

# ANGSOBIDE TABLET

Isosorbide dinitrate (10mg)

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## What ANGSOBIDE is used for

ANGSOBIDE is used as preventive treatment of chest pain (angina pectoris).

## How ANGSOBIDE works

ANGSOBIDE works by widening the blood vessels and so making the work of the heart easier in the case of vascular spasm in the heart.

## Before you take ANGSOBIDE

- When you must not take it

You must not use ANGSOBIDE in the following cases:

- in shock
- in low blood pressure
- in disease of the heart muscles (constrictive cardiomyopathy)
- in certain diseases of the pericardium (constrictive pericarditis, pericardial tamponade)
- if you are hypersensitive to any of the ingredients

- Before you start to use it

Talk to your doctor before you start using ANGSOBIDE if you suffer from any of the following:

- intracranial hypertension (abnormally high pressure inside the skull)
- heart disease
- reduced oxygen level in the blood (hypoxaemia)
- blood deficiency (anaemia)

- Taking other medicines

Inform your doctor if you are taking any other medication at the same time as ANGSOBIDE.

Certain medicines may affect or be affected by treatment with ANGSOBIDE.

These include:

- medicines used for depressant treatment (eg. tricyclic antidepressants)
- medicine use to treat high blood pressure (eg: beta blocker)
- anticholinergic agents which usually treat diseases like asthma, incontinence, gastrointestinal cramps, and muscular spasms.

Consult your doctor if you are not sure as they will have a more detail and complete list of medicines which may interact with ANGSOBIDE if taken together

## How to take ANGSOBIDE

- How much to take

Your doctor will determine the dose that is suitable for you. The usual dose is 5 to 30mg four times daily.

- When to take it

Whole or divided tablets must not be chewed or crushed and must be swallowed with at least 1/2 a glass of fluid.

- How long to take it

Do not stop taking your tablets, even if you are feeling well, unless your doctor tells you to.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

- If you forget to take it

If you forget to take a dose, take it as soon as you remember. However, if it is nearly time for the next dose, skip the missed dose.

Do not take a double dose to make up for a forgotten dose.

- If you take too much (overdose)

If you take too large a dose of the medicine always contact your doctor, hospital for assessment of the risk and advice.

## While you are using ANGSOBIDE

- Things you must do

Take your medication as advised by your doctor or pharmacist.

- Things you must not do

Do not stop taking the medication unless being told by your doctor or pharmacist.

- Things to be careful of

### Pregnancy:

There is limited experience of use in pregnancy. Therefore talk to your doctor if you are pregnant or before you start to use ANGSOBIDE.

**Breast-feeding:**

It is not known whether isosorbide dinitrate is transferred into breast milk. Therefore talk to your doctor before regular use of ANGSOBIDE while breast-feeding.

**Driving and operating machinery**

ANGSOBIDE can impair the ability to react, as you may experience dizziness when taking the medicine. You should bear this in mind before driving or operating machinery.

**Side effects**

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking this medicine.

Do not be alarmed by the following list of side effects. You may not experience any of them.

Tell your doctor or pharmacist if you notice any of the following and they worry you:

- Headache and dizziness
- Cardiovascular – peripheral oedema (abnormally accumulation of fluid in certain tissue within the body)
- Dermatological – rash, exfoliative dermatitis
- Gastrointestinal – nausea, vomiting
- Haemotological – severe hypotension (low blood pressure), bradycardia (abnormally slow heart beat)

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel:

03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumers -> Reporting)

**Storage & disposal of ANGSOBIDE**

- Storage

Keep your medicine in its original packaging until it is time to take them.

If you take the tablets out of the pack, they may not keep well.

Keep your medicine in a place where the temperature will stay below 30°C.

Do not store your medicine, or any other medicine, in the bathroom or near a sink.

Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it. A locked cupboard at least one and a half metres above the ground is a good place to store medicines.

- Disposal

If your doctor or pharmacist tells you to stop taking ANGSOBIDE, or the tablets have passed their expiry date, ask your pharmacist what to do with any medicine that is left over.

Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment.

**Product description**

- What it looks like

ANGSOBIDE 10mg tablet - A 7 mm, scored tablet, very light yellow in colour with 'flower' marking.

Government tender - A 7mm round, scored tablet, very light yellow in colour with markings 'KKM/DUO' and a 'flower'.

- Ingredients

Active ingredient:  
Each ANGSOBIDE 10mg tablet contains 10mg isosorbide dinitrate

Inactive ingredients:

- Quinoline Yellow
- Cornstarch
- Purified Water
- Lactose
- Colloidal Anhydrous Silica
- Sodium Starch Glycolate
- Magnesium Stearate

- MAL Number:

MAL07122771AZ

**Manufacturer**

Duopharma (M) Sdn Bhd.  
(42491-M)  
Lot. 2599, Jalan Seruling 59,  
Kawasan 3, Taman Klang Jaya,  
41200 Klang,  
Selangor DarulEhsan,  
Malaysia.

**Product Registration Holder**

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