

NERVIT B FORTE TABLET

Thiamine Mononitrate/Pyridoxine HCl/Cyanocobalamin (250mg/250mg/1mg).

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What Nervit B Forte is used for

Nervit B forte is used for neurological and other disorders associated with disturbance of the nerve cell metabolism in which high-dose B complex vitamins play a role.

How Nervit B Forte works

Thiamine is a water-soluble vitamin. It is an essential nutrient required for carbohydrate metabolism and is involved in nerve transmission.

Pyridoxine, a water-soluble vitamin, is involved principally in amino acid metabolism, but is also involved in carbohydrate and fat metabolism. It is required for the formation of hemoglobin.

Cyanocobalamin involved in formation and metabolism of amino acids (purines and pyrimidine) and in the synthesis of amino acid (nucleoprotein).

Before you use Nervit B Forte

- When you must not use it

Do Not take Nervit B Forte if:

- You are hypersensitive to vitamins B₁, B₆ or B₁₂.
- You are undergoing Levodopa therapy.

If you are pregnant, trying to get pregnant or think you may be pregnant, consult your doctor before taking this product.

If you are breastfeeding, consult your doctor before taking this product. This is because Thiamine is widely distributed to most body tissues and appears in breast milk. Pyridoxal and cyanocobalamin crosses the placenta and also appears in breast milk.

- Before you start to use it

You must consult a doctor or pharmacist if you:

- Undergoing treatment for optic neuropathies (vision loss) associated with high plasma concentration of cyanocobalamin.
 - Cyanocobalamin should not be given before a diagnosis has not been fully established because of the possibility of masking symptoms of subacute degeneration of the spinal cord.
 - Long-term use of large doses of Pyridoxine is associated with the development of severe damage to the nerves that carry messages to and from the brain and spinal cord.
 - Diagnosed with megaloblastic anemia (red blood cell lower than normal) of pregnancy.
- Isoniazid (to treat active tuberculosis), penicillamine (to treat rheumatoid arthritis) and oral contraceptives.
 - Neomycin (to treat intestinal bacterial infections), aminosalicylic acid, histamine H₂-antagonists (to treat ulcers), metformin (to treat high blood sugar levels), para-aminosalicylic acid, potassium chloride, colchicine (to treat gout).
 - Proton pump inhibitors (lansoprazole, omeprazole, pantoprazole and rabeprazole).
 - Cholestyramine and colestipol (to treat lower cholesterol levels in the blood)
 - Anesthetic Agent (Nitrous oxide).
 - Antibiotics.
 - Concomitant intake of thiamin with food that contains sulfites may inactivate thiamin.
 - Concomitant intake of thiamin with tea, coffee and decaffeinated coffee may inactivate thiamin.
 - Pyridoxine reduces the activity of Altretamine.

- Taking other medicines

Consult a doctor or pharmacist if you are taking:

- Loop diurectics (furosemide, ethacrynic acid and bumetanide)
- Phenobarbital and phenytoin (to treat seizure).
- Hydralazine (to treat high blood pressure),

How to use Nervit B Forte

- How much to use

Follow all directions given in the insert carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

NERVIT B FORTE TABLET

Thiamine Mononitrate/Pyridoxine HCl/Cyanocobalamin (250mg/250mg/1mg).

Therapeutic dose:

Take two to three tablets daily after meals for 7-10 days.

Maintenance dose:

One tablet daily after meal.

- When to use it

Take tablets after meal

- How long to use it

As per the dosage recommendation.

- If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the dose and skip the missed dose. Do not take a double dose to make up for the missed dose.

- If you use too much (overdose)

Contact your doctor or pharmacist for advice immediately.

Treatment is symptomatic and supportive.

While you are using it

- Things you must do

Take your dose exactly as given in the leaflet.

Tell all the doctors, dentists and pharmacists that are treating you that you are taking Nervit B Forte.

Consult a doctor immediately if you become pregnant while taking Nervit B Forte.

- Things you must not do

Do not give Nervit B Forte to anyone else, even if they have the same symptoms or condition as you.

- Things to be careful of Driving and using machines

This product does not affect your ability to drive or use machines.

Side effects

Like all medicines, Nervit B Forte can cause side effects, although not everybody gets them.

The side effect is allergic.

Long-term use of large doses of Pyridoxine (in excess of 2g daily) is associated with the development of severe damage to the nerves that carry messages to and from the brain and spinal cord.

Visit your doctor or pharmacist immediately if you experience any side effects after taking this Nervit B Forte.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website npra.moh.gov.my (Public → Reporting Medicinal Problems / Side Effects / AEFI / Vaccine Safety).

Storage and Disposal of Nervit B Forte

- Storage

Store in a dry place below 30°C. Keep bottle tightly closed.

- Disposal

Products should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of Nervit B Forte that is no longer required. These measures will help to protect the environment.

Product Description

- What it looks like

A pink colour round shaped film coated tablet with 13mm diameter.

- Ingredients

- Active ingredient(s)

- Thiamine Mononitrate
- Pyridoxine HCl
- Cyanocobalamin

- Inactive ingredients

- Magnesium stearate
- Microcrystalline Cellulose
- Colloidol Silicon Dioxide
- Ponceau 4R Lake
- Sodium Starch Glycolate
- Isopropyl Alcohol
- Polyethylene glycol
- Lactose Monohydrate
- Talc
- Hydroxypropyl Methyl Cellulose
- Propylene Glycol
- Titanium Dioxide
- Ethyl Cellulose

- MAL number(s):

MAL06121072XZ

Manufacturer

PAHANG PHARMACY SDN.BHD.
Lot 5979, Jalan Teratai, 5 ½ Miles Off, Jalan Meru, 41050 Klang, Selangor Darul Ehsan.

Product Registration Holder

PAHANG PHARMACY SDN.BHD.
Lot 5979, Jalan Teratai, 5 ½ Miles Off, Jalan Meru, 41050 Klang, Selangor Darul Ehsan.

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