

# PHARMANIAGA MEFENAMIC TABLET / CAPSULE

Mefenamic Acid (250mg,500mg)

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## What PHARMANIAGA

### MEFENAMIC is used for

PHARMANIAGA MEFENAMIC contains mefenamic acid. It is used for the relief of mild to moderate pain including headache, toothache, pain following an operation or after childbirth and period pain. It is also used for muscle and joint pain such as rheumatoid arthritis and osteoarthritis. It can also be used to treat excessively heavy periods.

## How PHARMANIAGA

### MEFENAMIC works

PHARMANIAGA MEFENAMIC belongs to a group of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). These medicines reduce pain and inflammation by blocking the production of a chemical produced by the body called prostaglandins.

## Before you use PHARMANIAGA MEFENAMIC

### -When you must not use it

Do not take PHARMANIAGA MEFENAMIC if:

- You are allergic to mefenamic acid or any of the other ingredients in the tablet or capsule.

- You currently have a stomach ulcer or bleeding
- You have suffered from stomach ulcers or bleeding two or more times in the past.
- You suffer from inflammatory bowel disease.
- You have had an allergy to aspirin other painkillers such as ibuprofen or other NSAIDs.
- You have asthma or other allergic conditions such as hives or hay fever
- You have severe problems with your kidneys, liver or heart
- You are pregnant.
- You are breast feeding.

Do not take PHARMANIAGA MEFENAMIC if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking PHARMANIAGA MEFENAMIC.

### -Before you start to use it

Before you take PHARMANIAGA MEFENAMIC, your doctor or pharmacist needs to know if you have or have had any of the following conditions:

- Ulcer or some other problem affecting your stomach, or intestines.
- Asthma or wheezing attacks (or if you have had asthma in the past).
- Liver or kidney problems.

You should discuss your treatment with your doctor or pharmacist if:

- You have heart problems or suffered from a previous stroke or think that you may be at risk for these conditions for example, have high blood pressure, diabetes, high cholesterol or are a smoker
- You are planning to get pregnant

### -Taking other medicines

Tell your doctor or pharmacist before taking PHARMANIAGA MEFENAMIC if you are taking any other medicines, including any that you buy without a prescription from

a pharmacy, medical hall or any other source.

PHARMANIAGA MEFENAMIC may affect or be affected if used together with other medicines. Inform your doctor or pharmacist if you are on any of the following medicines:

- Anticoagulants (drugs used to thin the blood to prevent blood clots.
- Antiplatelet tablets (to prevent blood clots
- Antihypertensives (for the treatment of high blood pressure).
- Antidiabetics
- Diuretics (to make you pass more urine).
- Medicines for the treatment of heart conditions (e.g. digoxin).
- Quinolone antibiotics (for an infection.
- Methotrexate (which can be used to treat certain tumours and other diseases including psoriasis and rheumatoid arthritis).
- Ciclosporin (used to suppress the body's immune system, e.g. following transplants or in diseases such as psoriasis and rheumatoid arthritis).
- Corticosteroids (used for the treatment of asthma and various inflammatory conditions e.g. beclomethasone).
- Antidepressants such as lithium
- Anticonvulsant (to treat and prevent certain type of seizures) such as phenytoin

PHARMANIAGA MEFENAMIC should not be used together with other painkillers such as NSAID (e.g. ibuprofen), aspirin or COX 2 inhibitors (e.g. valdecoxib, paracoxib, etoricoxib).

Some NSAIDs can interfere with thyroid function tests by lowering serum thyroid hormone concentrations.

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## How to use PHARMANIAGA MEFENAMIC

### -How much to use

Make sure you take your tablets or capsules exactly as directed by your doctor or pharmacist.

The instructions will be written on the label of your medicines. You should check with your doctor or pharmacist if you are not sure.

PHARMANIAGA MEFENAMIC should be swallowed whole with water preferably after a meal. Do not chew or break the tablets or capsules.

### **Adults:**

500mg initially, followed by 250mg every 6 hours as needed and directed by doctor or pharmacist. It is recommended that PHARMANIAGA MEFENAMIC be used for no longer than 7 days at a time.

### **Elderly:**

Should be used with caution in elderly patients suffering from dehydration, heart problems or kidney failure.

### **Children:**

PHARMANIAGA MEFENAMIC is not recommended for use in children.

### -When to use it

PHARMANIAGA MEFENAMIC should be taken with or after food. Take the doses as advised by your doctor.

### -How long to use it

It is recommended that PHARMANIAGA MEFENAMIC should not be used for more than 7 days at a time. Take it only as directed by your doctor or pharmacist.

### -If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Do not take a double dose to make up for the dose that you missed. This may increase the chance of you getting unwanted side effects.

### -If you use too much (overdose)

Immediately go to the emergency department at your nearest hospital if you or anyone else has taken a large amount of this medication. Bring the container with any remaining tablets or capsules with you.

If you (or someone else) take too many of these tablets or capsules, you may experience headache, nausea, vomiting, pain in abdomen, blood in stool or vomiting, diarrhoea, drowsiness, coma, disorientation, excitation, dizziness, ringing in ear, fainting, and occasionally convulsions. In cases of significant poisoning, acute kidney failure and liver damage are possible.

### **While you are using it**

#### -Things you must do

Take the tablets or capsules as directed by your doctor or pharmacist.

You should inform your doctor or pharmacist immediately if you notice any unusual symptoms especially blood in your urine or stool or any other side effects, particularly if these symptoms occur during the initial phase of your treatment.

Tell all the doctors, dentists and pharmacists treating you that you are taking PHARMANIAGA MEFENAMIC.

Tell your doctor immediately if you become pregnant while taking this medication.

### -Things you must not do

Do not exceed the recommended dose or duration of treatment.

Do not share your medicine with anyone else even though their symptoms or conditions may be the same as yours.

### -Things to be careful of

#### *Pregnancy and breast feeding*

Ask your doctor or pharmacist for advice before taking any medicine.

PHARMANIAGA MEFENAMIC may make it difficult to become pregnant. You should inform your doctor if you are planning to become pregnant or if you have problems becoming pregnant.

PHARMANIAGA MEFENAMIC should not be taken during pregnancy especially during the last three months of pregnancy or if you are breast feeding.

#### *Driving and using machines*

NSAIDs may sometimes cause symptoms such as drowsiness, dizziness, weakness and visual disturbances. If you notice any such symptoms, do not drive or operate machinery and ask your doctor or pharmacist for advice.

#### *Medical Examination*

If you are having a medical examination, tell the doctor that you are taking PHARMANIAGA MEFENAMIC as they reduce the signs of fever and inflammation which would otherwise be noticed.

Medicines such as PHARMANIAGA MEFENAMIC may be associated with a small increased risk of heart attack ("myocardial infarction") or stroke.

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Any risk is more likely with higher doses and prolonged treatment.

## Side effects

Like all medicines PHARMANIAGA MEFENAMIC can cause side effects, although not everybody gets them.

If you suffer from any of the following at any time during your treatment stop taking the medicine and see a doctor immediately

- Gastrointestinal disturbance including diarrhoea, nausea, vomiting and abdominal pain.
- Peptic ulceration (sores in the stomach lining or upper part of the small intestine).
- Gastrointestinal bleeding.
- Headache
- Drowsiness
- Dizziness
- Nervousness
- Visual disturbance
- Hypersensitivity reaction including skin rashes, hives, asthma and allergic glomerulonephritis (inflammation of the glomeruli, tiny blood vessels in kidneys that help filter your blood and remove excess fluids)
- Haemolytic anaemia (reduction of red blood cells count due the abnormal breakdown of red blood cells)
- Agranulocytosis (reduction white blood cell count)
- Pancytopenia (reduction of red white blood cells and platelets count)
- Bone marrow aplasia (bone marrow disorder which decreases or stops production of blood cells)
- Renal failure

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by

calling Tel: 03-78835550, or visiting the website [npra.moh.gov.my](http://npra.moh.gov.my) (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

## Storage and Disposal of PHARMANIAGA MEFENAMIC

### -Storage

Keep out of the reach and sight of children.

Store below 25°C. Protect from light. Keep container tightly closed.

Do not use PHARMANIAGA MEFENAMIC after the expiry date stated on the label/carton. The expiry date refers to the last day of that month.

### -Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## Product Description

### -What it looks like

Pharmaniaga Mefenamic Tablet 250mg:

A yellow, round, biconvex film-coated tablet with a breakline on one side and plain on the other.

Pharmaniaga Mefenamic Tablet 500mg:

A yellow, oblong, film-coated tablet with Pharmaniaga icon on one side and scoreline on the other.

Pharmaniaga Mefenamic Capsule 250mg:

Opaque ivory/light blue, size 1, hard gelatin capsule with Pharmaniaga icon and '250' markings.

### -Ingredients:

Pharmaniaga Mefenamic Tablet 250mg

- Active ingredient(s):  
Mefenamic acid 250mg

- Inactive ingredients:

Colloidal Silicon Dioxide, Polyethylene Glycol, Cornstarch, Croscarmellose, Sodium Lauryl Sulphate, Isopropyl Alcohol, Magnesium Stearate, Purified Water, Povidone, Methocel, FDC Yellow, Titanium Dioxide, Lactose, Talc.

Pharmaniaga Mefenamic Tablet 500mg

- Active ingredient(s):  
Mefenamic acid 500mg

- Inactive ingredients:

Talcum, Colloidal Silicon Dioxide, Croscarmellose Sodium, Povidone, Polyethylene Glycol, Lactose Monohydrate, Cornstarch, Quinoline Yellow Lake, Lake Sunset Yellow, Purified Water, Methocel, Titanium Dioxide, Sodium Lauryl Sulphate, Isopropyl Alcohol, Magnesium Stearate.

Pharmaniaga Mefenamic Capsule 250mg

- Active ingredient(s):  
Mefenamic acid 250mg

- Inactive ingredients:

Purified Water, Magnesium Stearate, Sodium Lauryl Sulphate, Lactose Monohydrate, Povidone.

### MAL Number(s):

Pharmaniaga Mefenamic Tablet 250mg

MAL19913242AZ

Pharmaniaga Mefenamic Tablet 500mg

MAL19913243AZ

# PHARMANIAGA MEFENAMIC TABLET / CAPSULE

Mefenamic Acid (250mg,500mg)

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Pharmaniaga Mefenamic Capsule  
250mg  
MAL20000213AZ

**Manufacturer:**

Pharmaniaga Manufacturing  
Berhad (60016-D),  
11A, Jalan P/1, Kawasan  
Perusahaan Bangi, 43650 Bandar  
Baru Bangi, Selangor Darul Ehsan,  
Malaysia.

**Product Registration Holder:**

Pharmaniaga Manufacturing  
Berhad (60016-D),  
11A, Jalan P/1, Kawasan  
Perusahaan Bangi, 43650 Bandar  
Baru Bangi, Selangor Darul Ehsan,  
Malaysia.

**Date of Revision**

14/12/2017

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