# APO-INDAPAMIDE TABLET

Indapamide (2.5mg)

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# What Apo-Indapamide is used for

Indapamide belongs to the family of medications called diuretics ("water pills"). It is used alone or in combination with other medications for the treatment of high blood pressure.

## How Apo-Indapamide works

This medication works by making the body lose excess water and salt.

## Before you use Apo-Indapamide

- When you must not take it

Indapamide should not be taken by anyone who:

- is allergic to indapamide or sulfa (sulfonamide) medications (e.g., sulfamethoxazole) or to any of the ingredients of this medication
- is unable to expel urine
- is in hepatic coma (a coma induced by severe liver disease)
- has cerebrovascular complications (disorder of circulation of blood to the brain

# - Before you start to use it

Tell your doctor if:

- You have diabetes.
- You have gout, kidney or liver disease.
- You are pregnant, plan to become pregnant, or are breast-feeding.

# - Taking other medicines

The following agents may affect the way that indapamide works or increase the risk of side effects:

- alcohol
- barbiturates
- narcotics (e.g., morphine)
- medications that reduce blood pressure

Indapamide may affect the way the following medications work or increase risk of side effects:

- digoxin
- insulin
- lithium

## How to use Apo-Indapamide

# - How much to use

The recommended adult dose is 2.5 mg once daily in the morning. If this dose does not reduce your blood pressure sufficiently, your doctor will likely add another blood-pressure-lowering medication that is not a diuretic or may try a different diuretic. Do not exceed a daily dose of 2.5 mg.

## - When to use it

Use as directed by your doctor or pharmacist.

# - How long to take it

Do not stop taking without first talking to your doctor. Stopping abruptly may cause your condition to become worse.

## - If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for the next dose however, skip the missed dose and take only the next regularly scheduled dose. Do not take a double dose of this medication.

# - If you use too much (overdose)

If overdosage occurs, in all cases treatment should be discontinued and you should immediately contact your doctor or go to your nearest hospital emergency department.

# While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Indapamide.

Tell your doctor immediately if you become pregnant while taking this medication.

# - Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Indapamide to anyone else, even if they have the same symptoms or condition as you.

## - Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

#### Side effects

The following side effects may go away as your body becomes used to the medicine; check with your doctor if the following side effects continue or become bothersome.

Most severe and common side effect from this medication include hypokalemia (low potassium in the body), hypochloremia (low chloride ions in the body), hyponatremia (low salt level). Other side effects might include Drowsiness, insomnia, nausea, vomiting, muscle cramp, tachycardia (elevated heart rate), rash.

This is not a complete list of side effects and others may occur. Tell your doctor about any unusual or bothersome side effect.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

# Storage and disposal of Apo-Indapamide

- Storage

Remember to keep APO-INDAPAMIDE and all medications safely away from children.

Do not use this medicine after the month and year written after EXP on the container.

Store APO-INDAPAMIDE at room temperature (below 30°C).

Store in tightly closed containers

# - Disposal

Ask your pharmacist what to do with any tablets you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

# **Product Description**

#### - What it looks like

Pink, round biconvex, film-coated tablet, engraved APO on one side, 2.5 on the other side.

## - Ingredients

Active ingredient: Indapamide

Inactive ingredients: Anhydrous lactose, magnesium stearate, croscarmellose sodium, hydroxyethyl cellulose, polyethylene glycol, titanium dioxide, D&C Red #30 Aluminium Lake 30% and Purified Water.

## - MAL number:

MAL 19986967A

#### Manufacturer

Apotex Inc. 150 Signet Drive Weston Toronto Ontario M9L 1T9 Canada

# **Product Registration Holder**

Pharmaforte (M) Sdn Bhd 2, Jalan PJU 3/49 Sunway Damansara 47810 Petaling Jaya

## **Date of revision**

4/12/2014

#### Serial number

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