

# Norgesic tablet

Orphenadrine citrate / Paracetamol (35mg/ 450mg)

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## What Norgesic is used for

The name of your medicine is Norgesic. It contains orphenadrine citrate and paracetamol.

Norgesic is used to treat tension headache and headaches caused by spasm of the muscles in the back of your head and neck.

It is also used to help relax certain muscles in your body and to relieve the pain and discomfort caused by sprains, strains or other injuries such as whiplash injuries, acute torticollis, prolapsed intervertebral disc to your muscles.

Your doctor may have prescribed Norgesic for another purpose.

Ask your pharmacist or doctor if you have any questions about this medicine.

## How Norgesic works

Orphenadrine citrate is a skeletal muscle relaxant. It acts in the central nervous system to produce muscle relaxant effects. Paracetamol is used to treat or prevent pain and reduce fever.

## Before you use Norgesic

### -When you must not use it

Do not take Norgesic if you have any of the following:

- glaucoma (high pressure in the eye);
- enlarged prostate or bladder obstruction;
- myasthenia gravis (a disease of the muscles causing drooping eyelids, double vision, difficulty in speaking and swallowing, and, sometimes, muscle weakness in the arms or legs).
- butyrophenones (medication for mental disorder)
- phenothiazines (medication for mental disorder)
- tricyclic antidepressants (medication for depression)

Do not take Norgesic:

- after the expiry date on the pack;
- if the packaging shows signs of tampering.
- unless advised by your doctor

### -Before you start to use it

Tell your doctor or pharmacist if

- you have allergies to any other medicines, foods, preservatives or dyes;
- you have any heart problems;
- you have any liver or kidney problems;
- you have alcohol abuse problems.
- you are taking other Paracetamol containing products.

Norgesic is not recommended for use during pregnancy or lactation.

Tell your doctor if you are pregnant or breast feeding or intend to become pregnant or breastfeed.

If you are not sure whether to start taking this medicine, talk to your doctor.

### -Taking other medicines

Tell your pharmacist or doctor if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicine and Norgesic may interfere with each other. These include:

You may need different amounts of your medicines, or you may need to take different medicines. Your doctor or pharmacist has more information on medicines to be careful with or avoid while taking Norgesic.

## How to use Norgesic

Follow all directions given to you by your pharmacist or doctor carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the pack, ask your pharmacist or doctor for help.

### -How much to use

The usual dose of Norgesic in adults is two tablets three times a day. Your doctor will prescribe the correct dose for you.

Take Norgesic tablets only as directed by your doctor or pharmacist. Do not change the dose unless your doctor tells you to do so.

### -When to use it

Take Norgesic as per directed

### -How long to use it

Take this medicine when necessary or as long as your doctor tells you to.

### -If you forgot to use it

If you miss a dose of this medicine and remember of the missed dose, take it right away. If you do not remember until later, skip the missed dose and go back to taking it as you would normally.

Do not take double doses.

-If you use too much (overdose)

Immediately telephone your doctor for advice, or go the Accident and Emergency at the nearest hospital, if you think that you or anyone else may have taken too much Norgesic. Do this even if there are no signs of discomfort or poisoning.

Symptoms of an overdose include excitement, confusion, convulsions and tachycardia (rapid heart rate), dilated pupils, urinary retention and acute liver damage.

**While you are using it**

-Things you must do

Tell all doctors, dentists and pharmacists who are treating you that you are taking Norgesic.

Tell your doctor immediately if you become pregnant while taking this medicine.

Be careful driving or operating machinery until you know how the medicine affects you.

Norgesic may cause some people to have blurred vision or to become drowsy. If you have any of these symptoms do not drive or operate machinery or do anything else that could be dangerous.

Norgesic may cause dryness of the mouth. For temporary relief use sugarless gum or sweets, melt some ice in your mouth or use a saliva substitute.

-Things you must not do

Do not take Norgesic to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

-Things to be careful of

Be careful driving or operating machinery until you know how Norgesic affects you.

Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters or rash.

These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

**Side effects**

Side effects rarely occur at the recommended dosage. Those encountered are associated with anticholinergic activity and may include nausea, dry mouth, blurring of vision. Rarely, rash or drowsiness may occur. These symptoms disappear rapidly with a reduction in dosage or stopping the medication.

If you notice any side effects that are not listed here tell your doctor or pharmacist. Tell your doctor or pharmacist if you notice anything else that is making you feel unwell.

You may report any side effects or adverse drug reactions directly to the National Center for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [portal.bpfk.gov.my](http://portal.bpfk.gov.my) (Consumer -> Reporting)

**Storage and disposal of Norgesic**

-Storage

Keep your medicine in a cool dry place where the temperature stays below 30° C.

Do not store Norgesic or any other medicine in the bathroom or near a sink. Do not leave it on a window sill or in the car.

Heat and dampness can destroy some medicines.

Keep it where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

-Disposal

Ask your pharmacist what to do with any medicine that is left over, or if the expiry date has passed.

**Product description**

-What it looks like

Norgesic are white tablets with N/C marked on one side and no marking on the other side, in blister pack of 600 tablets.

-Ingredients

- Active ingredients  
orphenadrine citrate 35mg and paracetamol 450mg.
- Inactive ingredients  
Magnesium Stearate,  
Colloidal Anhydrous Silica,  
Microcrystalline Cellulose,  
Starch

-MAL Number

MAL13115130ACZ

**Manufacturer**

Adcock Ingram Ltd  
No. 49 (C&D), Bommasandra  
Industrial Area, Anekal Taluk,  
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**Product Registration Holder**

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**Date of revision**

23 / 03 / 2016

**Serial Number**

BPFK(R4/2)230316/00087