

HYPERSIL 20mg TABLETS

Consumer Medication Information Leaflet (RiMUP)

Lisinopril 20mg

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What Hypersil 20mg Tablets is used for

Hypersil contains a medicine called lisinopril. This belongs to a group of medicines called ACE inhibitors.

Hypersil can be used for the following conditions:

- To treat high blood pressure (hypertension).
- To treat heart failure.
- If you have recently had a heart attack (myocardial infarction).
- To treat kidney problems caused by Type II diabetes in people with high blood pressure.

How Hypersil 20mg Tablets works

Hypersil works by making your blood vessels widen. This helps to lower your blood pressure. It also makes it easier for your heart to pump blood to all parts of your body.

Before you use Hypersil 20mg Tablets

- When you must not take it
 - You are allergic (hypersensitive) to lisinopril or any of the other ingredients of Hypersil.
 - You have ever had an allergic reaction to another ACE inhibitor medicine. The allergic reaction may have caused swelling of the hands, feet, ankles, face, lips, tongue or throat. It

may also have made it difficult to swallow or breathe (angioedema).

- A member of your family has had severe allergic reactions (angioedema) to an ACE inhibitor or you have had severe allergic reactions (angioedema) without a known cause.
 - If you are pregnant.
- Before you start to take it
Check with your doctor or pharmacist before taking Hypersil if:

- You have a narrowing (stenosis) of the aorta (an artery in your heart) or a narrowing of the heart valves (mitral valves).
- You have a narrowing (stenosis) of the kidney artery.
- You have an increase in the thickness of the heart muscle (known as hypertrophic cardiomyopathy).
- You have problems with your blood vessels (collagen vascular disease). You have low blood pressure. You may notice this as feeling dizzy or light-headed, especially when standing up.
- You have kidney problems or you are having kidney dialysis.
- You have liver problems.
- You have diabetes.
- You have recently had diarrhoea or vomiting (being sick).
- Your doctor has told you to control the amount of salt in your diet.
- You have high levels of cholesterol and you are having a treatment called 'LDL apheresis'.
- You must tell your doctor if you think you are (or might become) pregnant. Hypersil is not recommended pregnancy.

If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before taking Hypersil.

Treatment for allergies such as insect stings

Tell your doctor if you are having or are going to have treatment to lower the effects of an allergy such as insect stings (desensitisation treatment). If you take Hypersil while you are having this treatment, it may cause a severe allergic reaction.

Operations

If you are going to have an operation (including dental surgery) tell the doctor or dentist that you are taking Hypersil. This is because you can get low blood pressure (hypotension) if you are given certain local or general anaesthetics while you are taking Hypersil.

Breast-feeding

Tell your doctor if you are breast-feeding or about to start breast-feeding. Hypersil is not recommended for mothers who are breast-feeding, and your doctor may choose another treatment for you if you wish to breast-feed, especially if your baby is newborn, or was born prematurely.

Driving and using machines

Some people feel dizzy or tired when taking this medicine. If this happens to you, do not drive or use any tools or machines.

You must wait to see how your medicine affects you before trying these activities.

- Taking other medicines
Tell your doctor if you are taking, or have recently taken, any other medicines. This includes medicines that you buy without a prescription. This is because Hypersil can affect the way some medicines work and some medicines can have an effect on Hypersil.

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In particular, tell your doctor or pharmacist if you are taking any of the following medicines:

- Other medicines to help lower your blood pressure such as atenolol and propranolol
- Water tablets (diuretic medicines) eg potassium supplements, potassium-sparing diuretics or potassium-containing salt substitutes.
- Medicines to break up blood clots (usually given in hospital).
- Nitrate medicines (for heart problems).
- Non-steroidal anti-inflammatory drugs (NSAIDs) used to treat pain and arthritis.
- Aspirin (Acetylsalicylic acid), for treating mild to moderate pain and to reduce fever or inflammation.
- Medicines for depression (eg tricyclic antidepressants) and for mental problems, including lithium, antipsychotics.
- Insulin or medicines that you take by mouth for diabetes.
- Anesthetics which is a drug that causes reversible loss of sensation
- Sympathomimetic drugs which are used to treat cardiac arrest and low blood pressure

How to take Hypersil 20mg Tablets

- How much to take
Swallow the tablet with a drink of water.

Adults

Your dose depends on your medical condition and whether you are taking any other medicines. Your doctor will tell you how many tablets to take each day. Check with your doctor or pharmacist if you are unsure.

For high blood pressure

- The usual starting dose is 10 mg once a day.
- The usual long-term dose is 20 mg once a day.

For heart failure

- The usual starting dose is 2.5 mg once a day.
- The long-term dose is 5 to 20 mg once a day.

After a heart attack

- The usual starting dose is 5 mg within 24 hours of your attack and 5 mg one day later.
- The usual long-term dose is 10 mg once a day.

For kidney problems caused by diabetes

- The usual dose is either 10 mg or 20 mg once a day.

• When to take it

Hypersil can be taken before or After food.

• How long to take it

Keep taking Hypersil for as long as your doctor tells you to, it is a long term treatment. It is important to keep taking Hypersil every day.

• If you forget to take it

If you forget to take a dose, take it as soon as you remember. However, if it is nearly time for the next dose, skip the missed dose.

Do not take a double dose to make up for a forgotten dose.

• If you take too much (overdose)

If you accidentally take too many tablets, contact your doctor, pharmacist, or your nearest hospital emergency department immediately.

While you are using Hypersil 20mg Tablets

• Things you must do

Always take Hypersil exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Once you have started taking Hypersil your doctor may take blood tests. Your doctor may then adjust your dose so you take the right amount of medicine for you.

• Things you must not do

Do not stop taking your tablets, even if you are feeling well, unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

• Things to be careful of

Taking your first dose

Take special care when you have your first dose of Hypersil or if your dose is increased. It may cause a greater fall in blood pressure than later doses.

This may make you feel dizzy or light-headed. If this happens, it may help to lie down. If you are concerned, please talk to your doctor as soon as possible.

Side Effects

Like all medicines, Hypersil can cause side effects, although not everybody gets them.

If you experience any of the following reactions or any other reactions not mentioned in this leaflet, kindly seek your doctor's advice immediately:

- Dizziness
- Headache
- Diarrhoea
- Vomiting
- Fatigue
- Cough
- Nausea
- A sudden fall in blood pressure when standing up or stretching
- Kidney problem

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If you notice any other side effects not mentioned in this leaflet please tell your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of Hypersil 20mg Tablets

Storage

Store below 30°C.

Disposal

Do not use after the expiry date stated on the label.

Take any unused tablets back to your pharmacist to be destroyed. Only keep the tablets if the doctor tells you to. Do not throw them away with your normal household water or waste. This will help to protect the environment.

Product Description

- What it looks like

Hypersil Tablets 20mg are Pink, circular, biconvex, uncoated tablets with '20' embossing on one side & 'BL' embossing on the other side.

- Ingredients

Active Ingredient

Each tablet contains: Lisinopril dihydrate equivalent to Lisinopril 20mg

Inactive ingredients

Calcium hydrogen phosphate, Mannitol, Maize starch, Ferric oxide, Magnesium Stearate, Purified water

- MAL No.

MAL12105069AC

Manufacturer

IPCA Laboratories Ltd

Plot No 255/1, Athal, Silvassa Dadra and Nagar Haveli, 396230 India.

Product Registration Holder

Actavis Sdn Bhd

(formerly known as Ascent Pharmahealth Malaysia Sdn Bhd)

Unit 304, Level 3, Uptown 2, 2 Jalan SS21/37, Damansara Uptown, 47400 Petaling Jaya, Selangor Darul Ehsan, Malaysia

Date of Revision

04-08-2014