# TRINOLONE CREAM

Triamcinolone (0.1% w/w)

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#### What Trinolone Cream is used for

It is used for Treatment of acute or chronic inflammatory skin disorder such as localized neurodermatitis, psoriasis, atopic or seborrheic dermatitis, the inflammatory phase of abnormally dry skin and itching of anus and genital.

## **How Trinolone Cream works**

The active ingredient in this medicine is triamcinolone, is a synthetic flucocorticoid and has potent anti-inflammatory, hormonal and metabolic effects.

## Before you use Trinolone Cream

## - When you must not use it

Do not use Trinolone Cream if you are hypersensitive to triamcinolone or other corticosteroids or any ingredients in this product listed at the end of this leaflet.

## - Before you start to use it

Systemic absorption of topical corticosteroids has produced reversible adrenal gland suppression causing manifestations of Cushing's syndrome, high blood sugar level and presence of sugar in the urine.

Conditions which increase systemic absorption include the application of the more potent steroids use over large surface areas, prolonged use and the addition of occlusive dressings.

So, your doctor will plan some tests for these conditions. If adrenal gland suppression is noted, your doctor will withdraw the medicine, reduce the frequency of application, or to substitute a less potent steroid

## Usage in children

Children may demonstrate greater susceptibility to topical corticosteroid induced adrenal suppression and Cushing's syndrome than adults because of a larger skin surface area to body weight ratio.

Manifestations of adrenal suppression in children include growth retardation, delayed weight gain, low plasma cortisol levels, and absence of response to some hormone stimulation.

Increased blood pressure in the brain has been reported in children receiving topical corticosteroids.

## Pregnancy and breastfeeding

You should check with your doctor if you are or think you may be pregnant, planning to become pregnant or if you are breastfeeding.

#### - Taking other medicines

There are a few medicines which may interact with Trinolone Cream. It is important to tell your doctor or pharmacist about all the medicines that you are taking, including those obtained without doctor's prescription.

## **How to use Trinolone Cream**

## - How much to use

Topical application.

A thin film of the cream is applied to the affected skin one to three times a day. Dosage of once or twice a day is often effective.

## - When to use it

Trinolone cream is to be applied when needed and as prescribed by doctor.

## - How long to use it

It is important to use Trinolone cream as long as your doctor prescribes.

## - If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

## - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have use too much of this medicine. Do this even if there are no signs of discomfort. You may need urgent medical attention.

## While you are using it

## - Things you must do

Take your medicine exactly as your doctor has prescribed.

## - Things you must not do

Do not share your medicine with other even if they have the same symptoms or problem as you.

#### - Things to be careful of

If you experience any side effects, irritation or infections consult your doctor or pharmacist for advice.

## **Side effects**

Like all medicines, Trinolone Cream can cause side effects, although not everybody gets them.

The side effects are itching, burning, stinging, dryness, follicle inflammation, abnormal hair growth, acne eruptions, lightening of the skin, rashes around the mouth, allergic contact skin inflammation, softening of the skin color, secondary infection, skin thinning, stretch mark and heat rashes.

Any other effects not listed above may also occur in some people. Please refer to your doctor or pharmacist if you experience any other symptoms while taking this medication.

You may report any side effect or adverse drug reaction directly to the National Centre for Adverse Drug Reaction Monitoring by calling 03-78835550, or visiting the website portal.bpfk.gov.my

(Consumers→Reporting).

# Storage and disposal of Trinolone cream

## <u>- Storage</u>

Store at temperature 25  $^{\circ}$ C. Protect from light.

#### <u>- Disposai</u>

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

# **Product Description**

- What it looks like

A white and smooth cream

#### - Ingredient(s)

- Active Ingredient

Triamcinolone

- Inactive Ingredients
- White Soft Paraffin
- Ethylene Diaminetetraacetate
- Chlorocresol Propylene Glycol
- Cetostearyl Alcohol
- Deionised Water
- Cetomacrogol 1000

## - MAL number MAL19910856A

## Manufacturer

Sunward Pharmaceutical Sdn. Bhd. No. 9,11 & 17, Jalan Kempas 4, Taman Perindustrian Tampoi Indah, 81200 Johor Bahru, Johor, Malaysia.

## **Product Registration Holder**

Sunward Pharmaceutical Sdn. Bhd. No. 9,11 & 17, Jalan Kempas 4, Taman Perindustrian Tampoi Indah, 81200 Johor Bahru, Johor, Malaysia.

## Date of revision

31/12/2015

## **Serial Number**

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