## **ZOBEN TABLET**

Albendazole (200mg)

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## What Zoben Tablet is used for

Zoben Tablet is effective against threadworm or pinworm, roundworm, whipworm, threadworm and hookworm among others.

Zoben Tablet contains albendazole as the active ingredient, which used to clear worms or parasites from the gut and other tissues. The method of clearing and killing these worms are by causing them to starve. The eggs, larvae and adult worms are affected.

### **How Zoben Tablet works**

Albendazole alter the cells of the worm which lead to blocking of glucose uptake by susceptible worm species, thereby depleting of glucose uptake will directly reduce energy level required for survival. Due to diminished energy production, the parasite is immobilized and eventually dies.

## Before you use Zoben Tablet

-When you must not use it

Do not take Zoben Tablet if you:

- you have an allergic reaction to albendazole or any of the other ingredients contained in this medicine. The ingredients are listed at the end of this leaflet. Signs of an allergic reaction may include an itchy skin rash, shortness of breath and swelling of the face or tongue.
- if you have taken albendazole before and became unwell, tell your doctor or pharmacist before taking the first dose.

- you are allergic to medicines similar to albendazole.
- you have liver problem.
- the expiry date printed on the pack has passed.
- the packaging is torn or shows signs of tampering.

### Pregnancy and lactation

- Do not use it if you are pregnant or suspected for pregnant.
- Do not take Zoben Tablet if you are breast feeding. It is not known whether it can be distributed into breast milk. Consult with your doctor or pharmacist before taking any medicine if you are breast feeding.

Zoben Tablet is not recommended for children under 1 year of age.

## -Before you start use it

Tell your doctor if:

- you are intend to become pregnant. Pregnancy must be avoided (ie use effective contraceptive measures) during treatment, and for one month after stopping Zoben Tablet. In order to avoid taking Zoben Tablet during early pregnancy, treatment with Zoben Tablet should only be started during the first week of having your period or after a negative pregnancy test.
- you are breast feeding. Breast feeding should be stopped while taking Zoben Tablet, and for at least 5 days after finishing treatment.

## -Taking other medicines

Tell your doctor if you are taking any other medicine, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

#### How to use Zoben Tablet

## -How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

The usual dose for adult and children older than 2 years of age is two tablets as a single dose and the usual dose for children 2 years of age is one tablet as a single dose.

For other conditions, the dose prescribed by your doctor may be different. You should take the full course of tablets, and not just stop when you feel better.

### -When to use it

Used as directed by your doctor or pharmacist.

Zoben Tablet is usually taken on an empty stomach. In some conditions the tablets may need to be taken after food. You will be told whether to take the tablet with food or on an empty stomach, and it is important for you to follow these instructions.

Zoben Tablet can be taken crushed or chewed, swallowed as whole or mixed with the food. No special laxative or fasting is needed.

## -How long to use it

Continue taking Zoben Tablet for as long as your doctor recommends.

The duration of taking Zoben Tablet might be different based on type of infection. Please consult with your doctor or pharmacist for more information.

Your doctor may need to see you two to three weeks after taking the dose or course. This is to make sure that Zoben Tablet has worked. A second dose or course of Zoben Tablet is sometimes needed. Treatment also may be repeated in 2 to 3 weeks for heavy infection depending on the advice from doctor or pharmacist.

## -If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

### While you are using it

### -Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Zoben Tablet.

Tell your doctor immediately if you became pregnant while taking this medicine.

## -Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give Zoben Tablet to anyone else, even if they have the same symptoms or condition as you.

## -Things to be careful of

## Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablet make you feel sick, dizzy or tired, or give you headache, do not drive or use machines and contact your doctor immediately.

#### Side effects

Like all medicines, Zoben Tablet can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist immediately if you experienced any side effects after taking this medicine.

Most unwanted effects generally restricted to gastrointestinal disturbance (problem relating with stomach and

intestine) such as transient abdominal pain, body cramp and muscle ache particularly on the lower edge and diarrhoea.

You should tell the doctor or pharmacist as soon as possible if any of as listed above or any other unusual events or problems occur during or after treatment with Zoben Tablet.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549 or visiting the website <a href="mailto:npra.moh.gov.my">npra.moh.gov.my</a> (Public → Reporting Side Effects to Medicines (ConSERF)/Vaccine (AEFI)).

# **Storage and Disposal of Zoben Tablet** -Storage

Keep the medicines in a cool dry place where the temperature stays below 30°C. Protect from light.

Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not use this medication after passing the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month.

Keep this medicine away and out of reach for children.

#### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **Product Description**

#### What it looks like

White to off white, round beveled edge tablet, embossed with a star design on one side and 'RMB' on the other.

### -Ingredients:

-Active Ingredient:

Each tablet contains Albendazole 200mg

-Inactive ingredients: Magnesium Stearate, Sodium Saccharin, Lactose, Povidone, Microcrystalline Cellulose, Colloidal Silicon Dioxide, and Croscarmellose Sodium

## -MAL Number(s):

MAL19970667XZ

#### **Manufacturer:**

Pharmaniaga Manufacturing Berhad (60016-D),

11A, Jalan P/1, Kawasan Perusahaan Bangi,

43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

#### **Product Registration Holder:**

Pharmaniaga Manufacturing Berhad (60016-D),

11A, Jalan P/1, Kawasan Perusahaan Bangi,

43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

## **Date of revision:**

22/5/2018

#### **Serial Number**

NPRA(R4/1)160518/00153