

PCE SYRUP

Pholcodine (10mg/5ml), Chlorpheniramine maleate (4mg/5ml)

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What PCE is used for

This medicine is used to relief dry irritating cough.

How PCE works

PCE contains combination of 2 active ingredients, which are Pholcodine and Chlorpheniramine Maleate.

Pholcodine is a cough suppressant. It affects the signals in the brain that trigger cough reflex.

Chlorpheniramine maleate is an antihistamine. It works by blocking the effects of histamine, calming down the body's allergic reaction and starting to relieve the symptoms.

Before you use PCE

- When you must not take it

Do not take this medicine if you have an allergy to:

- Pholcodine
- Chlorpheniramine maleate
- Any of the other ingredients listed at the end of this leaflet

- Any other similar medicines

Do not take PCE if you

- Have phlegm
- Have liver disease

If any of these apply to you, get advice from a doctor or pharmacist.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering. If it has expired or is damaged, return it to your pharmacist for disposal.

If you are not sure whether you should start taking this medicine, talk to your doctor.

- Before you start to use it

Tell your doctor if you have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor if you have or have had any of the following medical conditions:

- asthma
- liver problems
- bladder problem
- glaucoma (high pressure in the eyes)
- epilepsy
- prostatic hypertrophy (enlargement of prostate gland)

Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant or breastfeeding.

- Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and PCE may interfere with each other.

There include:

- central nervous system depressants (CNS) including alcohol, barbiturates, hypnotics, opioids, sedatives and antipsychotics.
- Monoamine oxidase inhibitors (MAOIs) (antidepressants)
- tricyclic antidepressants
- aminoglycoside antibiotics
- phenytoin (antiepileptic)

These medicines may be affected by PCE or may affect how well it works. You may need different amounts of your medicines, or you may need to take different medicines.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

How to use PCE

Follow all directions given to you by your doctor or pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions, ask your doctor or pharmacist for help.

- How much to use

The recommended dose of PCE is:

Adults and children over 12 years:

5ml, 3 times daily

Children 2 – 12 years:

2.5ml, 3 times daily

PCE must be used with caution and as prescribed by doctor or instructed by pharmacist for children between 2 to 6 years old.

Use in children under 2 years is not recommended.

Ask your doctor or pharmacist if you are unsure of the correct dose for you. They will tell you exactly how much to take.

- When to use it

Take PCE as your doctor has prescribed.

- How long to use it

Cough medicine is usually taken only for a short time until your symptoms clear up.

- If you forget to use it

Take your dose as soon as you remember, and continue to take it as you would normally.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting an unwanted side effect.

If you are not sure what to do, ask your doctor or pharmacist.

If you have trouble remembering to take your medicine, ask your pharmacist for some hints.

- If you use too much (overdose)

The symptoms of overdose:

- nausea
- drowsiness
- restless
- excitement
- ataxia (uncoordinated movement)
- confusion
- dry mouth
- shaking
- insomnia
- hallucinations
- seizure
- respiratory depression

Immediately telephone your doctor for advice, or go to Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much PCE.

Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

While you are using it

- Things you must do

Always follow your doctor's instructions carefully.

If you are about to be started on any new medicine, remind your doctor and pharmacist that you are taking PCE.

Tell your doctor if you become pregnant while taking this medicine.

- Things you must not do

Do not take PCE to treat any other complaints unless your doctor tells you to.

Do not give your medicine to anyone else, even if they have the same conditions as you.

- Things to be careful of

Be careful when driving or operating machinery until you know how PCE affects you. This medicine may cause dizziness or drowsiness in some people. If you have any of these symptoms, do not drive, operate machinery or do anything else that could be dangerous.

Side effects

All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical attention if you get some of the side effects.

Do not be alarmed by the following lists of side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

Some of the common side effects include:

- constipation
- respiratory depression
- nausea and vomiting
- drowsiness
- sputum retention
- skin rashes
- headache

Tell your doctor or pharmacist if you notice anything else that is making you feel unwell. Other side effects not listed above may also occur in some people.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and disposal of PCE

- Storage

Keep your medicine in the original container. If you take it out of its original container it may not keep well.

Keep your medicine in a place where the temperature stays below 25°C. Protect from the light.

Do not store PCE or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car. Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

- Disposal

If your doctor tells you to stop taking this medicine or the expiry date has passed, ask your pharmacist what to do with any medicine that is left over.

Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment.

Product Description

- What it looks like

An orange colour, orange flavoured syrup.

- Ingredients

Active ingredient:
Each 5ml of syrup contains 10mg Pholcodine and 4mg Chlorpheniramine Maleate.

Inactive ingredients:

- Liquid glucose
- Citric acid
- Propyl paraben
- Propylene glycol
- Orange vanilla RO408122
- Sucrose
- Sunset yellow
- Purified water
- Methyl paraben
- Sodium saccharin

- Nombor MAL
MAL08080408A

Manufacturer

DUOPHARMA (M) SDN. BHD. (42491-M)
Lot. 2599, Jalan Seruling 59, Kawasan 3, Taman Klang Jaya, 41200 Klang, Selangor Darul Ehsan, Malaysia.

Product Registration Holder

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