicine, talk to your pharmacist or doctor.

### - Before you start to use it

Tell your doctor/pharmacist if:

- you are hypersensitive to antihistamines
- you are a nursing mother
- your children are below 6 years of age.

### - Taking other medicines

Horamine may affect or be affected by other medicines you are taking. Talk to your doctor or pharmacist if you are taking any other medicines in any form including any that you buy or obtained without a prescription.

They include:

- other antihistamines, including those used in cough and cold medicines, that make you sleepy
- Sleeping tablets, medicines for anxiety, antidepressants or atropine

Other interactions not stated may occur. Talk to your doctor or pharmacist if you have any other concerns.

## How to use Horamine

### - How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

### *Adults*

Oral, 1 tablet every 4 to 6 hours as needed, not exceeding 6 tablets daily.

### *Children 6 to 12 years*

Oral, half a tablet 3 or 4 times daily as needed, not exceeding 3 tablets a day.

### - When to use it

Use as directed by your doctor or pharmacist.

### - How long to use it

You are advised to take Horamine as long as your doctor tells you to.

### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

If you forget to take your dose, take it as soon as you remember. Skip the missed dose if it is almost time for your next dose. Do not take double dose to make up for a forgotten dose.

### - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause drowsiness, staggering gait (walking is uncoordinated and appears to be 'not ordered'), hallucinations, convulsions, difficulty breathing, chest tightness, low blood pressure (you may feel faint) or changes in heart rhythm and coma.

## While you are using Horamine

### - Things you must do

Tell your doctor:

- If you experience allergic reactions/ any of the unwanted side effects while taking the medicine.
- If you become pregnant while taking this medication

Tell all the doctors, dentists and pharmacists treating you that you are taking Horamine.

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Take your medicine exactly as your doctor has told you.

- Things you must not do

Do not:

- give Horamine to anyone else even if they have the same condition as you
- take your medicine to treat any other complaints unless you are told by your doctor or pharmacist
- take more than the recommended dose unless your pharmacist or doctor tells you to
- stop taking the medicine unless advised by your doctor

- Things to be careful of

Be careful when driving or operating machinery because Horamine may cause drowsiness. Avoid taking alcohol or other medications that will suppress your brain activities.

**Side effects**

Like all medicines, Horamine can cause side effects, although not everybody gets them. These effects can be serious.

Tell your doctor immediately if you think you are experiencing any of the following possible unwanted side effects while taking the medicine:

- drowsiness
- dryness of mouth, nose and throat
- gastrointestinal disturbances

Other unwanted side effects not listed may occur. Tell your doctor immediately if you experience any side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers→Reporting)

**Storage and disposal of Horamine**

- Storage

Keep out of reach of children.

Store below 25°C. Protect from moisture and light.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product description**

- What it looks like

Round, yellow uncoated tablet, shallow convex faces, "HD" embossed and scored on the same face.

- Ingredients

- Active ingredient

Each Horamine Tablet contains Chlorpheniramine Maleate 4 mg

- Inactive ingredients

Lactose Monohydrate  
Cornstarch  
Iron Oxide Yellow  
Polyvinylpyrrolidone  
Magnesium Stearate

- MAL Number

MAL19860093AZ

**Manufacturer**

HOVID Bhd.  
Lot 56442, 7 ½ Miles, Jalan Ipoh/  
Chemor, 31200 Chemor, Malaysia.

**Product Registration Holder**

HOVID Bhd.  
121, Jalan Tunku Abdul Rahman,  
30010 Ipoh, Malaysia.

**Date of revision**

19/10/2015

**Serial number**

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