## PRIME B1 TABLET

Vitamin B1 (100mg)

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#### What Prime B1 is used for

It is used for treatment of vitamin B1 deficiency conditions.

#### **How Prime B1 works**

Vitamin B1 is associated with carbohydrate metabolism. In vitamin B1 deficiency, pyruvic and lactic acids will accumulate in the body tissues.

#### Before you use Prime B1

- When you must not use it
Do not take Prime B1 if allergic to any ingredients in the tablets.

#### - Before you start to use it

Large doses may interfere with metabolism of other members of the vitamin B group and may cause symptoms of other deficiency states in poorly nourished patients.

## - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

#### How to use Prime B1

## - How much to use

100mg daily or according to the doctor. Follow all directions given by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

#### - When to use it

Use as directed by your doctor or pharmacist.

## - How long to use it

Continue taking Prime B1 for as long as your doctor recommends.

#### - If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it. Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

## - If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

#### While you are using Prime B1

## - Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Prime B1.

Tell your doctor immediately if you become pregnant while taking this medication.

## - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Prime B1 to anyone else, even if they have the same symptoms or condition as you.

## - Things to be careful of

Large doses are not recommended without doctor's advice.

#### Side effects

Generally, Prime B1 is well tolerated. However, visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

#### Storage and Disposal of Prime B1

#### - Storage

Store in cool, dry place below 25°C. Protect from light.
Keep out of reach of children.

#### - <u>Disposal</u>

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

#### **Product description**

- What it looks like

White, round, biconvex, top-scored tablet.

#### - Ingredients

- Active ingredient: thiamine mononitrate
- Inactive ingredients: cornstarch, lactose monohydrate, polyvinylpyrrolidone and magnesium stearate

## - <u>MAL number:</u>

MAL19912106X

# **Manufacturer and Product Registration Holder**

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