

REXOMTM VITAMIN B6 TABLET

Pyridoxine Hydrochloride (Vitamin B6) (20mg)

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What REXOMTM Vitamin B6 is used for

For the prevention and treatment of pyridoxine deficiency.

How REXOMTM Vitamin B6 works

REXOMTM Vitamin B6 contains pyridoxine hydrochloride, which is Vitamin B6. It helps the body convert food into fuel, metabolize fats and proteins, maintain proper functioning of nerves, and produce red blood cells.

Before you use REXOMTM Vitamin B6

-When you must not use it

- It should not be used in people known to be hypersensitive to pyridoxine hydrochloride or other components of the formulation.
- Safety and efficacy have not been established for use in children.

-Before you start to use it

Pregnancy and lactation

- Talk to your doctor before taking this medicine if you are pregnant, might become pregnant or are breastfeeding.
- Pyridoxine hydrochloride requirements are increased during pregnancy and lactation but concentration in breast milk varies in response to the intake of vitamins.
- Pyridoxine hydrochloride may inhibit lactation by prolactin hormone suppression.

-Taking other medicines

Inform your doctor or pharmacist before taking this medicines, including any that you get without a prescription from your

pharmacy, supermarket or health food shop.

How to use REXOMTM Vitamin B6

-How much to use

Always use REXOMTM Vitamin B6 exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

The usual dose:

Vitamin B6 Dependency syndrome:

600 mg/day and 30 mg/day for life.

Deficiencies due to isoniazid:

Recommended prevention doses:

6 to 100 mg daily.

Treatment of established neuropathy (damage to peripheral nerve):

50 to 200 mg daily.

Recommended Dietary allowances:

Adult males : 1.7 - 2 mg

Adult females : 1.4 - 1.6 mg

Dietary Deficiency:

10 - 20 mg daily for 3 weeks.

Follow up treatment is recommended daily for several weeks with an oral therapeutic multivitamin containing 2 mg to 5 mg pyridoxine hydrochloride.

-When to use it

Use as directed by your doctor or pharmacist.

-How long to use it

Continue taking REXOMTM Vitamin B6 as your doctor recommended. If symptoms persist, consult your doctor.

-If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

-If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Large doses of Vitamin B6 may cause yellow discoloration of urine.

While you are using REXOMTM Vitamin B6

-Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking REXOMTM Vitamin B6.
- Tell your doctor immediately if you become pregnant while taking this medication.

-Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give REXOMTM Vitamin B6 to anyone else, even if they have the same symptoms or condition as you.

-Things to be careful of

Large doses are not recommended without doctor's advice.

Side effects

Pyridoxine and riboflavine is a water soluble vitamin. Therefore it seldom causes toxicity on persons with normal kidney functions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and disposal of REXOMTM Vitamin B6

-Storage

Keep container tightly closed. Store below 30°C. Protect from heat and light. Keep medicine out of reach of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

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Pyridoxine Hydrochloride (Vitamin B6) (20mg)

Product description

-What it looks like

Round with top score, yellow colour tablet.

-Ingredients

-Active ingredient

Pyridoxine Hydrochloride (Vitamin B6)

-Inactive ingredients

Riboflavine, Lactose, Magnesium stearate, Corn starch and Deionized water.

-MAL number

MAL19911373X

Manufacturer and Product

Registration Holder

KCK Pharmaceutical Industries Sdn.
Bhd.

Plot 61, Bayan Lepas Industrial Park
Phase 4, 11900 Penang,
Malaysia.

Date of revision

14/11/2017

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