

PHARMANIAGA SELEGILINE TABLET

Selegiline Hydrochloride (5mg)

What is in this leaflet

1. What Pharmaniaga Selegiline Tablet is used for
2. How Pharmaniaga Selegiline Tablet works
3. Before you use Pharmaniaga Selegiline Tablet
4. How to use Pharmaniaga Selegiline Tablet
5. While you are using it
6. Side effects
7. Storage and Disposal of Pharmaniaga Selegiline Tablet
8. Product Description
9. Manufacturer and Product Registration Holder
10. Date of revision

What Pharmaniaga Selegiline Tablet is used for

Pharmaniaga Selegiline Tablet is used to treat the symptoms of Parkinson's disease. This is a disease of the brain that affects movement. It happens when nerve cells in the brain do not produce enough of a chemical called dopamine. It is a lack of dopamine which causes problems with movement.

How Pharmaniaga Selegiline Tablet works

The cause of Parkinson's disease is still unknown but the symptoms of tremor, stiffness and slow movement are due to there being less chemical in the brain called dopamine. Selegiline increases the effect of dopamine in the brain and so relieves these symptoms.

Before you use Pharmaniaga Selegiline Tablet

- When you must not use it
1. You have ever had an allergic reaction to:
 - medicines containing selegiline
 - any of the ingredients listed at the end of this leaflet.
 2. You have taken or are taking antidepressants known as

selective serotonin reuptake inhibitors (SSRIs) such fluoxetine, paroxetine or sertraline within the last five weeks.

3. You are taking pethidine (a strong pain killer) or other opiates (check with your doctor or pharmacist). Serious side effects could occur if you start to take Pharmaniaga Selegiline Tablet at the same time as these medicines.
4. You are taking antidepressants known as tricyclic antidepressants (TCAs) such as imipramine, clomipramine, amitriptyline or have taken these medications in the last two weeks.
5. The expiry date on the pack has passed.

If you take this medicine after the date has passed it may have no effect at all, or worse, an entirely unexpected effect.

6. The packaging is torn or shows signs of tampering.

-Before you start to use it

Before taking Pharmaniaga Selegiline Tablet, make sure your doctor or pharmacist knows:

- If you are pregnant, trying to get pregnant or breast-feeding.
- If you are taking other medicines, including those available to buy without a prescription, herbal and complementary medicines.
- If you have ulcer in the stomach or intestine
- If you have ever had an allergic reaction to this or any other medicine.

-Taking other medicines

Tell your pharmacist if you are taking any other medicines, including any that you get without

a prescription from your pharmacy, supermarket or health food shop.

Before taking Pharmaniaga Selegiline Tablet, tell your doctor if you are using any of the following medicines:

- carbamazepine;
- diet pills or cold medicines that contain ephedrine, pseudoephedrine, or phenylephrine;
- nafcillin;
- phenobarbital ;
- rifampin; or
- an antidepressant such as amitriptyline, amoxapine, bupropion, citalopram, clomipramine, desipramine, doxepin duloxetine, escitalopram, fluoxetine, fluvoxamine, imipramine, nortriptyline, paroxetine, protriptyline, sertraline, venlafaxine, or trimipramine.

This list is not complete and there are many other medicines that can cause serious medical problems if you take them together with Pharmaniaga Selegiline Tablet. Do not take Pharmaniaga Selegiline Tablet before telling your doctor about all other prescription and over-the-counter medications you use. This includes vitamins, minerals, herbal products, and medicines prescribed by other doctors.

How to use Pharmaniaga Selegiline Tablet

Follow all directions given to you by your pharmacist or doctor carefully. They may differ from the information contained in this leaflet.

If you do not understand the directions on your medication bottle, ask your pharmacist, nurse, or doctor to explain the instructions to you.

-How much to use

Take Pharmaniaga Selegiline Tablet exactly as directed by your doctor. Do not take more or less than instructed by your doctor.

Adults:

5 mg two times a day, at breakfast and lunch.

Children:

Safety and efficacy have not been established.

-When to use it

Take Pharmaniaga Selegiline Tablet with breakfast or lunch. Avoid taking it in the evening as it may interfere with your sleep. Try to take Pharmaniaga Selegiline Tablet at the same time each day.

-How long to use it

You may need to take Pharmaniaga Selegiline Tablet for some time before the full benefits can be felt. Continue taking Pharmaniaga Selegiline Tablet even when you feel better. Do not stop taking it unless instructed by your doctor. Do not stop taking Pharmaniaga Selegiline Tablet suddenly as this could worsen your condition. If symptoms persist, consult your doctor.

-If you forget to use it

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take extra medicine to make up the missed dose.

-If you use too much (overdose)

Contact your doctor or go to your nearest hospital immediately. Do not drive if you have taken too much. Seek emergency medical attention if you think you have used too much of this medicine. Overdose symptoms may include chest pain, dizziness, trouble breathing, sweating, cool or clammy skin, fast or uneven heart

rate, feeling light-headed, fainting, or seizure (convulsions).

While you are using it

-Things you must do

Talk to your pharmacist or doctor if your symptoms do not improve. Your pharmacist or doctor will assess your condition and decide if you should continue to take the medicine.

-Things you must not do

Do not take Pharmaniaga Selegiline Tablet to treat any other complaints unless your pharmacist or doctor tells you to.

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not take more than the recommended dose unless your pharmacist or doctor tells you to. Avoid drinking alcohol while taking Pharmaniaga Selegiline Tablet. Avoid alcohol and beverages that contain tyramine such as red wine and beer.

Avoid food that is high in tyramine, such as cheese, sausages, soya beans, fava beans, broad beans.

Discuss with your doctor the types of food you should avoid. Eating tyramine while you are taking Pharmaniaga Selegiline Tablet can raise your blood pressure to dangerous levels which could cause life-threatening side effects.

You should become very familiar with the list of foods to avoid while you are taking Pharmaniaga Selegiline Tablet.

-Things to be careful of

Pharmaniaga Selegiline Tablet can cause side effects that may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be awake and alert.

Side effects

Along with their useful effects, most medicines can cause

unwanted side-effects although not everyone experiences them. These usually improve as your body adjusts to the new medicine, but speak with your doctor or pharmacist if any of the following side-effects continue or become troublesome.

Get emergency medical help if you have any of these signs of an allergic reaction: hives; difficulty breathing; swelling of your face, lips, tongue, or throat. Stop taking Pharmaniaga Selegiline Tablet and call your doctor at once if you have any of these side effects:

Nausea, hallucinations, confusion, depression, loss of balance, difficult to sleep, low blood pressure, feeling restless, irregular heartbeat, slowness of movement, movement disorder, delusions, high blood pressure, chest pain, and fainting.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550, or visiting the website portal.bpfk.gov.my (Consumers → Reporting)

Storage and Disposal of Pharmaniaga Selegiline Tablet

-Storage

Keep the medicines in a cool dry place where the temperature stays below 25°C. Protect from light. Do not store it or any other medicine in the bathroom, or near a sink, or on a window sill. Do not leave it in the car on hot days.

Heat and dampness can destroy some medicines.

Do not use this medication after the expiry date which is printed on the product packaging. The expiry date refers to the last day of that month. Keep it where children cannot reach it.

-Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product Description

-What it looks like

A white, triangular - shaped tablet with Pharmaniaga icon on one side and plain on the other.

-Ingredients

-Active ingredient(s):

Selegilin Hydrochloride 5mg

-Inactive ingredients:

Citric acid anhydrous,
Microcrystalline Cellulose, Lactose Monohydrate, Croscarmellose Sodium and Stearic acid powder.

-MAL number:

MAL19990267AZ

Manufacturer:

Pharmaniaga Manufacturing Berhad (60016-D),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

Product Registration Holder:

Pharmaniaga Manufacturing Berhad (60016-D),
11A, Jalan P/1, Kawasan Perusahaan Bangi, 43650 Bandar Baru Bangi, Selangor Darul Ehsan, Malaysia.

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