

COUGH-EN RX LINCTUS

Dextromethorphan hydrobromide/Phenylephrine hydrochloride/Tripolidine hydrochloride (15mg/5mg/1.25mg per 5ml)

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What is Cough-en Rx Linctus used for

Cough-en Rx Linctus is used:

- For the relief of dry irritating coughs such as those associated with common cold, upper respiratory tract infections, allergic (seasonal) rhinitis (inflammation of the mucous membrane inside the nose), vasomotor (perennial) rhinitis and hay fever.
- to dry up running nose and open congested bronchi (airway) to aid clear breathing passages.

How Cough-en Rx Linctus works

Dextromethorphan Hydrobromide is a cough suppressant which acts centrally to raise the threshold for coughing.

Phenylephrine Hydrochloride is a decongestant which works by reducing swelling of the blood vessels in the air passages, thereby making it easier to breathe.

Tripolidine Hydrochloride is an antihistamine which works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction.

Before you use Cough-en Rx Linctus

When you must not use it

Do not use Cough-en Rx Linctus if you are allergic to any ingredients in this medicine.

Not to be used in children below 2 years old. To be used with cautions, and as advised by the physician/pharmacist for children age 2 to 6 years.

Before you start to use it

Tell your doctor or pharmacist before using Cough-en Rx Linctus if you:

- are pregnant or plan to get pregnant.
- are breast-feeding or plan to start breast-feeding.

- have persistent cough due to smoking, lung disease (emphysema) or asthma.
- are coughing with excessive secretions.
- have liver, lungs, heart or metabolic problems, e.g. asthma, high blood pressure, high blood sugar, overactive thyroid gland.
- are taking medicines for antidepressant, e.g. MAOIs (monoamine oxidase inhibitors) or within 2 weeks from stopping such treatment.
- have epilepsy (seizure).
- have prostate enlargement and/or bladder disorder.
- have glaucoma (increased pressure in the eye).
- have gastrointestinal problems such as stenosing peptic ulcer and pyloroduodenal obstruction (blockade in the outlet of the stomach).

Taking other medicines

Tell your doctor or pharmacist if you are taking or having recently taken any other medicines. This includes any medicines which you have bought without a prescription.

Cough-en Rx Linctus may react with:

- betahistine, certain hypnotic and anxiolytic medication, metoclopramide, and antiparkinson medicine.
- sympathomimetic agents such as decongestants, tricyclic antidepressants and appetite suppressants.
- monoamine oxidase inhibitors (MAOIs) for depression.
- bretylium, bethanidine, guanethidine, debrisoquine, methyl dopa and alpha- and beta-adrenergic blocking agents

How to use Cough-en Rx Linctus

How much to use

- *Adult and children over 12 years*
10ml 3 times a day.
- *Children 6 to 12 years*
5ml 3 times a day.
- *Children 2 to 5 years*
2.5ml 3 times a day.

When to use it

Follow the prescription from your doctor or pharmacist.

How long to use it

Follow the prescription from your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine.

If symptoms do not improve within one week or accompanied with high fever, consult a physician before continuing use.

If you forget to use it

Use it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include difficulty in breathing, paranoid psychosis, delusions, hallucination, sudden and irregular movement of muscles, high blood pressure and slow heart rate.

While you are using Cough-en Rx Linctus

Things you must do

- Always wash your hand before handling the medicine.
- Take the medicine at the same time each day.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Cough-en Rx Linctus.
- Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

- Do not use this medicine by yourself without prescription from your doctor or pharmacist.
- Do not take any new medicines without consulting your doctor.
- Do not give Cough-en Rx Linctus to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

This preparation may cause drowsiness. If affected, do not drive motor vehicle or operate machinery. Avoid alcoholic drink while on this medication.

Side effects

- Drowsiness, dizziness
- High blood pressure
- Constipation

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- Dry mouth
- Gastrointestinal discomfort
- Sleeplessness, restlessness
- Mental disruption
- Irregular heart beat
- Tightness of chest
- Rashes
- Blood disorders
- Thickening of secretions

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Seek immediate medical attention if you experience any side effects or allergic reactions.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and disposal of Cough-en Rx Linctus

Storage

Store in a cool place below 30 °C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

How it looks like

Red, clear syrup with blackcurrant flavour.

Ingredients

Active ingredients

Dextromethorphan Hydrobromide,
Phenylephrine Hydrochloride, Tripolidine Hydrochloride.

Inactive Ingredients

Syrup, Sorbitol Solution 70%, Glycerin,
Saccharin Sodium, Sodium Benzoate,
Menthol, Chloroform Spirit, Carmoisine Colour Powder, Fruity Flavour, Purified Water.

MAL number

MAL07061426A

Manufacturer and Product Registration Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd