

HERBESSER R100 / R200

Diltiazem Hydrochloride (100mg, 200mg)

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What Herbesser R is used for

Herbesser R is used to treat hypertension and angina. Hypertension is high blood pressure. Angina is a severe chest pain which occurs when the heart muscles do not receive enough oxygen.

How Herbesser R works

Herbesser R works by relaxing and opening up the blood vessel. This allows blood to circulate more freely around the body, lowering blood pressure and helping more oxygen to reach the heart.

Before you use Herbesser R**- When you must not use it**

Do not use this product if you have any heart problem like heart block.

Do not use this product if you are allergic to Diltiazem Hydrochloride, or any other ingredients in this medication.

Pregnancy and lactation

Do not take Herbesser R if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take Herbesser R if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

Before you start to take this medication, let your doctor know if you have:

- any other medical condition, especially any heart related disease, or low blood pressure.

- have undergone, or is planning to take any sort of operation, minor or major.

- Taking other medicines

Some medications might cause unwanted complications when taken together with Herbesser R. These medications include:

- anti-hypertensive agents
*lowering blood pressure

- beta-blocking agents
*irregular heart rate

- theophylline
*delay in theophylline clearance in your body

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Herbesser R**- How much to use**

The usual adult dosage for oral use is 100-200mg once a day. The dosage may be adjusted depending on the patient's age and symptoms.

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking Herbesser R for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using it**- Things you must do**

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Herbesser R.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Herbesser R to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of***Driving and using machines***

This medicine may affect your ability to drive or use machines. If the capsules make you feel sick, dizzy or

tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Herbesser R can cause side effects, although not everybody gets them.

Common side effects include: Dizziness, headache, stomach discomfort, nausea, or diarrhea.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Herbesser R

- Storage

Keep out of the reach and sight of children.

Store at below 30°C. After opening, avoid humidity.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

Herbesser R100 - White hard capsule with white to pale yellowish white beads filling.

Herbesser R200 - Red and white hard capsule with white to pale yellowish white beads filling.

- Ingredients

- Active ingredient
Diltiazem hydrochloride

- Inactive ingredients
Fumaric Acid, Povidone, Non-pareil seeds, Ammonio methacrylate copolymer Type A&B, Talc

- MAL number:

Herbesser R100
MAL20000015ARZ

Herbesser R200
MAL20000016ARZ

Manufacturer

Manufactured by:
Mitsubishi Tanabe Pharma Factory Ltd.,
Onoda Plant
7473-2, Ooaza Onoda, SanyoOnoda,
Yamaguchi, SanyoOnoda,JAPAN.

Repacked by:
PT. Tanabe Indonesia
Jalan Rumah Sakit No. 104,
Ujungberung, Bandung 40612, Indonesia

Product Registration Holder

Pharmaforte (M) Sdn Bhd
2, Jalan PJU 3/49
Sunway Damansara
47810 Petaling Jaya

Date of revision

15/6/2015

Serial Number

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