

COUGH-EN LINCTUS

Triprolidine hydrochloride/Dextromethorphan hydrobromide/Pseudoephedrine hydrochloride (1.25mg/15mg/30mg per 5ml)

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What is Cough-en Linctus used for

Cough-en Linctus is used:

- to relief dry irritating coughs such as those associated with common cold, upper respiratory tract infections, allergic (seasonal) rhinitis (inflammation of the mucous membrane inside the nose), vasomotor (perennial) rhinitis and hay fever.
- to dry up running nose and to open congested bronchi to clear the breathing passages.

How Cough-en Linctus works

Dextromethorphan Hydrobromide is a cough suppressant which acts centrally to raise the threshold for coughing.

Pseudoephedrine Hydrochloride is used to relieve nose congestion by narrowing of the blood vessel in the nasal passages.

Triprolidine Hydrochloride helps to reduce secretion in the nose by blocking a certain natural substance (histamine) that your body makes during an allergic reaction.

Before you use Cough-en Linctus

When you must not use it

Do not use Cough-en Linctus if you are allergic to any ingredients in this medicine.

Not to be used in children below 2 years old. To be used with cautions, and as advised by the physician/pharmacists for children age 2 to 6 years.

Before you start to use it

Tell your doctor or pharmacist before using Cough-en Linctus if you:

- are pregnant or plan to become pregnant.
- are breast-feeding or plan to start breast-feeding.
- have persistent cough due to smoking, lung disease or asthma.
- are coughing with excessive secretions.

- have liver, lungs, heart disease, asthma, high blood pressure, high blood sugar, overactive of thyroid gland.
- Are taking medicines for antidepressant, e.g. MAOIs (monoamine oxidase inhibitors) or within 2 weeks from stopping such treatment.
- have epilepsy (seizure).
- have prostate enlargement and/or bladder disorder.
- have glaucoma (increased pressure in the eye).
- have stenosing peptic ulcer (ulcer that is causing narrowing in the gut) or pyloroduodenal obstruction (blockade in the outlet of the stomach).

Taking other medicines

Tell your doctor or pharmacist if you are taking or having recently taken any other medicines. This includes any medicines which you have bought without a prescription.

Cough-en Linctus should not be taken with betahistine, certain hypnotic and anxiolytic medication, metoclopramide and antiparkinson drugs.

How to use Cough-en Linctus

How much to use

- *Adult and children over 12 years*
10ml 3 times a day.
- *Children 6 to 12 years*
5ml 3 times a day.
- *Children 2 to 5 years*
2.5ml 3 times a day.

When to use it

Follow the prescription from your doctor or pharmacist.

How long to use it

Follow the prescription from your doctor or pharmacist. Ask your doctor or pharmacist before prolonged use of this medicine. If symptoms do not improve within one week or accompanied by high fever, consult a physician before continuing use.

If you forget to use it

Use it as soon as you remember, unless it is nearly time for your next dose, skip the missed dose. Then go on as before. Never double up on the next dose to make up for the one missed.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Symptoms of overdose include difficulty in breathing, mental disruption (paranoid psychosis, delusions, hallucinations), sudden and irregular movement of muscles.

While you are using Cough-en Linctus

Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Cough-en Linctus.
- Always wash your hand before handling the medicine.
- Take the medicine at the same time each day.

Things you must not do

- Do not take any new medicines without consulting your doctor.
- Do not give Cough-en Linctus to anyone else, even if they have the same symptoms or condition as you.
- Do not use this medicine by yourself without prescription from your doctor or pharmacist.

Things to be careful of

This preparation may cause drowsiness, if affected do not drive motor vehicle or operate machinery. Avoid alcoholic drinks while on this medication.

Side effects

- Drowsiness, dizziness
- Constipation
- Dry mouth
- Gastrointestinal disturbances
- Sleeplessness, restlessness
- Mental disruption
- Irregular heart beat
- Tightness of chest
- Rashes
- Blood disorders
- Thickening of secretions

Seek immediate medical attention if you experience any side effects or allergic reactions.

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You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumer Reporting)

Storage and disposal of Cough-en Linctus

Storage

Store in a cool place below 30 °C.

Keep out of the reach of the children.

Do not use this medicine after expiry date.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

How it looks like

Red, clear syrup with blackcurrant flavour.

Ingredients

Active ingredients

Dextromethorphan Hydrobromide,

Pseudoephedrine Hydrochloride,

Triprolidine Hydrochloride.

Inactive Ingredients

Saccharin Sodium, Syrup, Glycerin,

Sodium Benzoate, Purified Water,

Chloroform Spirit, Indigo carmine,

Menthol, Blackcurrant Flavour,

Carmoisine.

MAL number

MAL19940070A

Manufacturer and Product Registration

Holder

Xepa-Soul Pattinson (Malaysia) Sdn Bhd

1-5 Cheng Industrial Estate,

75250 Melaka, Malaysia.

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