

PRIME NUTMEG MEDICATED OINTMENT

Nutmeg oil / Menthol / Camphor / Eucalyptus Oil (21% w/w / 5% w/w / 5% w/w / 12% w/w)

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What *Prime Nutmeg Medicated Ointment* is used for

It is used to temporary relief of minor aches and pains associated with muscular pains, sprains and cramps.

How *Prime Nutmeg Medicated Ointment* works

Prime Nutmeg Medicated Ointment contains nutmeg oil which is a mild rubefacient. It also contains menthol which causes a sensation of coldness followed by an pain relieving effect.

Before you use *Prime Nutmeg Medicated Ointment*

- When you must not use it
- allergic to the ingredients of the product.

- Before you start to use it

Stop application if skin irritation occurs. Risk benefits should be considered for pregnant or breastfeeding mothers. Safety for use in pregnancy and lactation has not been established.

Not recommended for infants below 2 years. Caution must be exercised when older children are treated.

- Taking other medicines

The medicine is for topical application, usually will have minimal effect on other medications.

However, please inform the doctor or pharmacist if taking other medicines.

How to use *Prime Nutmeg Medicated Ointment*

- How much to use
Apply to affected part.

- When to use it
Apply three times daily.

- How long to use it
You should check with your doctor or pharmacist.

- If you forget to use it
If forget to use this medicine, use it as soon as remember. Then next, use this medicine at the usual time.

- If you use too much (overdose)
If used too much *Prime Nutmeg Medicated Ointment*, contact your doctor, an emergency department or a poison center immediately.

While you are using *Prime Nutmeg Medicated Ointment*

- Things you must do
Inform doctor of medications that you are taking.

- Things you must not do
Do not stop using medication although feeling better after a few days, until the prescribed course is finished. It is dangerous to place any camphor containing product into the nostrils of children. A small amount applied this way may cause immediate collapse.

- Things to be careful of

If pregnant or become pregnant or breast-feeding during treatment, should not use *Prime Nutmeg Medicated Ointment* unless doctor advised.

Side effects

Menthol may give rise to allergic reactions, including hives, flushing and headache. If any of the side effects become serious or any other side effects not listed in this leaflet, please inform the doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of *Prime Nutmeg Medicated Ointment*

- Storage
Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

- Disposal
Ask your pharmacist how to dispose of medicines no longer required.

Product description

- What it looks like
Semi solid white ointment.

- Ingredients:
- Active ingredients: nutmeg oil, menthol, camphor and eucalyptus oil
- Inactive ingredients: hard paraffin, white soft paraffin and cetostearyl alcohol.

- MAL number:
MAL19988549X

Manufacturer and Product Registration Holder

Prime Pharmaceutical Sdn. Bhd.
1505, Lorong Perusahaan Utama 1
Taman Perindustrian Bukit Tengah
14000 Bukit Mertajam, Penang, Malaysia.

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