

APO-ATENIDONE TABLETS

Atenolol (100mg)/ Chlorthalidone (25mg)

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What Apo-Atenidone is used for

This is a combination product that contains 2 medications: atenolol and chlorthalidone. It is used to treat high blood pressure.

How Apo-Atenidone Works

Atenolol belongs to the class of medications called beta-blockers. It works by decreasing the workload of the heart.

Chlorthalidone belongs to the class of medications called diuretics (water pills). It works by getting rid of excess salt and water.

Before you use Apo-Atenidone

- When you must not use it

Do not use this medication if you:

- are allergic to atenolol, chlorthalidone or any ingredients of the medication
- have a condition called cardiogenic shock (occurs when the heart is unable to pump as much blood as the body needs)
- have a condition known as pheochromocytoma (a type of tumour that may cause hypertension) which has not been treated.

- have a condition known as right ventricular failure (a heart condition) caused by pulmonary hypertension (abnormally high blood pressure in the arteries of the lungs)
- have a severely slow heart rate
- have a serious heart block, also called atrioventricular (AV) block
- have metabolic acidosis (a condition where your body produces too much acid)
- have severe peripheral arterial disorders (blockage of blood flow to limbs of body)
- have sick sinus syndrome
- have uncontrolled congestive heart failure
- have very low blood pressure

- Before you start to use it

Tell your doctor if:

- You have any other medical conditions that require attention
- You have hyperuricemia (an excess of uric acid in the blood)
- You have kidney problem.
- You have thyrotoxicosis (an excess of thyroid hormone in the body)
- You have ever had an allergic reaction
- You have poor blood circulation or controlled heart failure.
- You have first-degree heart block
- You have sharp chest pain which is not caused by exercise (unstable angina)

- You have diabetes and low blood sugar (hypoglycaemia)
- You have ever suffered from a skin disease called psoriasis
- You are pregnant, plan to become pregnant, or are breast-feeding.

- Taking other medicines

Tell your doctor about all other medicines you use, especially:

- anesthetic agents
- clonidine
- diabetes medications
- diltiazem
- nifedipine
- nonsteroidal anti-inflammatory drugs (e.g., ibuprofen)
- other beta-blockers (e.g., propranolol, metoprolol)

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop.

How to use Apo-Atenidone

- How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adults: The recommended dose is 1 tablet daily. If blood pressure is not adequately controlled, your doctor may prescribe an additional blood pressure-lowering medication that works in a different way.

Children :Not Recommended

Elderly patients: Dosage requirement are frequently lower in this age group.

- When to use it

Use as directed by your doctor or pharmacist

- How long to use it

Do not stop taking without first talking to your doctor. Stopping abruptly may cause your condition to become worse.

- If you forget to use it

Take the missed dose as soon as you remember.

If it is almost time for the next dose however, skip the missed dose and take only the next regularly scheduled dose. Do not take a double dose of this medication.

- If you use too much (overdose)

If overdosage occurs, in all cases treatment should be discontinued and you should immediately contact your doctor or go to your nearest hospital emergency department.

The symptoms of overdosage may include bradycardia (low heart rate), hypotension (low blood pressure), acute cardiac insufficiency (a type of heart failure where the heart is unable to pump enough blood throughout the body) and bronchospasm (airway obstruction)

While you are using it

- Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Apo-Atenidone.

Tell your doctor immediately if you become pregnant while taking this medication.

- Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Apo-Atenidone to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of

Driving and using machines

This medicine may affect your ability to drive or use machines. If the tablets make you feel sick, dizzy or tired, or give you a headache, do not drive or use machines and contact your doctor immediately.

Side effects

Like all medicines, Apo-Atenidone can cause side effects, although not everybody gets them.

Side effects include bradycardia (drop in heart rate), dizziness, headache, mood changes, dry mouth, nausea, dry eyes, skin reactions, bronchospasm (airway constriction) in asthmatic patients.

This is not a complete list of side effects and others may occur

Visit your doctor or pharmacist immediately if you experience any side effects after taking this medicine.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers →Reporting).

Storage and Disposal of Apo-Atenidone

- Storage

Remember to keep Apo-Atenidone and all medications safely away from children.

Do not use this medicine after the month and year written after EXP on the container.

Store Apo-Atenidone at room temperature (below 25°C).

- Disposal

Ask your pharmacist what to do with any tablets you have left over if your doctor tells you to stop taking them, or you find that the expiry date has passed.

Medicines should not be disposed of via wastewater or household waste. These measures will help to protect the environment

Product Description

- What it looks like

White, round, biconvex tablets. Scored and engraved "100" over "25" on one side and engraved "APO" on the other.

- Ingredients

- Active ingredients: Atenolol and Chlorthalidone

- Inactive ingredients: Microcrystalline cellulose, crospovidone, magnesium stearate and colloidal silicon dioxide.

- MAL number:

MAL 06091411A

Manufacturer

Apotex Inc.
150 Signet Drive
Weston Toronto Ontario
M9L 1T9 Canada

Product Registration Holder

Pharmaforte (M) Sdn Bhd
2, Jalan PJU 3/49
Sunway Damansara
47810 Petaling Jaya

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