

# THOMSON OSTEOPRO CAPSULE

Glucosamine Sulfate (300mg)

## What is in this leaflet

1. What *THOMSON OSTEOPRO* is used for
2. How *THOMSON OSTEOPRO* works
3. Before you use *THOMSON OSTEOPRO*
4. How to use *THOMSON OSTEOPRO*
5. While you are using it
6. Side effects
7. Storage and Disposal of *THOMSON OSTEOPRO*
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What *THOMSON OSTEOPRO* is used for

*THOMSON OSTEOPRO* is used as additional treatment for Osteoarthritis, a medical condition where the cartilage that cushions the ends of bones in the joints deteriorate over time, eventually causing pain and affecting mobility.

## How *THOMSON OSTEOPRO* works

Glucosamine is a natural substance found in cartilage. It is made by the body but the ability to do this declines with age. Glucosamine and its salts have been said to increase cartilage content.

## Before you use *THOMSON OSTEOPRO*

- When you must not use it

You must not take it if you are allergic to glucosamine and its components

### *Pregnancy and lactation*

Do not take *THOMSON OSTEOPRO* if you are pregnant, trying to get pregnant or think you may be pregnant.

Do not take *THOMSON OSTEOPRO* if you are breast-feeding. Ask your doctor or pharmacist for advice before taking any medicine.

- Before you start to use it

A doctor should be consulted in order to exclude the presence of other joint conditions/diseases for which an alternative treatment should be considered

- Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

## How to use *THOMSON OSTEOPRO*

- How much to use

2 capsules, twice daily after meal

- When to use it

Use as directed by your doctor or pharmacist.

- How long to use it

Continue taking *THOMSON OSTEOPRO* for as long as your doctor recommends.

- If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

## While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking *THOMSON OSTEOPRO*.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor or pharmacist.

Do not give *THOMSON OSTEOPRO* to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

### *Driving and using machines*

This medicine may not affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

## Side effects

Like all medicines, *THOMSON OSTEOPRO* can cause side effects, although not everybody gets them.

Reported side effects include headache, tiredness, nausea, abdominal pain, indigestion, diarrhea, constipation.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835549, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) [Public → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)].

**Storage and Disposal of THOMSON  
OSTEOPRO**

- Storage

Keep out of the reach and sight of children.

Do not store above 30 °C.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**Product Description**

- What it looks like

White body and cap, vegetable capsules containing white to off-white powder

- Ingredients

- Active ingredient(s)

Each capsule contains 300mg fully reacted Glucosamine Sulfate

- Inactive ingredients

Microcrystalline Cellulose,  
Magnesium Stearate

- MAL number(s):

MAL06091460X

**Manufacturer**

Herbal Revival Sdn Bhd  
No 5 & 7, Jalan TSB 6, Taman Industri  
Sg Buloh, 47000 Sg Buloh Malaysia

**Product Registration Holder**

Herbal Revival Sdn Bhd  
No 5 & 7, Jalan TSB 6, Taman Industri  
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**Date of revision**

14/05/2018

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