

# AXCEL GLUCOSATIN TABLET

Glucosamine Sulphate/ Chondroitin Sulphate Sodium (500mg/ 400mg)

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## What Axcel Glucosatin Tablet is used for

Axcel Glucosatin Tablet is used as adjunctive therapy for osteoarthritis (joint disease).

## How Axcel Glucosatin Tablet works

Glucosamine is involved in the production of cartilage tissue in the body. Glucosamine also present in tendons and ligaments. Glucosamine and its salts have therefore been advocated in the treatment of rheumatic disorders that affect your joints and muscles including osteoarthritis. Glucosamine also acts to improve the viscosity of synovial fluid by increasing synovial fluid (the fluid around the joints) production, thereby providing lubricant activity.

Chondroitin sulphate helps to maintain the structural integrity of cartilage tissue. It is also prevent cartilage breaking down.

Glucosamine and chondroitin combination helps to protect joint cartilage from damage, reduces joint pain and improves joint function and movement.

## Before you use Axcel Glucosatin Tablet

### -When you must not use it

Do not take Axcel Glucosatin Tablet if:

- You are allergy or hypersensitive to glucosamine, chondroitin or components in the product.

- You are allergic to shellfish (seafood).
- You are pregnant, trying to get pregnant or think you may be pregnant.
- You are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine. This product should only be used if the potential benefit to the mother justifies the potential risk to the fetus.

### -Before you start to use it

Tell your doctor if:

- You are allergic to any medicines, food and dyes.
- You are having severe liver or kidney insufficiency.
- You are having type 2 diabetes and overweight or having glucose tolerance problem. Blood sugar levels need to be monitored regularly.

### -Taking other medicines

You should tell your doctor or pharmacist if you are taking the following medicine as it may interact with your Axcel Glucosatin Tablet:

- Insulin.
- Antidiabetic agents: Acarbose, acetohexamide, chlorpropamide, glipizide, glyburide, metformin, miglitol, pioglitazone, repaglinide, rosiglitazone, glimepiride, tolbutamide and troglitazone.
- Anticancer agents: Doxorubicin, etoposide and teniposide.
- Warfarin (used to prevent blood clots).

It may still be all right for you to take Axcel Glucosatin Tablet and your doctor will be able to decide what is suitable for you.

## How to use Axcel Glucosatin Tablet

### -How much to use

Adult:

One tablet 3 times daily, best taken before meals.

Dosing also may be based on severity:

- a) Mild or moderate osteoarthritis symptoms: 1 tablet taken twice daily for at least 6 weeks or according to medical prescription.
- b) Severe osteoarthritis symptoms: Initially treatment of 1 tablet three times daily is recommended during a period of at least 8-12 weeks.
- c) Follow-up/maintenance therapy: 1 tablet taken twice daily for 3-4 month.

### -When to use it

Your doctor will decide when it is appropriate for you to use Axcel Glucosatin Tablet according to the type of condition you have.

### -How long to use it

The treatment of osteoarthritis should be repeated every other 6 months or less (according to medical prescription).

The therapeutic effect can only be seen after 2-3 weeks. Therefore, it is advisable to take a pain killer or anti-inflammatory medicine if required during the first 2-3 weeks of therapy. Continue taking Axcel Glucosatin Tablet for as long as doctor recommends.

### -If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

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## While you are using it

### -Things you must do

- Take your medicine exactly as your doctor has told you.
- Tell all the doctors, dentists and pharmacists treating you that you are taking Axcel Glucosatin Tablet.
- Tell your doctor immediately if you become pregnant while talking this medication.

### -Things you must not do

- Do not stop taking the medicine unless advised by your doctor.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give Axcel Glucosatin Tablet to anyone else, even if they have the same symptoms or condition as you.

### -Things to be careful of

- Avoid use during the first 3 months of pregnancy.
- Consult a doctor in order to exclude the presence of other joint conditions/diseases for which an alternative treatment should be considered.
- Avoid using of Axcel Glucosatin Tablet on children.

## Side effects

Like all medicines, Axcel Glucosatin Tablet can cause side effects although not everybody gets them. You are advised to consult doctor/ pharmacist for further information. The following common side effects have been reported:

- Cardiovascular: swelling generally located in the feet, ankles and lower legs, faster than normal heart rate.
- Central nervous system: Drowsiness, headache, difficult to sleep.
- Stomach and intestine: Nausea, vomiting, diarrhea, indigestion or pain at upper abdomen, constipation, heartburn and loss of appetite.
- Skin: redness and itching.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## Storage and disposal of Axcel Glucosatin Tablet

### -Storage

Keep Axcel Glucosatin Tablet out of reach of children.  
Store in a dry place, below 30°C.  
Keep container well closed and protect from moisture.

### -Disposal

Do not use Axcel Glucosatin Tablet after the expiry date which is stated on the carton.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### -What it looks like

Axcel Glucosatin Tablet is pink colored, oval shape film coated tablet marked with KOTRA on one side and plain on the other side.

### -Ingredients

- Active Ingredients:  
Glucosamine Sulphate and Chondroitin Sulphate Sodium.

- Inactive Ingredients:  
Microcrystalline Cellulose (Ceolus KG-802), Microcrystalline Cellulose PH101, Magnesium Stearate, Opadry pink, PVP K90, Croscarmellose Sodium and Isopropyl Alcohol.

### -MAL Number

MAL12055037X

## Manufacturer and product registration holder

Kotra Pharma (M) Sdn Bhd  
No. 1, 2 & 3, Jalan TTC 12,  
Cheng Industrial Estate,  
75250 Melaka, Malaysia.

## Date of revision

20/02/2018

## Serial number

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