UNIZET EXPECTORANT

Diphenhydramine Hydrochloride/Bromhexine Hydrochloride/Guaiphenesin/Ammonium Chloride/Levomenthol (8mg/4mg/50mg/100mg/1mg per 5ml)

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What UNIZET is used for

It is recommended for productive cough and alleviation of nasal stuffiness, sneezing, lachrymation (flow of tears), mucolytic congestion and bronchial congestion.

How UNIZET works

Bromhexine is a mucolytic agent which works by thinning the mucus in the airways, thus making the mucus less sticky and it facilitates the removal of the mucus.

Guaiphenesin is reported to reduce viscosity of tenacious sputum and is used as expectorant (to remove mucus). Diphenhydramine is an antihistamine which works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction. Levomenthol and flavoured syrupy base give soothing effects.

Before you use UNIZET

- When you must not use it

Do not use it when you have:

- Impaired liver or kidney functions.
- history of peptic ulceration.

Do not give to premature infants and neonates, this group of patients has an increased susceptibility to antimuscarinic effect.

Pregnancy and lactation

Do not take UNIZET if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take UNIZET if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

- UNIZET is not to be used in children less than 2 years of age. To be used with caution and doctor's advice in children 2 to 6 years of age.
- UNIZET should be used with caution in conditions with closed angle glaucoma (increased pressure inside the eyes), urinary retention, prostatic hyperplasia (enlargement of prostat) and pyloroduodental obstruction (gastric outflow obstruction).

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

Some medicines may interact with UNIZET. They include:

- central nervous system (CNS) depressants
- monoamine oxidase inhibitors (MAOIs) for depression

How to use UNIZET

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults

10ml (2 teaspoonfuls) every 3 or 4 hours, not to exceed 12 teaspoons in 24 hours.

Children aged 6 to 12 years One 5 ml dose of syrup 4 times a day. Maximum daily dose 20 ml syrup.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking UNIZET for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking UNIZET.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give UNIZET to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. Do not use machines until you know how UNIZET affects you.

Side effects

Like all medicines, UNIZET can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

This medicine may cause:

- Nausea
- Vomiting
- Profound acidosis (an increased acidity in the blood)
- Hypokalaernia (low potassium level)
- Sedation varying from slight drowsiness to deep sleep and including lassitude, dizziness and incoordination
- Dry mouth
- Thick respiratory tract secretion
- Blurred vision
- Urinary difficulty and retention,
- Reduced tone and motility of gastrointestinal tract resulting in constipation increased gastric reflux.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website

<u>portal.bpfk.gov.my</u> (Consumers → Reporting).

Storage and disposal of UNIZET

- Storage

Keep the bottle tightly closed and protected from light.

Store below 30°C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

- What it looks like

Clear red coloured liquid free from foreign matter, with characteristic flavor and odour.

- Ingredients

- Active ingredients

Diphenhydramine Hydrochloride, Bromhexine Hydrochloride, Guaiphenesin, Ammonium Chloride, Levomenthol.

- Inactive ingredients

Sucrose, Sodium Benzoate, Saccharin Sodium, Glycerol, Tartaric Acid, Propylene Glycol, Citric Acid Monohydrate, Sodium Citrate, Ponceau 4R, Sweet orange Essence S 618, Purified Water.

- <u>MAL number:</u> MAL06051293A

Manufacturer

Alembic Pharmaceuticals Limited Plot No. 21/22, EPIP, Phase I, Jharmajri, Baddi, Dist. Solan, HP – 173 205, India.

Product Registration Holder

Unimed Sdn Bhd No.53, Jalan Tembaga SD 5/2B, Bandar Sri Damansara, 52200 Kuala Lumpur.

Date of revision

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Serial number

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