

CINTSU Sustained Release Film-coated Tablet

Verapamil Hydrochloride 240mg

What is in this leaflet

This leaflet answers some common questions about CINTSU sustained release film-coated tablet. It does not contain all the available information. Please talk to healthcare professionals for further information.

What CINTSU SR F.C. Tablet is used for

It is used for treatment of high blood pressure.

How CINTSU SR F.C. Tablet works

CINTSU blocks the entering of calcium ions into cardiac and vascular smooth muscle. This helps to relax the vascular smooth muscle which then results in lowering the blood pressure. CINTSU Sustained release form provides longer therapeutic effect with convenience of one tablet daily dosing.

Before you use CINTSU SR F.C. Tablet

When you must not take it

You must not take CINTSU when you are allergic to verapamil hydrochloride. If you have other severe heart problems you should not take this medicine.

Before you start to take it

Tell your doctor if you are using any other medicines.

Taking other medicines

Tell your doctor if you are taking any other medication. There may be an interaction between other groups of drugs such as β -blockers, anti-arrhythmic drugs, general anaesthetics, cyclosporine, theophylline, lithium, carbamazepine, quinidine, simvastatin and others.

How to take CINTSU SR F.C. Tablet

How much to take

The initial dose should start at 120mg (half tablet) and can be increased to one tablet (240mg) once daily according to your doctor's direction.

When to take it

CINTSU should be taken in the morning or in the evening.

How long to take it

CINTSU should be taken according to doctor's prescription.

If you forgot to take it

If you miss a dose of CINTSU and you are taking it regularly, take it as soon as possible. If several hours have passed or if it is nearing time for the next dose, do not double the dose to catch up, unless advised by your health care provider. Do not take 2 doses at once.

If you take too much

Quickly seek for medical attention if you think that you or anyone else have taken too much CINTSU.

While you are using ANLODIN Tablet

Things you must do

Take the tablet according to doctor's prescription.

Things you must not do

Do not stop taking this medicine or change the dosing regimen without instruction of your doctor. Do not give CINTSU to anyone else, even if they have the same condition as you.

Things to be careful of

Should be used with caution in patient with impaired renal function, patients with impaired hepatic function, pregnant lady, nursing mothers, children below 18 years old and elderly. Blood pressure and other heart conditions should be monitored while taking CINTSU.

Side effects

Side effects include constipation, dizziness, nausea, drop of blood pressure, headache, swelling of legs, fatigue, shortness of breath, elevated liver enzymes, reduction of heart rate, allergic reactions, nervousness, breast enlargement in men, and swelling of gum.

After using CINTSU SR F.C. Tablet

Storage


Store below 30°C, protect from light & moisture.

Disposal

Tell your doctor or pharmacist if you stop taking the tablets or the tablets have passed their expiry date, ask them what to do with any tablets that are left over.

Product description

What it looks like

CINTSU is a white, elliptical film-coated tablet with imprint "SR240" at one side of the tablet & two scores at the other side of the tablet. 

Ingredients

Verapamil Hydrochloride
Magnesium Stearate
Sodium Alginate
Dimethicone
Silicon Dioxide
Lubric Wax
Titanium Dioxide
Cellulose
Povidone
Alginic Acid
Talc

MAL no.

MAL19990602A

Manufacturer

Y.S.P. Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru
Bangi, 43000 Kajang, Selangor D.E.,
Malaysia.

Date of revision :

13th June 2012

Marketing Authorization Holder

Y.S.P Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru Bangi,
43000 Kajang, Selangor Darul Ehsan,
Malaysia.

CINTSU Sustained Release Film-Coated Tablet

Verapamil Hydrochloride 240mg

Apakah yang ada pada risalah ini

Risalah ini ditulis untuk menjawab soalan-soalan yang kerap ditanya tentang CINTSU Sustained Release Film-Coated Tablet. Risalah ini hanya mengandungi sebahagian maklumat. Sila rujuk kepada ahli profesional kesihatan untuk keterangan lanjut.

Apakah kegunaan CINTSU Sustained Release Film-Coated Tablet

CINTSU digunakan untuk rawatan tekanan darah tinggi.

Bagaimana CINTSU Sustained Release Film-Coated Tablet berfungsi

CINTSU menghalang kemasukan ion kalsium ke otot jantung dan otot licin salur darah. Ini membantu relaksasi otot licin salur darah dan menyebabkan penurunan tekanan darah tinggi. Ia memberi kesan terapeutik yang lebih panjang dengan hanya satu tablet sehari.

Sebelum Mengambil CINTSU Sustained Release Film-Coated Tablet

Bila tidak boleh mengambil

Jika anda alergic dengan verapamil hydrochloride. Elakkan pengambilan ubat ini jika anda mempunyai masalah jantung yang serius.

Sebelum mula mengambil

Beritahu doktor jika anda alergic terhadap sebarang ubat ataupun mempunyai sebarang masalah kesihatan.

Jika mengambil ubat-ubat lain

Beritahu doktor jika anda mengambil sebarang ubat. Interaksi mungkin berlaku jika diambil bersama dengan kumpulan ubat yang lain seperti β -blockers, ubat anti-arrhythmic, ubat bius yang umum, cyclosporine, theophylline, lithium, carbamazepine, quinidine, simvastatin dan lain-lain.

Cara menggunakan CINTSU Sustained Release Film-Coated Tablet

Berapa banyak harus diambil

Dos pemulaan adalah 120mg (separuh tablet) dan boleh ditambah ke 240mg (satu tablet) sehari berdasarkan arahan doktor.

Bila perlu diambil

Ia perlu diambil pada waktu pagi ataupun petang.

Berapa lama perlu diambil

Ia perlu diberikan berdasarkan kepada preskripsi doktor.

Jika terlupa mengambil

Jika anda terlupa satu dos, ambil dos itu secepat mungkin. Jika sudah beberapa jam selepas masa makan ubat berlalu ataupun sudah mendekati masa pengambilan dos yang kedua, jangan mengambil dos yang berganda untuk menggantikan dos yang terlupa, kecuali dinasihati oleh doktor.

Jika mengambil berlebihan (terlebih dos)

Minta perhatian perubatan dengan segera jika anda mengambil lebih dos.

Semasa menggunakan CINTSU Sustained Release Film-Coated Tablet

Perkara yang perlu dilakukan

Ikut preskripsi doktor anda semasa mengambil ubat ini.

Perkara yang tidak boleh dilakukan

Jangan berhenti mengambil ubat ini atau mengubah pengambilan dos tanpa arahan doktor. Jangan memberi ubat ini kepada sesiapa walaupun simptom mereka serupa dengan anda.

Perkara yang perlu diberi perhatian

Perhatian perlu diberi jika diguna oleh pesakit dengan kemerosotan fungsi ginjal, kemerosotan fungsi hati, wanita mengandung dan laktasi, kanak-kanak di bawah 18 tahun dan orang tua. Tekanan darah dan keadaan jantung harus diberi perhatian semasa mengambil CINTSU

Kesan-kesan sampingan

Kesan sampingan termasuk sembelit, pening kepala, loya, penurunan tekanan darah, sakit kepala, kaki bengkak, tidak bermaya, susah bernafas, peningkatan enzim hati, penurunan denyutan jantung, alergic, kebimbangan, pembesaran payu dara di kalangan kaum lelaki, dan gusi bengkak.

Selepas menggunakan CINTSU Sustained Release Film-Coated Tablet

Cara penyimpanan



Simpan di bawah suhu 30°C, elakkan daripada terdedah kepada keadaan panas dan lembap.

Cara pelupusan

Beritahu doktor atau ahli farmasi anda jika anda berhenti mengambil ubat ini atau ubat ini telah luput tarikh, sila bertanya kepada doktor atau ahli farmasi tentang cara pengendalian ubat yang tertinggal.

Maklumat lanjut

Rupa dan warna produk

CINTSU adalah tablet bersalut filem yang berwarna putih dan berbentuk ellips. Ia dicetak dengan "SR240" pada salah satu permukaan dan 2 skor pada sebalah permukaan yang lain.  

Bahan-bahan kandungan

Verapamil Hydrochloride
Magnesium Stearate
Sodium Alginate
Dimethicone
Silicon Dioxide
Lubric Wax
Titanium Dioxide
Cellulose
Povidone
Alginic Acid
Talc

MAL no.

MAL19990602A

Pengilang

Y.S.P. Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru
Bangi, 43000 Kajang, Selangor D.E.,
Malaysia.

Marketing Authorization Holder:

Y.S.P Industries (M) Sdn. Bhd.
Lot 3,5 & 7, Jalan P/7, Section 13,
Kawasan Perindustrian Bandar Baru Bangi,
43000 Kajang, Selangor Darul Ehsan,
Malaysia.

Tarikh kemaskini RiMUP :

13th Jun 2012