

# DEXTROPHAN SYRUP

Dextromethorphan hydrobromide (15mg / 5ml)

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## What DEXTROPHAN is used for

This medicine is used to relieve dry cough due to minor throat irritation occurring with cold or inhaled irritants.

## How DEXTROPHAN works

Dextromethorphan is a cough suppressant. It acts on the cough centre in the brain, hence reducing cough.

## Before you use DEXTROPHAN

- When you must not take it

Do not take this medicine if you have allergy to Dextromethorphan or any of the other ingredients listed at the end of this leaflet

Do not give the medicine to children below 2 years old. Consult your doctor or pharmacist's advice for children from 2 to 6 years old.

- Before you start to use it

Inform your doctor if:

- You have productive cough (with phlegm).

- You have any history of asthma or respiratory disease.
- You have any liver disease.
- You are pregnant or planning to become pregnant

### - Taking other medicines

Alert your doctor or pharmacist if you are taking or have recently taken any other medicines, including those you bought without a prescription

Some medicines and DEXTROPHAN may interfere with each other, including but not limited to:

- *Monoamine oxidase inhibitor* - furazolidone and procarbazine (To treat depression)
- Central nervous system depressant - alcohol, medicines that cause sleepiness

## How to use DEXTROPHAN

- How much to use

Follow all instructions exactly as given to you by your doctor or pharmacist. The following information only serves as guidance, hence the dose and frequency for you may be different

The recommended dose of DEXTROPHAN is:

*Adults and children over 12 years:*

5ml every 4 hours or 10ml every 6 - 8 hours. Do not exceed 40ml per day.

*Children 6 – 12 years:*

2.5ml every 4 hours or 5ml every 6 - 8 hours. Do not exceed 20ml per day.

*Children 2 – 6 years:*

1 - 2 ml every 4 hours or 2.5ml every 6 - 8 hours. Do not exceed 10ml per day.

*Children under 2 years:*

Not recommended.

- When to use it

Take DEXTROPHAN as per the instruction from your doctor or pharmacist.

- How long to use it

The recommended duration for taking DEXTROPHAN will depend on your condition. DEXTROPHAN is usually taken only for a short time until your symptoms clear up.

Please take DEXTROPHAN as per the instruction from your doctor or pharmacist.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

- If you use too much (overdose)

Some symptoms you may experience are excitement and confusion. However, hallucination (hear, smell, taste or feel things that do not exist) and (low breathing rate) may occur at very high dose.

Alert your doctor immediately or go to Accident and Emergency at your nearest hospital, if you think that you or anyone else may have taken too much DEXTROPHAN.

Do this even if there are no signs of discomfort or poisoning.

#### While you are using it

- Things you must do

Please follow your doctor and pharmacist's instructions carefully.

If cough persists after medicine has been used for 7 days or if high fever, skin rashes or continuing headache is present with cough, consult your doctor.

Remind your doctor and pharmacist that you are taking DEXTROPHAN if need to be started on any new medicine.

- Things you must not do

Do not take DEXTROPHAN to treat any other complaints unless being instructed by your doctor.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take DEXTROPHAN for prolonged period with high dosage.

- Things to be careful of

Driving and using machines:  
Side effects such as dizziness and drowsiness may occur. If affected, you should not drive or operate machinery.

If you feel that the effect of DEXTROPHAN is too strong or too weak, consult your doctor for appropriate action.

#### Side effects

Like all medicines, DEXTROPHAN can cause side effects. However, they appear to be rare.

The following undesirable effects have been reported:

- Drowsiness
- Dizziness
- Nausea
- Vomiting
- Stomach pain

Tell your doctor or pharmacist if you notice anything else that is making you uncomfortable. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (*Public Reporting Medicinal Problems/Side Effects/AEFI/Vaccine Safety*).

#### Storage and Disposal of DEXTROPHAN

- Storage

Keep your medicine in the original container and tightly closed.

Store it in a dry place where the temperature stays below 30°C. Protect from light.

Keep out of reach of children

- Disposal

Do not use DEXTROPHAN after the expiry date.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

These measures will help to protect the environment

#### Product Description

- What it looks like

A brown, cherry flavoured syrup

DEXTROPHAN available in 60ml or 90ml bottle

- Ingredients

- Active ingredient:

Each 5ml of syrup contains 15mg dextromethorphan hydrobromide.

- Inactive ingredients

- Chloroform spirit
- Liquid caramel
- Sorbitol 70%
- Menthol
- Sodium chloride
- Saccharin sodium
- Refined sugar
- Methylparaben /propylparaben
- Cherry flavour
- Citric acid
- Trisodium citrate
- Glycerine

- MAL number

MAL19930519AZ

#### Manufacturer

Upha Pharmaceutical Mfg. (M) Sdn Bhd (53667-M)  
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

#### Product Registration Holder

Upha Pharmaceutical Mfg. (M) Sdn Bhd (53667-M)  
Lot 2&4, Jalan P/7, Section 13, Bangi Industrial Estate, 43650 Bandar Baru Bangi, Selangor Darul Ehsan

#### Date of Revision

15/02/2018

#### Serial Number:

NPRA(R4/1)130218/00048