

U-IODIN LOTION

Povidone-Iodine (10% w/v)

What is in this leaflet:

1. What U-Iodin Lotion is used for
2. How U-Iodin Lotion works
3. Before you use U-Iodin Lotion
4. How to use U-Iodin Lotion
5. While you are using U-Iodin Lotion
6. Side Effects
7. Storage and Disposal of U-Iodin Lotion
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What U-Iodin Lotion is used for

U-Iodin Lotion is a skin disinfectant which is applied on the surface of the skin to treat and prevent wound infection.

How U-Iodin Lotion works

Povidone-Iodine 10%w/v is the active ingredient of U-Iodin Lotion. It gradually releases the active iodine which works quickly and kills the microorganisms such as bacteria, fungi and viruses.

Before you use U-Iodin Lotion

-When you must not use it

If you are allergic (hypersensitive) to Povidone-Iodine or any of the other ingredients of U-Iodin Lotion.

-Before you start to use it

You must tell your doctor if :

- you have allergies to iodine.
- you have enlarged thyroid gland (a lump at the front of your neck).
- you are pregnant, trying to become pregnant or breast-feeding.

Pregnancy and breastfeeding

You should talk with your doctor if you are pregnant, think that you may be pregnant, or planning to become pregnant. U-Iodin Lotion should not be used in nursing mother unless specifically prescribed by your doctor.

-Taking other medicines

Always inform your doctor and pharmacist if you are taking any other medicines, including herbal tonics, supplements and medicines that you buy without prescription.

How to use U-Iodin Lotion

- Always take this medicine exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.
- U-Iodin Lotion is for external use only. Contact with the eyes should be avoided.

-How much to use

Apply the lotion by dabbing gently to the affected areas or after spreading on a dressing, when necessary.

-When to use it

- Your doctor or pharmacist will tell you the time when to use it. Always use this medicine exactly as your doctor or pharmacist has told you.
- The affected area and the surrounding skin should be cleaned and dried thoroughly before applying U-Iodin Lotion.

-How long to use it

To apply for as long as your doctor or pharmacist recommends it.

-If you forget to use it

- If you forget a dose, apply it as soon as you remember it.
- However, if it is nearly time for the next dose, skip the missed dose.
- Do not apply a double dose to make up for a forgotten dose.

-If you use too much (Overdose)

Using too much U-Iodin Lotion may increase the chance of having local irritation and sensitivity of skin.

While you are using U-Iodin Lotion

-Things you must do

- Avoid application to large areas of broken skin as excessive absorption of iodine may occur. Absorption of iodine may interfere tests of thyroid function.
- Discontinue treatment if local irritation occurs.
- Contact your doctor if your symptoms worsen or they do not improve.

-Things you must not do

Do not give U-Iodin Lotion to anyone else, even if their symptoms seem similar or they have same condition as you. Your doctor has prescribed U-Iodin Lotion for you and your condition.

-Things to be careful of

If there is no improvement in your condition, you should contact your doctor.

Side Effects

Like all medicines, U-Iodin Lotion can have side effects, although not everybody gets them. The following side effects may happen with this medicine:

- Local irritation
- Sensitivity of skin

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Consult your doctor or pharmacist if you are in doubt or for any further information.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public→Reporting Medical Problems/ Side Effects/ AEFI/ Vaccine Safety)

Storage and Disposal of U-Iodin Lotion

-Storage

Do not use after the expiry date stated on the pack. The expiry date refers to the last day of that month.

Store below 30°C. Protect from heat and light.

Keep out of the reach and sight of children.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

A deep brown liquid with a characteristic odor.

- Ingredients

- Active Ingredient:

Povidone-Iodine 10% w/v.

- Inactive ingredients:

Citric Acid, Anhydrous

Povidone K-90

Sodium Phosphate, Anhydrous

-MAL number:

MAL19920352XZ

**Manufacturer and Product
Registration Holder**

Malaysian Pharmaceutical Industries Sdn.
Bhd.

Plot 14, Lebuhraya Kampung Jawa,
11900 Bayan Lepas, Penang, Malaysia.

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