

SINUGEN TABLET

Paracetamol/Pseudoephedrine hydrochloride/Chlorpheniramine maleate (500mg/30mg/2mg)

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What Sinugen is used for

Sinugen is used for temporary relief of sinus congestion and pain. The antihistamine helps to relieve the irritation of allergic symptoms such as sneezing, itching and watery eyes.

How Sinugen works

Sinugen contains pseudoephedrine hydrochloride, chlorpheniramine maleate and paracetamol. Paracetamol helps to relieve pain and fever. Pseudoephedrine hydrochloride is a nasal decongestant. It works by causing the narrowing of the blood vessels in the nasal passages. Chlorpheniramine maleate blocks the effects of histamine. Histamine is a chemical released in the body during an allergic reaction which causes itching and inflammation.

Before you use Sinugen

- When you must not use it

- Do not take Sinugen if you are
- allergic to its active ingredients or to other ingredients in it.
 - taking, or have taken in the last two weeks, drugs for depression known as monoamine oxidase inhibitors (MAOIs).
 - having high blood pressure.
 - hyperthyroidism (a raised level of thyroid hormone)

- Before you start to use it

- Inform your doctor or pharmacist if you have any of the following medical conditions:
- heart disease
 - diabetes
 - glaucoma (increased pressure within the eye)
 - impaired liver or kidney function

Safety for use in pregnancy and lactation has not been established. Get advice from a doctor or pharmacist. It should be avoided, especially during the first trimester.

- Taking other medicines

Tell your doctor if you are taking alcohol, sedatives, medicines for treating high blood pressure (guanethidine or methyl dopa), stimulants or appetite suppressants, medicines for congestion and mood disorders.

Tell your doctor if you are taking any other medicines that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Sinugen

- How much to use

Adult and children over 12 years: 1 – 2 tablets, every 4 - 6 hours (not more than 8 tablets in one day).

Follow all directions given by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Sinugen for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention. Symptoms of overdose are hepatotoxicity (damage or injury to the liver caused by medicine, chemical or other agent), hypoglycemia (low sugar level in blood), jaundice, abdominal pain, vomiting, sweating and low blood pressure.

While you are using Sinugen

- Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Sinugen.
- Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor.
- Do not give Sinugen to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Caution when driving or doing jobs requiring alertness because of possible drowsiness. Avoid alcoholic beverages.

Side effects

Like all medicines, Sinugen can cause side effects, although not everybody gets them. Visit the doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Allergic reactions e.g. skin rash rarely occurs, difficult urination for male patients with enlarged prostate. Insomnia and drowsiness may occur.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and disposal of Sinugen

- Storage

Store in a cool, dry place below 30°C. Protect from light. Keep out of reach and sight of children.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Yellow, round and biconvex tablet.

- Ingredients

- Active ingredients: paracetamol, pseudoephedrine hydrochloride and chlorpheniramine maleate.
- Inactive ingredients: cornstarch, quinolone yellow lake, magnesium stearate and polyvinylpyrrolidone.

- MAL number:

MAL05092216A

Manufacturer and Product Registration Holder

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