

REGRO LOTION

Minoxidil (3% and 5%)

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What REGRO is used for

It is used topically for the treatment of male pattern baldness for both male and female.

How REGRO works

Minoxidil, the active ingredient in REGRO, stimulates hair growth and slow down the rate of balding progression by aiding blood flow to the cells of the scalp which grow hair.

Before you use REGRO

- When you must not use it
You must not use REGRO if you:
 - a. have a history of allergic reaction to minoxidil, alcohol and propylene glycol.
 - b. are pregnant or breastfeeding.
 - c. are under 18 years or over 65 years old.
 - d. have sudden or unexplained hair loss.
 - e. your scalp is red, inflamed, irritated, infected or painful. Avoid contact with your eyes.
 - f. Do not apply to areas of the body other than the scalp. This product is for external use only.
 - g. Do not use a hair dryer to dry the REGRO solution on your head or smoke while applying REGRO.
 - h. Do not inhale the spray mist.
 - i. Do not use at the same time with other topical preparation on the same scalp area. Hair spray and common hair products can

be used after REGRO has been applied.

j. do not have a family history of hair loss.

- Before you start to use it
Ask a doctor or pharmacist
 - a. if you are currently using, just completed or about to start on any other medicines.
 - b. if you have any heart problems or taking medicines to treat high blood pressure.

- Taking other medicines
Using REGRO with certain blood pressure lowering drugs such as guanethidine may cause a fall in blood pressure on standing.

Your treatment with Regro may not be as effective if you take diethyl-carbamazine or paracetamol regularly.

How to use REGRO

- How much to use
Adults (18 to 65 years):
Apply one dose of 7 sprays (1ml) of REGRO to the areas of baldness or hair loss two times a day. This dose should be used regardless of the size of the bald area. Do not exceed two doses (14 sprays or 2ml) per day. Massage scalp gently with fingertips after each spray. Wash hands well after use.

The methods of application are as follow:

1. For large areas of the scalp, use the Pump Sprayer. Aim and press the pump towards the centre of the balding area. Spread gently with fingertips to cover all the balding areas.
2. For small areas or areas under hair, use the extended tip applicator. Pull the Pump sprayer head out and fit the extended tip applicator firmly onto the spray shaft. Aim and press the pump towards the centre of the balding area. Spread gently with

fingertips to cover all the balding areas.

- When to use it
Two times a day, preferably morning and night.

- How long to use it
The effectiveness of minoxidil can only be expected after 4 or more months of continuous application on the affected areas. Onset and degree of hair growth stimulation vary among individuals. Continuous treatment with REGRO is needed to keep the new hair and also stop additional hair loss. After stopping treatment, the balding process will start again.

It is important for you to understand that REGRO does not work well in all people, and how well it works depends on a number of things. You should discuss what results you might expect from treatment with your pharmacist or doctor.

If you respond to treatment with REGRO, your initial regrowth may at first be soft, downy hair, and may hardly be visible. After further treatment, it is likely that your hair regrowth will change and become the same colour and thickness as the rest of your hair.

If after 6 months of using REGRO, no hair growth is seen, you should talk to your pharmacist or doctor about stopping the treatment as any gain from continued treatment is likely to be small.

Do not change your dose of REGRO or stop using REGRO without first asking your pharmacist or doctor for advice.

- If you forget to take it
If you forget to use REGRO and it is time to apply the next dose, skip the dose you have missed and return to your usual schedule. Do not use more than 1ml per application. Do not use more than twice a day to make up for the dose you missed.

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- If you take too much (overdose)
Please contact your doctor immediately.

While you are using REGRO

- Things you must do
Ensure that scalp and hair should be completely dry. Use only on healthy and intact skin.

- Things you must not do
Do not wash hair or wet the scalp at least 4 hours after application. It is advisable to stop using REGRO for 24 hours before any hair treatment such as dyeing or perming the hair.

- Things to be careful of
If REGRO accidentally comes into contact with the eye, mucous membrane or abraded skin, the area should be rinsed with plenty of cool water.

If accidentally swallowed, proceed to your nearest hospital immediately with the product. Some of the signs and symptoms that may occur are fast heart rate, low blood pressure, swelling or puffiness of the body. Fluid retention can be managed with appropriate diuretic therapy and tachycardia can be controlled by the administration of a beta-adrenergic blocking agent.

Side Effects

All medicines can have side effects but you may not experience any of them. Common side effects include scaling, dry skin, erythema/flushing, dermatitis, burning sensation and rash. If you do not feel well when using REGRO, consult your doctor or pharmacist as soon as possible.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting).

Storage and Disposal of REGRO

- Storage
Keep below 25°C and away from heat, sparks and naked flames. Keep it where children cannot reach it.
- Disposal
Do not use after the expiry date stated on the label.
Do not throw them away with your normal household water or waste. This will help to protect the environment.

Product Description

- What it looks like
REGRO is a clear colourless to pale yellow solution.

- Ingredients
Active Ingredient
Regro Lotion :
Minoxidil 3% w/v
Regro 5% Lotion :
Minoxidil 5% w/v

Inactive ingredients
REGRO LOTION
Propylene glycol, Chloroform spirit, Citric acid Monohydrate, Sodium Citrate Dihydrate, Purified water
REGRO 5% LOTION
Propylene glycol, Chloroform spirit, Purified water

- **MAL No.**
REGRO LOTION:
MAL19930377A
REGRO 5% LOTION:
MAL20000038A

Manufacturer

Drug Houses of Australia Pte. Ltd.,
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No.2 Chia Ping Road,
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Product Registration Holder Actavis Sdn Bhd (formerly known as Ascent Pharmahealth Malaysia Sdn Bhd)

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Date of Revision

22-08-2013