

AMEDIN[®]

Amlodipine besilate (5 mg,10 mg)

What is in this leaflet

1. What *Amedin* is used for
2. How *Amedin* works
3. Before you use *Amedin*
4. How to use *Amedin*
5. While you are using *Amedin*
6. Side effects
7. Storage and disposal of *Amedin*
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of Revision

What *Amedin* is used for

Amedin is one of a group of medicines called calcium antagonists.

Amedin is used to treat:

- high blood pressure
- chest pain due to narrowing of the blood vessels of the heart muscle (angina pectoris) or the more rare form of chest pain caused by cramping of the blood vessels of the heart muscle.

How *Amedin* works

- In patients with high blood pressure *Amedin* works by relaxing blood vessels, so that blood passes through them more easily.
- In patients with chest pain (angina) *Amedin* works by improving blood supply to the heart muscle which then receives more oxygen and as a result chest pain is prevented.

Amlodipine does not provide immediate relief of chest pain from angina.

Before you use *Amedin*

- *When you must not use it*
Do not use *Amedin* if you are allergic to amlodipine (the active ingredient in *Amedin*), or to the inactive ingredients listed in Product description.

- *Before you start to use it*

Tell your doctor if you

- Have heart failure or have suffered a heart attack during the past month.
- have liver problems
- are giving this medicine to a child under 18 years of age
- are elderly, your doctor may monitor you closely.
- are pregnant, or plan to become pregnant. Your doctor will decide if *Amedin* is the best treatment for you.
- are breast-feeding. Do not breast-feed while taking *Amedin*. You can stop breastfeeding or take a different medicine.

- *Taking other medicines*

Tell your doctor about all other heart or blood pressure medications you are taking.

There may be other drugs that can interact with amlodipine. Tell your doctor about all medications you use. This includes prescription, over-the-counter, vitamin, and herbal products. Do not start a new medication without telling your doctor.

*Taking *Amedin* with food and drink*

Your medicine can be used before or after food.

Simultaneous intake of grapefruit juice with *Amedin* may lead to an increase in the blood levels of the active ingredient, amlodipine. However this increase is too small to significantly alter blood pressure or heart rate. If you have any concerns, discuss with your doctor or pharmacist.

How to use *Amedin*

- *How much to use*
The usual dose of *Amedin* is 5mg once daily. If the desired effect cannot be achieved within 2-4weeks,

your doctor may increase the dose to 10mg once daily

- *When to use it*

It is best to take your medicine at the same time each day with a drink of water. Do not take *Amedin* with grapefruit juice.

- *How long to use it*

Always take your medicine exactly as how your doctor has told you. You should check with your doctor or pharmacist if you are still not sure. It is important to keep taking the tablets. Do not wait until your tablets are finished before seeing your doctor.

- *If you forget to use it*

Do not worry. If you forget to take a tablet, leave out that dose completely. Take your next dose at the right time. Do not take a double dose to make up for a missed dose.

- *If you use too much (Overdose)*

Taking too many tablets at once may make you unwell. If you take too many *Amedin*, contact your doctor at once or go to the nearest hospital emergency department.

Your doctor will advise you how long to take your medicine. Your condition may return if you stop using your medicine before you are advised.

If you have any further questions on how to take this product, ask your doctor or pharmacist.

While you are using it

- *Things you must do*
Keep this leaflet. You may need to read it again.
If you have any further questions, ask your doctor or pharmacist.

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- Things you must not do

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

- Things to be careful of**Driving and using machines**

Amedin is unlikely to affect your ability to drive or use machines.

Side effects

Amedin may cause the following side effects. Most of the side effects are :

- headache
- swelling of your legs or ankles
- tiredness, extreme sleepiness
- stomach pain, nausea
- dizziness
- flushing (hot or warm feeling in your face)
- arrhythmia (irregular heartbeat)
- heart palpitations (very fast heartbeat)

Tell your doctor if you are concerned about any side effects you experience. These are not all the possible side effects of *Amedin*. For a complete list, ask your doctor or pharmacist.

You may report any side effects or adverse drug reactions directly to National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumer→Reporting).

Storage and Disposal of *Amedin***- Storage**

Keep out of reach and sight of children.

Store in a dry place below 25°C.

Do not use your medicine after the

expiry date which is stamped on the pack. The expiry date refers to the last day of that month.

- Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description**- What it looks like**

Amedin 5 mg and 10 mg tablets are white, round, flat, un-coated tablets, with bevelled edges, plain on both sides.

- Ingredients

- **Active Ingredient:** Amlodipine
The tablets contain amlodipine besilate (equivalent to 5 mg and 10 mg amlodipine).
- **Inactive Ingredients:**
Starch Maize, Lactose Monohydrate, Dibasic Calcium Phosphate, Povidone K-30, Purified Talc, Magnesium Stearate, Sodium Starch Glycolate.

- MAL number :

MAL06061695A (*Amedin* 10mg)
MAL07010917A (*Amedin* 5mg)

Manufacturer

Medreich Limited,
Avalahalli, Bangalore-560 062
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Product Registration Holder

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Date of Revision

07/08/2014