

SOMIN TABLET

Dexchlorpheniramine Maleate (2mg)

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What SOMIN TABLET is used for

SOMIN TABLET is used to relieve symptoms of red, itchy, watery eyes; sneezing; itchy nose or throat; and runny nose caused by allergies, hay fever or common cold. It is used to relieve allergic reaction to blood or plasma and treat urticaria, a skin condition characterized by symptoms of swelling, redness and itching. It is also used as adjunctive treatment for anaphylactic reaction controlled by Epinephrine and other standard measures.

How SOMIN TABLET works

SOMIN TABLET is an antihistamine with anticholinergic properties. It works by blocking the action of histamines, biological substances in the body that produces symptoms of sneezing, itching, watery eyes and runny nose.

Before you use SOMIN TABLET

- When you must not use it
You must not take SOMIN TABLET if you are allergic towards Dexchlorpheniramine Maleate. The signs of an allergic reaction can include hives, difficulty breathing and swelling of lips, tongue, throat or face.
- Before you start to use it
Consult doctor and pharmacist regarding the consumption of SOMIN TABLET for pregnant or breastfeeding women, acute asthma patient, premature infants and neonates.

Tell doctor or pharmacist if you are allergic to any other medicines or you

have any other health related problems such as:

- narrow angle glaucoma (buildup of pressure inside the eye)
 - urinary retention and
 - prostatic hypertrophy (enlargement of the prostate gland)
 - history of bronchial asthma
 - hyperthyroidism (a raised level of thyroid hormone)
 - cardiovascular (heart) disease
 - high blood pressure
- Taking other medicines
SOMIN TABLET may cause unwanted effect if it is use together with monoamine oxidase inhibitors (antidepressant), tricyclic antidepressants (antidepressant), barbiturates (anxiolytics & hypnotics) and alcohol.

Seek for your doctor or pharmacist advice if you are taking any of the medication mentioned or other medicines, including those you have bought without a prescription.

How to use SOMIN TABLET

- How much to use
Adults: 2mg four to six hourly as required

Children: 2 to 5 years: 0.5mg every four to six hours up to a maximum 3mg in 24 hours.

6 to 11 years: 1mg every four to six hours up to a maximum of 6mg in 24 hours.
- When to use it
SOMIN TABLET should be taken according to the time advised by your doctor or pharmacist. It should be taken orally with or without food.
- How long to use it
SOMIN TABLET should be taken regularly and as long as your doctor advised you to do so.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too many tablets may cause low blood pressure

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking SOMIN TABLET.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give SOMIN TABLET to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

SOMIN TABLET can cause side effects that may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert and awake after consuming SOMIN TABLET.

Side effects

SOMIN TABLET may cause sedation, dizziness and incoordination. It may also cause gastrointestinal disturbance such as nausea, vomiting, diarrhea or constipation, anorexia or increased appetite and epigastric pain. Please tell your doctor or pharmacist if you experience any other side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of SOMIN TABLET

- Storage

Store below 30°C, protect from light & moisture.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

SOMIN TABLET is a pink colour round tablet with a diameter 6.4mm, one side impressed with a “C” and the other side with a score.

- Ingredients

- Active ingredient.

Dexchlorpheniramine Maleate

- Inactive ingredients

Microcrystalline cellulose

Starch

Sodium Starch Glycolate

Colloidal Silicon Dioxide

Talc

Polyethylene Glycol

Magnesium aluminometasilicate

Food Red No. 6

- MAL number:

MAL19940294A

Manufacturer & Product Registration Holder

Y.S.P. Industries (M) Sdn. Bhd.
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23 October 2015

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