

# REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN

Light Kaolin/ Light Magnesium Carbonate/Sodium Bicarbonate/Pectin (1g/250mg/250mg/21.6mg per 5ml)

## What is in this leaflet

1. What REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN is used for
2. How REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN works
3. Before you use REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN
4. How to use REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN
5. While you are using REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN
6. Side effects
7. Storage and disposal of REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN
8. Product description
9. Manufacturer and Product Registration Holder
10. Date of revision

## What REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN is used for

For the symptomatic treatment of gastrointestinal conditions associated with diarrhea.

## How REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN works

This medicine contains Light Kaolin to help remove toxic substances from the digestive system and increase the bulk of solid waste. It also contains Light Magnesium Carbonate which react with gastric acid and Sodium Bicarbonate which neutralize excess stomach acid. It also contains pectin which is a natural fiber.

## Before you use REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN

### -When you must not use it

Should not be taken if you have:

- Intestinal obstruction
- Heart or kidney failure
- Hypersensitivity to any of the ingredients
- Hypophosphataemia (low level of phosphate in the blood)

Not recommended for children below 6 years old

### -Before you start to use it

#### *Pregnancy and lactation*

Talk to your doctor before taking this medicine if you are pregnant, might become pregnant or are breastfeeding.

Your doctor will give you some medicine and oral rehydration salts to prevent you from dehydration. The intake of as much of fluids for oral rehydration therapy as possible is therefore imperative.

### -Taking other medicines

Inform your doctor or pharmacist before taking these medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN may interfere with each other. They may be affected by REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN or may affect how well it works.

It may interfere with the absorption of the other medicines, including:

- antibiotics, e.g. lincomycin and tetracycline (to treat bacterial infection)
- iron salts (to treat and prevent iron deficiency)
- aspirin (to treat pain, fever, or inflammation)
- chloroquine, hydroxychloroquine (to prevent and to treat malaria)
- phenothiazines (to reduce hallucinations and delusions associated with mental health).

## How to use REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN

### -How much to use

Always use REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN exactly as your doctor has prescribed. You should check with your doctor or pharmacist if in doubt.

### The usual dose:

10-20 ml when necessary.

### -When to use it

Use as directed by your doctor or pharmacist.

### -How long to use it

Continue taking REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN as your doctor recommended. If symptoms persist, consult your doctor.

### -If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN may cause:

- Hypermagnesemia (high level of magnesium in the blood).
- Hyponatremia (rise in blood sodium concentration)
- Iso-osmotic overload (High level of sodium and water)

## While you are using REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN

### -Things you must do

- Tell all the doctors, dentists and pharmacists treating you that you are taking REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN.
- Tell your doctor immediately if you become pregnant while taking this medication.

### -Things you must not do

- Do not take more than the recommended dose unless your pharmacist or doctor tells you.
- Do not take any new medicines without consulting your doctor or pharmacist.
- Do not give REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN to anyone else, even if they have the same symptoms or condition as you.

### -Things to be careful of

Be careful driving or operating machinery until you know how REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN affects you.

# REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN

Light Kaolin/ Light Magnesium Carbonate/Sodium Bicarbonate/Pectin (1g/250mg/250mg/21.6mg per 5ml)

---

## Side effects

Like all medicines, REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN can cause side effects, although not everybody gets them.

If side effects persist, do not take the medicine and refer to the doctor.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:

- Diarrhea
- Mucosal irritation

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## Storage and disposal of REXOM<sup>TM</sup> MIST. KAOLIN with PECTIN

### -Storage

Keep container tightly closed. Store below 30°C. Protect from light.

Keep medicine out of reach of children.

-

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product description

### -What it looks like

White Suspension with peppermint flavour.

### -Ingredients

-Active ingredient

Each 5ml contains

Light Kaolin (1g), Light Magnesium Carbonate (250mg), Sodium Bicarbonate (250mg), Pectin (21.6mg).

-Inactive ingredients

Peppermint oil, Chloroform and Chloroform spirit

### -MAL number

MAL19962485X

## Manufacturer and Product

### Registration Holder

KCK Pharmaceutical Industries Sdn. Bhd.

Plot 61, Bayan Lepas Industrial Park  
Phase 4, 11900 Penang,  
Malaysia.

### Date of revision

02/11/2017

### Serial Number

NPRA(R4/1)161017/00271