

# REMATRIL CAPSULE

Glucosamine sulphate (250mg)

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## What *Rematril* is used for

It is used as adjuvant therapy for osteoarthritis (degeneration of joint cartilage and the underlying bone).

## How *Rematril* works

Glucosamine is effective in all forms of degenerative bone and joint diseases, both long and short term, with elimination or reduction of joint pains, improvement of joint functions and inhibition or regression of the degenerative process. It also has lubricant activity by increasing synovial fluid production.

## Before you use *Rematril*

### - When you must not use it

- allergic to glucosamine or other ingredients in it.

### - Before you start to use it

Consult the doctor before taking *Rematril*. Glucosamine sulphate is a causal therapy and the effect is only seen after a week. Therefore, it is advisable to include an anti-inflammatory medicine (in case of severe pains) during the first days of treatment.

### - Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use *Rematril*

### - How much to use

Light to moderate symptoms – 2 capsules twice daily for at least 6 weeks. Severe symptoms – 2 capsules three times daily.

### - When to use it

Take this medicine 15 minutes before food.

### - How long to use it

Treatment should be repeated every other 6 months or less according to medical prescription. You should check with your doctor or pharmacist.

### - If you forget to use it

Do not take a double dose to make up for a forgotten tablet.

### - If you use too much (overdose)

If taken too much *Rematril*, contact your doctor, an emergency department or a poison center immediately.

## While you are using *Rematril*

### - Things you must do

Inform doctor of medications that you are taking.

### - Things you must not do

Do not stop taking medication although feeling better after a few days, until the prescribed course is finished.

### - Things to be careful of

If pregnant or become pregnant or breast-feeding during treatment, should not take *Rematril* unless doctor advised.

## Side effects

Like all medicines, *Rematril* can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine. Swelling, increased heart rate, drowsiness, headache, difficulty sleeping, nausea, vomiting, diarrhoea, gastric pain, indigestion, constipation, heartburn, loss of appetite, redness of the skin and itchiness.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## Storage and Disposal of *Rematril*

### - Storage

Keep container tightly closed. Store in cool, dry place below 30°C. Protect from light. Keep out of reach of children.

### - Disposal

Ask your pharmacist how to dispose of medicines no longer required.

## Product description

### - What it looks like

Red opaque cap/cream opaque body hard capsules.

### - Ingredients:

- Active ingredient: glucosamine sulphate.
- Inactive ingredients: lactose monohydrate, cornstarch, magnesium stearate and aerosil.

### - MAL number:

MAL19992597X

## Manufacturer and Product Registration Holder

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