

TOZAAR TABLET

Losartan Potassium (25mg, 50mg)

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What Tozaar is used for

Hypertension

'Tozaar' (Losartan potassium) tablet is indicated for the treatment of high blood pressure (hypertension). It may be used alone or in combination with other antihypertensive agents, including diuretics.

Hypertensive Patients with Left Ventricular Hypertrophy

'Tozaar' (Losartan potassium) tablet is indicated to reduce the risk of stroke in patients with high blood pressure (hypertension) and a thickening of the heart wall (left ventricular hypertrophy), but there is evidence that this benefit does not apply to Black patients.

Nephropathy in Type 2 Diabetic Patients

To protect the kidney in hypertensive type 2 diabetic patients with laboratory evidence of impaired renal function and proteinuria (a condition in which urine contains an abnormal amount of protein).

How Tozaar works

Losartan belongs to a group of medicines known as angiotensin-II receptor antagonists. Angiotensin-II is a substance produced in the body which binds to receptors in

blood vessels, causing them to tighten. This results in an increase in blood pressure. Losartan prevents the binding of angiotensin-II to these receptors, causing the blood vessels to relax which in turn lowers the blood pressure. Losartan slows the decrease of kidney function in patients with high blood pressure and type 2 diabetes.

Before you use Tozaar

- When you must not use it

Do not take Tozaar:

- If you are allergic to losartan or to any of the other ingredients of this medicine
- If you are pregnant, trying to get pregnant or think you may be pregnant.
- If you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Tell your doctor if:

- you have had a history of angioedema (swelling of the face, lips, throat, and/or tongue),
- you are known to have narrowing or blockage of the blood vessels leading to your kidneys or if you have received a kidney transplant recently,
- your liver function is impaired
- you suffer from coronary heart disease (caused by a reduced blood flow in the blood vessels of the heart) or from cerebrovascular disease (caused by a reduced blood circulation in the brain),

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription

from a pharmacy, supermarket or health food shop.

For example:

- Medicines which retain potassium or may increase potassium levels (e.g. potassium supplements, potassium-containing salt substitutes or potassium-sparing medicines such as certain diuretics [amiloride, triamterene, spironolactone]).

How to use Tozaar

- How much to use

For high blood pressure:

For most patients, the usual starting dose is one 50 mg tablet taken once a day. The maximal blood pressure lowering effect should be reached 3-6 weeks after beginning treatment. In some patients the dose may later be increased to 100 mg Losartan once daily.

Hypertensive Patients with Left Ventricular Hypertrophy:

The usual starting dose is 50 mg of Tozaar once daily. The dose may later be increased to 100 mg Losartan once daily depending on your blood pressure response.

Renal Protection in Type 2 Diabetic Patients with Proteinuria and Hypertension:

The usual starting dose is 50 mg once daily. The dose may be increased to 100 mg once daily based on blood pressure response.

- When to use it

Take your Tozaar at about the same time each day.

Swallow Tozaar with a glass of water.

- How long to use it

Continue taking Tozaar for as long as your doctor recommends.

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- *If you forget to use it*

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- *If you use too much (overdose)*

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it

- *Things you must do*

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Tozaar.

Tell your doctor immediately if you become pregnant while taking this medication.

- *Things you must not do*

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Tozaar to anyone else, even if they have the same symptoms or condition as you.

- *Things to be careful of*
Driving and using machines

If the tablets make you feel sick, dizzy or tired do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Tozaar can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

Dizziness, headache, tiredness or weakness, cough, diarrhea, dyspepsia or impaired digestion, cramp muscle, myalgia or muscle pain, pain back, pain leg, sleep disorders, nasal congestion, upper respiratory infection, serious disorder and sinusitis.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Tozaar

- *Storage*

Store below 30° C.

- *Disposal*

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- *What it looks like*

TOZAAR 25MG TABLET:
White colour, oval shaped, biconvex film coated tablet with break line on both sides with thickness: 3.00mm, length: 8.25mm. and width: 4.50mm.

TOZAAR 50MG TABLET:

White colour, oval shaped, biconvex film coated tablet break line on both the sides with thickness: 3.70mm, length: 10.45mm. and width: 5.60mm.

- *Ingredients*

- Active ingredient
Losartan Potassium

- Inactive ingredients
Lactose anhydrous
Starch, Pregelatinized
Magnesium stearate
Microcrystalline Cellulose
Purified talc
Colloidal Silicon dioxide
Hypromellose
Hydroxypropyl cellulose
Titanium dioxide

- *MAL number(s):*

TOZAAR 25MG TABLET:
MAL10110005A
TOZAAR 50MG TAB:
MAL10110006A

Manufacturer

TORRENT
PHARMACEUTICALS LTD.
Indrad 382 721, District: Mehsana
INDIA.

Product Registration Holder

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Date of revision

20/03/2014